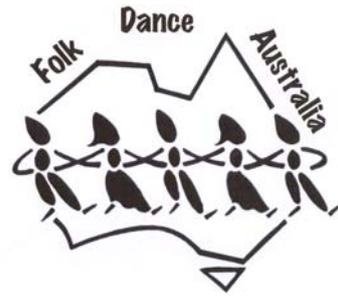


Footnotes



ISSN 1037-2660

Issue No 113 – October 2009

Bi-monthly magazine of Folk Dance Australia Inc
www.folkdanceaustralia.org.au

ABN: 78 530 632 531

If undelivered, please return mail to:
Folk Dance Australia Inc
127 Woronora Cres
COMO WEST NSW 2226

**POSTAGE
PAID
AUSTRALIA**

Folk Dance Australia

**F
D
A**

OBJECTIVES:

- to promote an understanding and mutual respect for all ethnic groups living in Australia;
- to help promote folk dance in Australia;
- to encourage and develop the skills of folk dance teachers, by providing courses and workshops;
- to serve as a folk dance information network.

CONTENTS:

FROM THE PRESIDENT	2
ANDRÉ IN DARWIN	2
SHORT FILMS WEBSITE	2
FIRELIGHT FESTIVAL FUN	3
PROFILE - A DANCING COUPLE	3
IN SEARCH OF ASIA MINOR DANCES	5
OVERSEAS SEMINARS 2010	7
LOCAL EVENTS	7
BALKANFOLK 2009	7
WHY DANCE?	8
BOWRAL WORKSHOP 2009	8
OUR ANNUAL MIGRATION	9
BEGINNER'S PERSPECTIVE	9
ANDRÉ'S PERTH WORKSHOP	10
FDA CONTACTS	11
DANCING ON WATER-ALMOST	12
WHAT'S ON WHERE	13

FROM THE PRESIDENT

Recent studies have confirmed what we always knew – that dancing is good for us.

Dancing offers mental, physical, and social benefits, while perhaps reducing the risk of illness and even counteracting the ravages of aging, a study at Queen's University, Belfast (UK) found. "It alleviates social isolation and quite literally helps take away the aches and pains associated with older age," said researcher, Dr. Jonathan Skinner. Another study has found that older people who danced had better balance and gait than non-dancers, resulting in fewer falls.

In USA research, a group of 469 men and women aged over 75 years old were studied over a 21-year period at the Albert Einstein College of Medicine of Yeshiva University, New York. Each participant gave details about how often they participated in six cognitive activities (reading, writing, doing crosswords, playing musical instruments, taking part in group discussions and playing board games) and 11 physical activities (dancing, numerous sports, housework and babysitting). The results of the research, published in the New England Journal of Medicine, found no significant association between physical activities - **except for dancing** - and the risk of dementia.

Commenting on the findings, Dr Susanne Sorensen, head of research at the Alzheimer's Society (UK), said, "The results indicate that physical activities alone are not associated with a diminished risk of dementia and that the more mentally demanding the leisure activities are, the higher the association with diminished risk of developing dementia. This research strengthens the 'use it or lose it' school of thought that states that complex and precise brain activity can build up a brain reserve that may protect people from Alzheimer's disease in later life." However, Dr Sorensen warned that people also need to remain physically active in later life. "Maintaining physical activity has been linked to better general health as people get older, preventing cardiovascular disease and falls."

Dancing seems to provide the best of both worlds at the one time – mental stimulation and physical exercise. Happy dancing!



Maureen Petherick, President

**** PLEASE NOTE: The views expressed in this magazine are those of the authors and do not necessarily reflect the views of FDA. Events publicised in this magazine are not necessarily sponsored by FDA ****

Closing Date for the next Footnotes issue: Please send articles for the December 2009 issue to: The Editor, Footnotes, 25 Hesper Drive, Doonan, 4562 or email dannilyn@hotmail.com by 16 November 2009

ANDRÉ IN DARWIN

Darwin dancers were in for a real treat when André dropped into Darwin on his way home last August. With funding from a CBF grant and support from Ausdance, Darwin Folk Dance was able to organise a Saturday afternoon workshop for the general public and a Monday afternoon session for school teachers.

With the beginning of the 'build up' in Darwin and the increased humidity, the air-con was cranked up and the fans were set at top speed in the Ausdance studio for the Saturday afternoon workshop. Fifteen eager dancers filled the studio to capacity and with great energy and enthusiasm learnt; *Ya Da Kalinusk* (Russia), *David Melech* (Israel), *Pilky* (Czech), *Sarba Moldovenesti* (Rumania), *Biljana* (Macedonia), *Hora Miresii* (Rumania). André also taught a further two dances on Monday evening during the normal DFD class; *Nemoj Kate* (Croatia) and *Chors Goghk & Votk* (Armenia).

Teachers from primary school through to middle school came to André's after school session on Monday. The teachers quite enjoyed the opportunity of becoming children again as they learnt dances suitable for the young. André also gave many helpful tips on ways of teaching children dance.

For any folk dancers travelling to the Top End, please join us at Audrey's dance studio, cnr Ferntree and Nightcliff Rds, Monday nights 5.30 - 7.00pm.

DarwinFolkDance@yahoo.com.au (08) 8927 5415

Lynette Aitchison



SHORT FILMS WEBSITE

A friend recommended the following interesting website. If you have broadband, and a reasonable download plan, take a look at it.

www.europafilmtreasures.com is the website. It has a selection of very old short films. Of interest to dancers is *Ritam I Zvuk* (Rhythm and Sound), a 1955 Macedonian film. The film showed dancers in a rural setting doing *Camceto*, *Beranche*, *Berovka*, *Tikveshko*, *Aramisko*, *Kaladjisko*, *Teshkoto*, *Rusalii* dances, and a comedic rabbit dance (about 18 minutes long). This can also be found on You Tube in two parts.

Another film called *Galicka Svadba* (Galickan Wedding) is also a 1955 Macedonian film (about the same length). The film depicts a wedding, which takes place on St Peters Day. The wedding officially begins a week before the ceremony. Relatives go from house to

house, carrying a flask of wine decorated with coins and roses. They issue wedding invitations and offer a sip of wine as a blessing to the couple.

The groom and his brother make shelters from maple branches and also pick ferns for the bride's podium. Cakes and festive breads are cooked.

The night before the wedding, the bride is taken to the well to draw water for the last time as a maiden. The water is used to wash her hair. The groom tries to see her face during this but is prevented.

The next morning at dawn, the groom and his relatives, accompanied by drums and zurlas, visit the cemetery, where he asks forgiveness for marrying within the twelve-month mourning period, and pours wine on the graves to invite them to the wedding.

A relative later ceremonially shaves the groom, while girls sing. This acknowledges his transformation from boy to man. He is then dressed and goes to fetch his best man. They proceed to the bride's house. The bride, without being observed, must look at her husband through a ring, which she has bought.

The groom cannot enter the bride's house. He must go no further than the threshold. He is given an apple and a towel to signify that his bride will be given to him. The youngest child takes spices to the table and wraps them in a towel, signifying that the new couple will have abundance. Her youngest brother fetches the bride and brings her to her relatives to be dressed.

Gifts are brought in for the bride. The groom must then pay for his bride. The dowry is loaded up. The bride comes out and wedding songs are sung. She is heavily veiled to protect her from spells.

She is led to the groom's household, where the mother-in-law welcomes her with bread and wine, as an encouragement to be fruitful. The road is covered with rugs to protect the bride from spells.

The bride enters the house and is tapped on the head, near the household's chimney, to encourage her to stay in her new home. She stands on the fern covered podium and is given a scarf to hold.

The groom breathes on her face, signifying that his life's breath is now hers, and sprinkles her with wine to signify that they have become one soul.

Floral wreaths are placed on their heads, and their heads are struck together three times. Well wishers are patted on the back after they have spoken to the couple, to ensure their good wishes come true.

The wedding festivities conclude with feasting and dancing.

Lorraine Moore

FIRELIGHT FESTIVAL FUN

The FDA-Callala group, aided by Suzi and Peg from Cambewarra, recently performed at the inaugural Firelight festival, held in Voyager Park at Huskisson (NSW South Coast) on a fine, but somewhat blustery, Sunday afternoon.

The themes of the Festival were "Fire" – which we contributed to with our dancing "fire of passion", and "Pirates" – one of whom can be seen gesticulating behind us on the stage backdrop, complete with pistols.

Our Romanian suite went well, even with the shaky beginning – for some reason, the initial phrases of the music did not play (obviously, you can't trust CDs – or was it the sound engineer?).



Thankfully, Djordje Nikolic was visiting from Sydney, and was able to assist in the audience participation – we found out that partner dances were not as popular as the traditional "line" dances for encouraging people to join in – finding a partner seemed to meet with some resistance in the assembled crowd.

Djordje is planning to bring his Wollongong Serbian Folk Dance Group for next year's Firelight Festival, which the organisers are promising to be bigger and better (extended to 5 days instead of a weekend). Who knows? The Shoalhaven may become the cultural hub of the South Coast!



For the Greek bracket, our men wore a headband that would make any pirate proud. The last dance of our Greek suite had the audience clapping, and enthusiastic to join in for a basic rendition of Zorba.

All-in-all, a lovely way to spend a pleasant afternoon.

PROFILE - A DANCING COUPLE

Fiona and Paul Clark

Fiona ~ I was born in Scotland and began Highland dancing before my family emigrated to Australia shortly after my 6th birthday. My teacher, a Mrs Dinwiddy, saw potential in me and advised mum to continue with my dance instruction in the new land. However, that was not how it turned out ~ I remember attending physical culture classes and ballet too, before my high school years, yet neither of these did I persist with. During high school I was introduced to a local dance school courtesy of my family's involvement in local pantomime productions. This was how I became involved in jazz ballet for a number of years.



In 1973 while at Sydney University, a friend grabbed my arm and said, “You’ve just got to come and try Sedenka!” So that’s how I first experienced international folk dance – and loved it! I was hooked on the music and the rhythms plus the teachers were just fantastica couple of years later I dragged my Melbourne born boyfriend, Paul, along too. He had never danced before and thought it was too complex, too quick, but this didn’t put him off trying (to impress!). We attended for a time, but then marriage and raising a couple of children interrupted our regular attendance.

Being a teacher, I kept in touch with Kaye Laurendet through dance workshops held for school teachers. These provided many valuable resources and hours of enjoyment for both me and the many classes I taught. From 1999 Paul and I had more time available and have ever since been attending folk dance classes regularly.

Paul clearly remembers one workshop which was held at the University of Western Sydney, where he was quite happily working on his laptop in a corner until confronted by Maureen. She insisted that Paul participate as dancing was for doing not watching! Feeling somewhat intimidated, he none the less thought he’d give it a go ... and survived!

Paul ~ Over the last ten years I have been inspired to change from someone with two left feet, to someone who enjoys dancing ... almost to the point of not looking at my feet to check whether my steps match the expectations of the teacher!

We have both come to love the annual dance at Bowral with André. We look forward each week to stepping out together, having fun with our friends as we step lively around the floor to the stirring sounds of international folk music. Hopa!

Fiona & Paul Clark

Dancing faces you towards Heaven, whichever direction you turn.
Sweetpea Tyler

If you are interested in FDA providing a link from our website to yours, please email your details to our website administrator.

NOTE: All resources are available through Kaye Laurendet, 127 Woronora Cres, COMO WEST 2226 phone Kaye Laurendet on 95284813 or email okay@optusnet.com.au

RESOURCES FOR SALE BY FDA

By Jim Battison

Book "Glossary of Dance Terms" \$15 (P & P) or \$12 at workshops, etc.

By André van de Plas:

‘International Folk Dances for Adults’.

Book & cassette.

1989 – 2002 tours. \$12 set.

2003 - 2007 tours \$25 set.

Book & CD (2000 – 2009) \$30 set

Videos \$25 each

DVD (2005- 2009) \$35.each

‘International Folk Dances for Children’.

Book & cassette.

1986, 89, 91, 94, 97, 2000 \$12 set

Book & CD

2000, 2003, 2006 tour \$35 set

Videos of Children’s Dances: 2000 tour \$35 each

‘Easy Dances’ *Cassette and booklet* \$12 set

FDA WORKSHOP VIDEOS/DVDS

All videos or DVDS - Members’ price only \$10, non members’ \$20, add \$5 for postage & handling

Koce Stojcevski, Macedonian Dances (1999 & 2000)

Yves Moreau, Balkan & Other International Dances (2001 Australian Tour)

Kaye Laurendet, “Come & Try”, easy dances and

André Rossides, Greek Dances (2001)

Tineke van Geel, Armenian Dances (2001)

Vasilios Aligiannis, Greek Dances of Celebration & Participation (2002)

Elie Akouri, Lebanese Debka (2002)

Gary Dawson, Balkan Dances (2003)

Djordje Nikolic, Serbian (Sumadija) (2003)

Dianna Laska-Moore, Mostly Romanian (2004)

(Cassette of music from workshop \$10)

Heather Celic & Milivoje Stajanovic, Serbian Dance (2004)

Djordje Nikolic & Vas Aligiannis, Serbian and Macedonian Greek (2005)

Asadour Hadjian, Armenian Dance (2005)

Sandra Bassetti & Jenny Lester, Bulgarian Dances (2006)

Yorgo Kaporis, Macedonian Dances (2002, 2003, 2004 & 2006 & 2008)

Veronika Zaharieva, Bulgarian Dances (2006)

Gary Dawson, Balkan Dances (2006/7)

Aleks Popovic, Serbian Dances (2007)

Avi Zohar, Israeli Dances (2007)

Antal Stopic, Hungarian Dances (2008)

Djordje Nikolic, Serbian (2008)

Laurel de Vietrai, French (2008)

Sarah Myerson, Yiddish (2008)

PAYMENT OPTIONS -

By Internet:

St George Bank, BSB: 112879, A/C No 053 969 771

By cheque to “Folk Dance Australia Inc”:

FDA Treasurer, 127 Woronora Cres, COMO WEST

IN SEARCH OF ASIA MINOR DANCES

During July I joined around 30 dancers from 9 different countries in a seminar on the Greek dances of Asia Minor. Although “Asia Minor” historically covered the whole of modern Turkey, the focus of these dances is on the western coast Turkey, reaching up to Istanbul and including some Greek islands, such as Lesbos, which were part of the Ottoman empire until 1912. Hence our seminar was held both in Turkey, in the small port town of Foca, and Lesbos (also known by its capital Mytilini), where the Greek Asia Minor traditions remain strong.

First stop was Foca, which we reached by ferry and bus from Mytilini. This is a small, friendly town of cobbled streets and attractive bays. Our hotel was right on the waterfront, and my Belgian roommate and I were lucky to have a room with a view. We soon began to treat this as our bolthole, as our typical day had a fairly punishing schedule of dancing or touring.



The delightful town of Foca, Turkey

From Yiannis, our Asia Minor dance teacher, we learnt many variations of dances that are well known to Greek dancers – *Hassapiko*, *Karsilamas*, *Zeibekikos*, *Aptalikos*, as well as some lesser known dances. It was great to dance to music that had that unique Asia Minor sound. Kerem, a professional choreographer with his own dance company in the city of Izmir, showed us some traditional Turkish dances from the Asia Minor region: again with very distinctive music and high energy (not to mention 1 or 2 dances with serious squatting that had us all groaning and fudging our steps). It was Kerem who dressed one of our party in a traditional Zeibek costume, complete with 2 different forms of unusual headgear – one from an earlier period than the other. The Zeibeks were a population of non-Turkish, ungovernable mountain men reputed to be brave warriors and boisterous merry-makers, and thought to have originated from ancient Thrace.

After 2 dance sessions during the day, our group met up at different tavernas later in the evening, with more dancing out the front – much to the entertainment or bemusement of the locals, some of whom joined us in the dance. I did think to wonder, at first, if the locals would be offended at our doing Greek dancing, but this proved to be unfounded.

We visited the site of the ancient city of Pergamos, high on a hill which had a commanding position over the

valley below, some 26 kilometres from the sea. The site was fascinating, with remains of thousands of years of settlement. Two walls that abutted each other were built a thousand years apart. It had a Hellenistic theatre – seating 10,000 people, and cut into the hillside – the steepest such theatre in the ancient world. At its peak, the city contained a royal palace, temples, agora, Roman baths, gymnasium, and a library of 200,000 books. Here parchment was invented, at a time when there was a shortage of papyrus from Egypt.

Our group also visited Izmir, formerly the Greek city of Smyrna. The fire of 1922, at the end of the Turko-Greek war, burnt out the Greek and Armenian quarters of the city. The event is referred to by Greeks, even today, as the Great Catastrophe. Reports of events vary, but at least 100,000 Christians (mostly Greeks and Armenians) were slaughtered, and many others drowned in the harbour as they tried to reach ships anchored there from a number of different countries.

Back on Lesbos, we stayed in the village of Plomari, on the south coast. To reach it, our bus took us through a beautiful hilly region that was almost totally covered by olive groves. On our arrival at around 9:00 pm, we were taken to a taverna in a small square (plateia), which was under the shelter of a huge plane tree. This was a regular Friday night party, with a live band playing for a couple of hundred people packed into the square – with a pocket handkerchief space for dancing. We were to see this kind of setting again as we travelled (and danced) through other villages on the island.

We had 2 extra dance teachers in Plomari – one from the west, and the other from the east, of the island. We danced in the primary school’s playground – rough concrete no less, which ended up causing me pain. I was told that this type of venue was not unusual for Greek dance seminars – no OH&S issues there! So on the last morning, I opted out of dancing and used the time to write some dance descriptions, which have come in useful while I wait for the DVD to arrive!



Dancers relax during lunchtime in a Lesbos village

Our excursions took us across to the west of Lesbos, through some very dry looking country with the occasional village oasis. In the distant past, this area had been subject to volcanic eruptions that covered the region in ash. It also created a petrified forest – the remains of a sub-tropical forest that existed some 15-20 million years ago. We visited the very impressive Natural History Museum with evocative exhibits about

the petrified forest, volcanoes, geology and the geography of the area.

For our last night in Plomari, the whole town was invited to join our group for music and dancing in the main square. We had a terrific live band with about 8 musicians playing Asia Minor music, which is also the Greek music of Lesvos today.

Maria Jenkins



Zeybeks (Zeibeks) were people living in Asia Minor. The majority of them came from Yörük and Turkmen villages.

Before the establishment of Republic of Turkey, large concentrations of Zeybeks could be found in the western Anatolia, particularly in Isparta, Burdur, Afyon, Kütahya, Uşak, Denizli, Aydın, İzmir, Manisa, Mugla, Antalya, Balıkesir area. Zeybeks were mountain warriors of Western Anatolia during the 13th - 19th centuries. Zeybeks generally had Turkmen and Yörük origins. They acted as protectors of village people against landlords, bandits and tax collectors. A leader of a Zeybek gang was called "Efe" and his soldiers were known as "Kızan". "Kızan" was generally used for untrained Zeybeks. There was generally a tribal democracy in the group. Decisions were taken in a democratic way; after the decision was taken "Efe" has an uncontroversial authority. They followed definite rituals for all actions; for example, the promotion of a "Kızan" to Zeybek was very similar to Ahi rituals.

Zeybeks had a special dance in which performers simulated hawks. Romantic songs about their bravery are still popular in Turkish folk music. Yatagan was their primary weapon, but most of them carried firearms as well.

Most of the Zeybeks fought against the Greek invasion of Western Anatolia in the Greco-Turkish War of 1919-1922. Their guerilla warfare gave time for Turkish resistance to form a defence. Atçalı Kel Mehmet Efe, Demirci Mehmet Efe, Yörük Ali Efe, Çakırcalı Mehmet Efe are some of the most famous Zeybek leaders.

The information and photo about Zeibek has been printed with the kind permission of www.discoverturkey.tv which is the culture & tourism platform of Turkey on web.

AVDP WORLD DANCE

more of our favourite dances on CD INTERNATIONAL DANCES Mix 1993 – 1999

Aromim'cha, Scatter Promenade, Polka din Batrini, Dans cu Sucitoare, Mannings Mixer, Hora de la Corbasca, Reiach Tapuach, Tamzara, Kol ma Shekadan, Maya, Me'ever lanahar, Kak Po Lugo, Idam ne Idam, Tajimi Ko Uta, Oy Tsvetyot Kalina, Corlu, Hahar Hayarok, Traca Traca, Sapar al Ahava and Sbořenka

CD - \$20

Book of Instructions \$10

Contact Kaye (02) 9528 4813

FROM NEVOFOON

FDA now has more CDs in stock from the 'Anthology' series. 3 are listed in detail below, others available are from – GREECE, CROATIA AND SLOVENIA.

SERBIA 1

Setnja, Divna Divna, Ti Momo Pop Marinko, Cacanka, Zavrziama, Romunka, U Sest 1, Ajde Lepa Maro, U Sest 2, Potam Povam, Moravsko Kolo, Moravac, Djurdjevka, Kriva Kucka, Oj jelo Jelena, Makazice, Bela rada, Kriva Kruska, Zajecarka, Koso Moja, Arapsko Kokonjeste.

SERBIA 2

Ajde lepa maro, Sarajevka, Polomka, Savila se Bela Loza, Todorka, Popvicanka, U Sest 4, Kostenka, Pop Marinkovo Kolo, Gruzanka, Stara Vlanja, Cigancica, Uzicka Carlama, Popovo mi Stojna, Ersko Kolo, Posla Rumena, Lilka, Vranjanka, Sestorka Krupna, Kolenike, Sestorka Sitna, Basara

BULGARIA/MACEDONIA

Kopanica, Jove Male Mome, Novozagorsko Horo, Pravo Trakijsko, Graovsko, Kamenpolsko, Cestoto, Cerkezka, Tropnalo Oro, Dzangurica, Cupurlika, Skopska Crnogorka, Potrcano, Nevestinsko, Arap, U Krusevo Ogin Gori, Sadilo Mome

CDs are \$20 each

ADVERTISING ON FDA WEBSITE

For Non-profit clubs:

Links from the FDA website are provided free-of-charge to websites of non-profit clubs and organizations related to dance and folk.

For Businesses:

We have set up a page specifically for displaying links to the websites of businesses and other "for-profit" organizations. The annual (i.e., Jan – Dec) cost of FDA providing a link to your website is \$40. However, if you have at least one FDA member within your management or staff you will be entitled to a 50% discount.

If you are interested in FDA providing a link from our website to yours, please email your details to our website administrator.

OVERSEAS SEMINARS 2010

JIM GOLD TOURS

Aug 2 – 15, 2010, Koprivshitsa, Bulgaria

Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshitsa Folk Festival, from US\$2,295

Oct 10 – 23, 2010, Greek Islands

From US\$3,000, includes accommodation, half board. Extension available for 4 day Greek Island Cruise, followed by 4 day Santorini extension.

Jim Gold - (201) 836-0362

www.jimgold.com email: jimgold@jimgold.com

BALKANFOLK 2010

Aug 4 – 16, 2010, Koprivshitsa, Bulgaria

The 13th Balkanfolk Seminar will be held in conjunction with the 10th National Sabor* of Bulgarian Folklore which will take place in Koprivshitsa. Founded by the Bulgarian State in 1965 the Sabor is a showcase of Bulgarian village folklore. The emphasis is on authenticity and the performers (dancers, singers and instrumental groups as well as individuals), come from villages from all around the country to take part. Also, narrators of folk tales portray traditional customs. Many spectators are expected to come from Bulgaria and abroad including Bulgarians living in foreign countries, foreigners performing Bulgarian folklore and others interested in folklore in general.

At the Balkanfolk workshop there will be courses in Bulgarian dances, Serbian dances and also the opportunity to learn Bulgarian musical instruments, Bulgarian singing and Bulgarian language. Detailed information is available at www.balkanfolk.com (click on workshop). Email info@balkanfolk.com

The savor in Koprivshitsa only occurs every five years so 2010 will be a very special and exciting year at Balkanfolk workshop - an ideal time for learning and/or being completely immersed in Bulgarian folklore. Early registration is recommended as places are expected to fill up quickly.

Please pass the information on to anyone whom you think may be interested. Thank you. We hope to welcome you here! Meantime, Happy Dancing!

Anna Travalì

*The word savor comes from *surbiram* which means "gather" (together) and *surbrani* meaning "meeting." Many folk dancers "in the know" refer to this event as savor rather than festival.

MACEDONIAN PEARL SEMINAR 2010

July 24 – Aug 3, Berovo, Macedonia

www.macedonianfolk.com

LOCAL EVENTS

SPRING BALKAN DANCE PARTY

Oct 3 – Newmarket, Brisbane

Live music with Transbalkan Express

Yorgo Kaporis - teaching dances

Reni Bojilov (Zhiva Voda) and Cory Dale (Djumbush)

Horo Bulgarian Dance Group

\$15/\$13conc/\$10 high school, primary school free

www.bamedancamp.com

BAHAR BAYRAM

Oct 22 – 26, Gold Coast Hinterland

Visit <http://www.bamedancamp.com/index.html> or

contact Tamara on 0416 270 107. See Footnotes August 2009 for further information.

BANGALOW MOON BUSH DANCE

Nov 21, 6pm Tullera Hall, Dunoon Rd

Live music with Bangalow Moon, Adults \$15/\$12 Conc. \$5 students, under 5 free. Bring plate to share for supper.

John Spencer – caller, banjo

Liora Claff – organizer, fiddle, vocals

Dorset Campbell-Ross – guitar, vocals

Raffle & donations for the Australian Orangutan Project email bushdances@gmail.com ph 6624 4216

BALKANFOLK 2009

Bulgaria 17th-30th July 2009

I recently returned from the Balkanfolk workshop, we had a super time again this year. It's my 8th Balkanfolk seminar! In recent years I sometimes think of going to another workshop for a change but always end up at Balkanfolk and am never bored. Apart from the dance courses, Bulgarian, Serbian and Greek this year, it's always nice to see the teachers and participants who have been before, and to meet first timers.

As well as a great group of people from Japan, U.S.A., Canada, France, Germany, Hungary and the Netherlands, Australia was represented by Angela Tamayo, a "returnee" from Hobart and a friend from the same group.

This well organised seminar, with Emil Genov and Boris Dimitrov at the helm, was held in the mineral baths town of Bankya, approximately 17 km's from Sofia. A very nice prelude to this year's Balkanfolk was the surprise of being able to watch a concert in Bankya after arrival on the first evening.

From July 16th-20th the 2009 International Folklore Festival, Sofia, was held. Over the four days amateur groups from Bosnia-Herzegovina, Spain, Cyprus, Macedonia, Turkey, Ukraine and a group showing traditional Indonesian Folklore (comprised mostly of Bulgarian students who learn dance at the Indonesian Embassy in Sofia) performed. Also, six Bulgarian ensembles including "Zornitsa" and the professional national folklore ensemble "Phillip Koutev." Concerts took place outside the National Palace of Culture in Sofia and in different quarters of the city, and in Bankya.

In a lovely park setting in Bankya a stage had been set up and it was a great treat to see ensembles from Turkey, Bosnia-Herzegovina, Indonesia and Bulgaria presenting their dances. The dancing, music and colourful costumes from all countries was wonderful and to see a Bulgarian ensemble on stage was a great introduction for Balkanfolk-ites who had come especially to Bulgaria to learn Bulgarian dances and/or musical instruments and singing.

During the 2 weeks some of the dances learnt by those of us partaking the advanced courses were:

Kustendilska rachenitsa, Sedi Donka, Dzhanguritsa, Denyovoto - Bulgaria; *Cacak, Polonka, Valjevska Podvala, Moravac* - Serbia; *Drista, Ahi Vahi, Letsina, Starlis* - Greece. All up, if one took all three courses there are fifty-two dances to remember! Needless to say, we eagerly await the DVD to refresh the memory! Our wonderful charismatic professional teachers instilled enthusiasm and confidence into everyone Emil Genov, master choreographer and artistic director of "Zornitsa" Student's Folklore Ensemble was the instructor of Bulgarian dances whilst Daniel Totev played accordion. Also a student of gadoulka, who was already adept, played along with Dani at the Bulgarian sessions. Vladimir Mutavdzic, Professor at the University of Nis Dept. of Dance, was the instructor of Serbian dances and Aikaterini (Kakia) Louloudi was the teacher of Greek traditional dances. Both were without musicians but good quality discs compensated for the real thing.

Judging by evening concerts those taking musical instrument and singing lessons learnt just as much in a fun environment as those of us taking the dance courses. The evenings were very lively with our five piece orchestra playing and Galya Haralambieva entertaining us with her singing. When the orchestra had a break we switched from Bulgarian dancing, put on discs and practised Serbian and Greek dances learnt during the day.

There were two "break" days for excursions. The first was to Plovdiv, Bulgaria's second largest city. Here we strolled around the old town and visited Balabanov House, now a house-museum. It was once owned by Luka Balabanov, a rich merchant from the early 19th century. The Roman amphitheatre was built by the Romans in early 2nd century AD and is very impressive. The same day we continued on to Koprivshitsa, a really picturesque village with much charm and history, in the Sredna Gora Mountains. This is the place where every five years the famous "sabor" takes place, with authentic folklore customs, singing and dancing. Next year, 2010, is a "sabor" year and Balkanfolk workshop will be organised in conjunction with this.

The other excursion was first to Sofia then to the 13th century world heritage church at Boyana. The murals in medieval style date from 1259 and are simply beautiful. After this there was time to check out the gold and other artefacts in the National History Museum. The orchestra has the evening off on excursion days and normally everyone retires to bed fairly early. However, the gadoulka and tambura students were advanced enough to play dance music so parties continued into the small hours on these nights too!

It was a great seminar and I'm quite sure that if the road had been good enough everyone would still have been dancing in the bus on the way back to the airport!

Anna Travali

WHY DANCE?

Why Dance? is a comprehensive book about traditional country dancing.

Facts about the origins of the music and dances, fitting the dance to the music, dancing with adults and

children and suggestions for arranging a 'barn dance' are all included.

With over 60 dance notations and diagrams at differentiated levels, even the complete beginner can become an expert "Caller" and feel confident to lead a dance club or group

Buy this invaluable resource to find out what Sussex has been enjoying and judge for yourself.

Only £30 - no extra overseas mailing costs.

<http://www.whydance.org.uk/index.html>

Forward by Shirley Collins, Lewes, Dec 2008

There was a time, as far back as the sixteenth century, when we were known throughout Europe as 'The Dancing English'. This excellent book will, I hope, help towards restoring that reputation!

Apart from the sheer pleasure of social dancing, the benefits are many. Everyone can join in; you don't need to be an expert, as the caller is there to talk you through the dance. Since country dancing is done in sets or circles, it's a social activity, a gathering of people that can embrace all age groups, and brings with it a sense of togetherness that, to my mind, we sorely need nowadays. It's also a healthy and entertaining way to exercise; older people can dance - perhaps more sedately than they once did, youngsters can learn co-ordination while letting off steam, and everyone can relish the simple delight, the good nature and the sweet innocence of a country dance. *Why Dance?* comes complete with CDs of great dance-length tunes played by one of the very best bands - *The Catsfield Steamers* - music that will have you out of your seat and onto the dance floor.

So the main question is not - WHY DANCE? but WHY NOT?

ANDRÉ'S VISIT has encouraged several dancers to put pen to paper and it's obvious from the following articles that dancers all over Australia have enjoyed his workshops this year.

BOWRAL WORKSHOP 2009

On a cold and frosty Saturday morning 102 keen dancers assembled at Bowral High School Gymnasium to experience the challenges and delights of another Workshop with André van de Plas, and I was lucky enough and fit enough to be one of them. For two of these 'keen' people it was their first dance experience ever and they did fantastically well - I salute them! Brava! Brava!

André introduced us to some beautifully gentle and melodic dances including *David Melech* (Israel), *Chors Goghk & Votk* (Armenia) - (careful how you say that!!), and *Staro Zensko* (Macedonia) to name a few. The wonderful *Trakiisko Choro* from Bulgaria in tricky 11/16 time was a chance to extend ourselves, a magic dance in my opinion. I loved it.

On the livelier side there was gypsy disco from Rumania, a 'lethal' threesome from the US, and we were encouraged in a Croatian fun circle dance to have fun but 'Don't tell your Mother'! It was a hoot.

Of course, once you've all danced for about 6 hours on Saturday, had a nice hot shower and a good hot meal, then it logically follows that you dance the night away

just for the sheer joy of it before you get up and do it all again on Sunday – and we did! Long live Dance.



Croatian dance - Nemo Kate (Don't Tell Your Mother)

All of this doesn't just magically happen of course, and we are well aware of the huge amount of organising that goes on for months before and during these fantastic workshops we are so lucky to enjoy. BIG thank-you's to Kaye, the caterers, the servers the chair stackers and all the other great people who lend a hand to make it all such a smooth success.

It's always such a pleasure for me to catch up with my extended Dance Family, relax and be taught rather than be the teacher – THANK YOU ANDRÉ!!! See you next year.

Happy Dancing

Audrey Maher, Batemans Bay

OUR ANNUAL MIGRATION

Whilst contemplating how to word this requested article about Bowral 2009, I watched a David Attenborough special on humpback whales and their incredible annual migration across the Pacific to return to their traditional feeding waters in the Arctic, waters which nourish them completely following their tiring travels. Personally, I don't call it too much of a stretch to liken our annual pilgrimage to Bowral to that of these gentle giants. Bowral nourishes us too, body and soul, sustaining us for the next twelve months by providing us with a diet of dances on which to nibble (or gobble, depending on your appetite). Certainly, except for Andre, we have nothing like the 5000km journey of the whales to undertake but there are some travellers who cover long distances to meet up with dancing friends again.

At this year's coming together, Andre provided some delectable Appetisers with *More Pile* (Bulgaria), *Chors Goghk & Votk* (Armenia) and *David Melech* Israel (Israel) followed by a selection of Entrees: *Nemoj Kate* (Croatia), *Sarba Moldovenesti* (Romania) and *The Gleeful Threesome* (USA). *Raz Vechor* (Russia), *Te Aven Baxtale* (Romania) and *Trakiisko Choro* (Bulgaria) gave us something we could really get our teeth into, while melt-in-the-mouth Desserts were *Staro Zensko* (Macedonia) and *Cobankat* (Albania).

A "Ceinture Flechee" is a type of sash worn by French settlers in Canada, reaching the height of its popularity around 1850. While modern sashes can be woven, the authentic method is braided by hand with the

weft thread always on the diagonal, involving many hours of painstaking work. It's possible that the origins of the sash were a mixture of American-Indian braiding and French weaving. As a further treat for us this year, such a sash was brought along to Bowral by Carol Maddox - part of her collection of albums of photos, postcards, memorabilia and artefacts. Being able to view and touch such items, lovingly collected over many years, further enhanced one's spiritual experience of connecting with mankind's traditions and customs.

The Arctic summer waters teem with life for such a short time, sustaining fish, fowl and mammals alike. With the change of season again, the massive humpbacks turn and head back to warmer waters. So, too, with the faithful who descend upon Bowral every year in the depths of winter for an all-too-short weekend. They meet, greet, frolic and "feed" to their fullest before once more saying goodbye to friends, returning to their own habitats to spread the largesse of the Bowral experience with others knowing that, if all goes well, they will be returning the following year for their long-awaited replenishment.

Leslie Rose

Bowral Statistics

The pedometer reading – from lunch-time on Saturday to end of Saturday night – 13,266 steps
A further 8817 steps were danced on Sunday.

Dance favourites list – from most popular (17 votes) to least.

Staro Zensko	Macedonia	17
Trakiisko Horo	Bulgaria	13
David Melech	Israel	13
Nemoj Kate	Croatia	12
Cobankat	Albania	12
Sarba Moldovenesti	Romania	11
Raz Vechor	Russia	8
Chors Gochk & Votk	Armenia	6
Gleeful Threesome	USA	6
More Pile	Bulgaria	5
Te Aven Baxtale	Romania (gypsy)	5

BEGINNER'S PERSPECTIVE

My mobile rang during a quick trip back to Brisbane. It was J – "do you want to come to an international dance weekend on the 24th July with me? – S was going to come, but he's been called away for work."

"Sure thing, why not, I'll talk to you next week when I'm back in Canberra."

The next call re the weekend was to ask J what did I need to take?

"Oh just something comfy – particularly for your feet – something you can dance in."

"Dance – me – I thought we were going to watch?"

"Oh no", says J "we're going to learn how to dance – there's a man coming from Holland to teach us European folk dancing".

My heart sang, two whole days of folk dancing!!

The drive to Bowral was fun; it felt like a little adventure before – who knows?

When we arrived at Golfview Lodges – we were both pleasantly surprised. Two bedrooms, two bathrooms, a very comfy lounge/dining and a very well equipped kitchen. We had an inside-picnic for dinner and a bottle of champagne to start the weekend off in style.

Saturday morning presented us with glorious views over the golf course and, had it been warmer, a lovely patio on which to have brekkie. The heating was working well and it was needed, the morning was very cool. J got to and cooked us a fantastic brekkie and then we packed our bags, not forgetting to take cup and plate each for the day. We were off.

We found the high school easily as we had been a bit lost last night in the dark trying to find the lodge. There were many cars parked along the roadside – I thought they must have all been for the footballers across the road.

We ventured in – and lo and behold – a crowd! (I'm told over 100.) A large circle, with a man in the centre doing warm up exercises. There were mainly women in the circle with a smattering of men here and there. The hall was freezing so everyone was still pretty rugged up against the cold.

André changed the music and performed in the circle, instructing us to watch. Many knew the dance, and were spot-shadow-dancing the steps along with André. Thank goodness André then broke the dance down to several parts and we were off – dancing!!

André was a little difficult to hear sometimes and the large circle difficult to move freely in. But once the circle started to chain-gang in upon itself, or when we split into groups or smaller circles, movement was easier. Without the petite, quietly confident Kaye in the circle at the other end, I would have been lost. Following her feet, or anyone in front of me who looked like they knew what they were doing, made the day go quite quickly.

Lunch was fantastic – delicious homemade soups and a great variety of foods to accompany the salads, all dietary choices catered for too. Hot tea and coffee and sweet treats to finish off. Then back into the dance.



I sat out one dance as it was much too complicated for me to follow – J had a go – but sat out too as the dance progressed. I relished watching my fellow dancers enjoying themselves, making mind and feet work

the way they wanted them to. Then, thank goodness for my feet, it was 1630 and we were finished. Day one completed. Oh no, more dancing tonight at the Moss Vale Services Club following dinner – great!!

So we went back to the lovely motel but were soon off again to dine and dance. Again the food was good and company even more so. As soon as the food was whisked away the music was on and the dance floor was full – 36 dances lined up!! Oh great.

Unfortunately, there was a problem with the music and a couple of dances were undertaken, quite beautifully, with choral background supplied by the dancers themselves.

By this time, my right knee was sore, I hadn't done almost eight straight hours of exercise for a long time – and upon closer inspection it had grown several sizes larger! However, it didn't stop me enjoying the others swaying, kicking and clapping to the never-ending dances.

Sunday we lined up again! Even with a sore right knee. However, by lunchtime I was very thankful the weekend was over and after feeding our faces on a delicious lunch once more; we said our goodbyes and headed back to Canberra.

It was a very unusual weekend for me, but I enjoyed it – except for the sore knee. The people were all friendly, very encouraging and supportive – laughing and enjoying all the fun of the dances. I couldn't believe at the end of the time that I had learnt to do ten folk dances – one eluding me. I would thoroughly recommend the weekend to anyone – just make sure you have an icepack to hand!

Lynne Saunders

ANDRÉ'S PERTH WORKSHOP

Well, after days of sparkling Perth winter weather – wall-to-wall blue skies – André flew into Perth from Bali to meet a cold wet snap for the start of his 25th year of visiting Australia. This was his 14th Perth visit to present his workshops and outside it must have been as cold and wet as any of those earlier visits. Inside, we were happy and warm in our anticipation at learning new dances.

Ours is a small but dedicated group of dancers and over the weekend 18/19 July André held over 30 of us in his spell with his inimitable style – how many times did we hear that familiar "one more time" and "look to me".

André brought us 12 dances over three workshop sessions; 11 new ones and one Israeli dance that for us was a 'revisitation'. As usual there was a good mix of dances; dances from some of our favourite countries and in favourite styles. Personally I enjoyed the challenge of the kopanitsa, *Trakiisko Choro*, and liked the Serbian, the Croatian and the Armenian dances. The Cossack Russian dance, *Raz Vechor* was different – and recorded top votes from the group. Overall there was good music and good choreography; challenging but not too challenging!! Great exercise for the body and for the mind!

In line with recent years we all ranked the dances taught, choosing three dances as our favourites – '30 pieces of silver' did I hear! I would have liked a choice

of four but c'est la vie - three it was! Whatever the scores I am sure that we'll be adding many of these to the long list of dances that André has taught us over the years. Our group's dance scores for those taught is attached, as is a picture of most of our attendees at the workshops.



The happy dancers at André's recent workshops in Perth

All too soon the workshops were over for another year and André was speeding off to the airport to travel east to visit family and to repeat the dose of workshops across Oz and New Zealand.

Many of our group see André as a friend, so it was great to see him again. Well done André; good luck with your other workshops. Come back soon - we hope to see you in 2010.

Martin Williams

Martin Williams has attended ten of André's workshops. Martin was President of the Perth International Folk Dance Group for many years; he is now the group's Treasurer.

André actually arrived on Thursday and as usual stayed with Eve Blair in Cottesloe – not that the weather was much good for his annual beach visit!! On the Friday evening, several of the group attended our local multicultural music venue Kulcha to hear the Hungarian community dance group band, renamed from something unpronounceable to Hot Paprika! They put on a great show and we all got up for at least one dance. Saturday evening, all a little tired from a day of dancing, we had a casual pot-luck dinner at Eve's house – not everyone braved the wild weather to be there, but there was plenty of choice and good food to share – including Peter Fallon's infamous dessert made of cream, chocolate cake, alcohol, strawberries and more cream!

Palenque Blair
President PIFDG

Dance	From	Score
Raz vechor	Russia	13
Trakiisko Choro	Bulgaria	10
Nemoj Kate	Croatia	8
Gleeful Threesome	USA	8
Staro Zensko	Macedonia	7
Joj Rado, Joj Radmilla	Serbia	5
More Pile	Bulgaria	5
Te Avan Baxtale	Romanian - Gypsy	5
Chors, Goghk & Votk	Armenia	3
Sarba Moldovenesti	Romania	3
David Melech	Israel	2
Ya da Kalinushku	Russia	

2009 FDA MEMBERSHIP RENEWALS

To join or renew your membership, you can:

1. Pay by Internet: Transfer AUS\$25 to St George Bank, BSB: 112879, A/C No 053 969 771 (if renewing, please include your Membership No. in the description)
2. Cut off the Renewal Slip at the bottom of page 16/// and send it, together with your \$25 cheque or money order (made out to **Folk Dance Australia Inc**), to the Membership Secretary, Deborah Hotchkis, 4 Old Station Rd, HELENSBURGH 2508.

OVERSEAS MEMBERS. Please make your payments in AUS\$25 equivalent.

How does your FDA Membership benefit you?

- 6 issues of the FDA newsletter, "Footnotes", emailed or posted to you each year;
- Discounts for: FDA Workshops; Folk Dance Videos, cassettes, dance instructions, manuals and books; Nevofoon resources.
- Free advertising for your events and publications, both in "Footnotes" and on FDA's worldwide website: www.folkdanceaustralia.org.au

FDA CONTACTS

President: Maureen Petherick, 02 4446 6550, 25 Verge Rd, CALLALA BEACH 2540
mepl@westnet.com.au

Vice-President: Monica King, 02 4294 1292, 149 Otford Rd. Otford 2508

Secretary/: Paul Clark, 02 9548 0508, 18 Tecoma St, HEATHCOTE 2233 Paul.Clark@det.nsw.edu.au

Treasurer: Kaye Laurendet, 02 9528 4813 127 Woronora Cres, COMO WEST NSW 2226
okaye@optusnet.com.au

Membership Secretary and Print/Mail Co-coordinator: Deborah Hotchkis, 02 4294 1363, 4 Old Station Rd, HELENSBURGH 2508 m_d.hotchkis.optusnet.com.au

Workshop Co-ordinator: Sandra Bassetti, 02 6552 5142, 23 Fotheringham St, TAREE NSW 2430

Resource Manager: Kaye Laurendet, 02 9528 4813 127 Woronora Cres, COMO WEST, NSW 2226
okaye@optusnet.com.au

Footnotes Editor: Danni Mackenzie, 07 5471 0409, 25 Hesper Drive, Doonan, Qld, 4562
dannilyn@hotmail.com

FDA Committee Members: Anne Worrall, Chris Wild, Gary Dawson, Jenny Lester, Jeanette Mollemhauer, Jo Barrett, Margaret Connor, Vas Aliagiannis.

Website Administrator: Paul Clark,
webmaster@folkdanceaustralia.org.au.

FDA Website: www.folkdanceaustralia.org or www.folkdanceaustralia.org.au

DANCING ON WATER-ALMOST

This article is being written speeding back in the train to Sofia, Bulgaria, after attending the last four days of Kyriakos Moisidis' Greek dance seminar. As "Zornitsa" was on tour in France for a week (I was unable to go) it was an ideal opportunity to indulge in two of my favourite pastimes - dancing and swimming!.....

"Zornitsa" participated in the 60th anniversary folklore festival Fetes de la Vigne (a competition) in Dijon 24-30/8 and were elated to be awarded first prize - the Golden Necklace! This is quite an achievement as it is one of the biggest and most prestigious folklore festivals.

Being Kyriakos' 10th anniversary, a special workshop had been organised in two parts offered either separately or together. I was unable to participate in the first ten days held in Western Macedonia, Greece, but was able to join in the second four-day part. With Thessaloniki being a mere 6-7 hours train or bus journey away from Sofia it was easy to meet up with the rest of the group in Thessaloniki on August 28th and travel in the bus with them to the port of Tripiti from where a ten minute ferry trip took us to the island of Ammouliani. Here we were accommodated at the Sun Rise Hotel situated at a magnificent location on a cliff overlooking the Gulf of Athos and true to its name, facing the direction in which the sun did in fact rise!



The others had learnt many dances from West Macedonia (Greece) during the first part of the seminar: *Syrtos*, *Viena Losa* - Yiannitsa (Pella); *Pustcheno*, *Zaramo* - Papayianni (Florina); *Zavlitsena*, *Patrunino* - Mesemeri (Edessa); *Marusiana*, *Vaggelitsa* - Lefkopigi (Kozani); *Kleftes* - Kozani (Ipiros); *Susta* (Siatista); *Karayiannina* (Rumluki); *Tsurnavitiko* - Risomata (Pieria mountains); *Tik* (Pontos)...to name just a few. On the island Kyriakos' strategy was to revise as many as possible. Fortunately I was able to catch the steps of most dances quite quickly. Perhaps some were already embedded far back in the brain from 2001 when Danni Mackenzie (Noosa Folk Dancers) and I attended Kyriakos' workshop. It was interesting and enjoyable to learn dances which were different from those taught at the Balkanfolk 2009 workshop where as well as Macedonian, we learnt dances from Thrace and the islands.

The dance sessions took place in the car park of the hotel overlooking the sea. Whilst this was a lovely environment in which to dance the terrain left much to be desired. The uneven ground was very hard with some loose gravelly bits and slightly sloping (towards the sea)

which meant we sometimes danced downhill and sometimes uphill! However slight, a flat clear surface would have been better!

Each evening we danced with the locals on the road beside the taverna at which we dined (next to the sea) except the last night when a delicious buffet was set up in the garden of the hotel and we danced to live music.

On Saturday and Monday there was ample time for the beach and swimming after the morning dance lessons. My favourite place was Alykes. Some of us used the local taxi, this being a horse and cart that could carry up to ten people, to reach this Blue Flag pristine beach and wonderful sea. On Sunday a cruise to Mt Athos had been arranged. This semi-autonomous monastic area occupies most of the Athos Peninsular (Halkidiki). The fact that women are banned from the area and men need a special permit to visit adds to the lure of Athos. Cruise boats carrying women must keep at least 500 metres from the shoreline but we were close enough to view some of the monasteries including the Bulgarian and Russian.

I was really glad that we had a stopover in Ouranoupolis on the way, a picturesque village at the top of Mt Athos peninsular. Many years ago I read about an Australian woman who had lived there and was fascinated by her story. Joice NanKivell Loch was born in Ingham, Queensland, in 1887 and with her husband Sydney Loch (born in U.K.) travelled in Europe helping refugees. In 1925 they went to Ouranoupolis which at the time was a settlement of refugees from Turkey and Asia Minor. After a while they were invited to live in the village and took up residence in the 14th century Byzantine watchtower (today a museum). Apart from helping in other ways, Joice purchased looms so the women could work weaving rugs. She designed Byzantine rugs, one of which is on display in the Powerhouse Museum in Sydney. She and her husband later left Ouranoupolis to continue their work elsewhere but she eventually returned to the watchtower where she died at the age of 95.

On September 1st most of the participants left including Kate and Neil Goodwin from Tauranga, New Zealand where Kate is deeply involved in Greek dancing. It was a pleasure to renew our friendship face to face having met in 2001 at Balkanfolk and Kyriakos' workshops. I stayed an extra day on the island to savour more of the flavours of Greece before returning to Sofia.

Anna Travali

ARTICLES FOR FOOTNOTES

Thank you to all those who have contributed such interesting articles for this issue. The next issue will be the final for 2009. I would love to receive a review of what your dance group has been up to this year, share your highlights with us. Suggestions for attracting new members for 2010 would be welcome. It's great having older dancers in the group, very motivating as we age but we do need younger ones. How do we attract them? Send in your Profile of a Dancer. Share the history of dance/customs of your culture with us. News/ reviews of workshops, parties, festivals, concerts etc. Your input will keep this magazine interesting and make my job that much easier.

Danni Mackenzie

WHAT'S ON WHERE

A.C.T. (Canberra)

Monday, 7:30-9.00 pm Folk Dance Canberra - FDC: sessions for Advanced folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Lesley Rose (02) 6286 6401

Monday 6.45pm - dusk, 'Dancing in the Park' at Stage 88, Commonwealth Park, Canberra - only during summer (Dec-Feb). Live Music, **Free**. Enquiries to 02 6295 8280.

Tuesday, 10:00-12:01pm Folk Dance Canberra - FDC: sessions for Intermediate folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Lesley Rose (02) 6286 6401 or email lesley@magma.com.au

Wednesday, 7:00-8:30pm Folk Dance Canberra - FDC: sessions for Beginner folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Maria Jenkins (02) 6231 4472 or email maria_jenkins@hotmail.com

Wednesday 7.45pm - 10.15pm, International Dancing with CIFDA (Canberra International Folk Dancing Association) Uniting Church Hall, Denman St, Yarralumla; cost \$8 (includes supper; first 3 nights are ½ price). Contact Sue 02 6281 6314 or Judy 02 62815229.

Wednesday 8.00pm - 10.00pm, Irish Set Dancing, 10 week terms, Reid Uniting Church Hall, Coranderk St (cnr Dirrawan Gardens), Reid. Cost: Monaro Folk Society members \$4 session or \$30 term; non-members \$5 session or \$40 term. Contact Paul Wayper on 0422 392 081, 02 6279 6251(w) or email paulway@earthling.net

Thursday, 7:30-9:00pm Folk Dance Canberra - FDC: sessions for Intermediate folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Lesley, 02 6286 6401 or email lesley@magma.com.au

Friday 7:00 – 10pm, 1st Friday of each month, traditional and modern Greek Dancing, Folk Dance Canberra Hall, 114 Maitland St, Hackett. Cost \$10. Contact Maria (02) 6231 4472.

Saturday Social Dance 3rd Saturday of each month (March – November) from 8pm, St John's Church Hall, Constitution Ave, Reid with John Garden and Earthly Delights, \$15 / \$12. Contact John or Aylwen (02) 6281 1098.

Sunday 4.00 – 6.30pm. Earthly Delights' circle, couples and set dances, YMCA Sailing Club, Alexandrina Drive, Yarralumla, \$10 casual, \$5 regular. Contact John or Aylwen (02) 6281 1098.

Sunday Scandinavian Folk Dance Group 5pm, Uniting Church Hall, Denman St, Yarralumla. New members very welcome. Contact Brad Sherman (02) 6288 3050 ah or email brad@dynamite.com.au

NEW SOUTH WALES (Sydney)

Monday 10 - 12 noon. During school term. Earlwood Senior Citizens Centre, 362 Homer St. Earlwood. Contact Debbie (02) 4294 1363, 0427 315 245

Monday 6.30 – 7.30. Balkan Social dance classes, Croydon Park Public School, Georges River Road, \$50 month. Yorgo 0412 861 187 (m).

Monday 6.30 - 8pm. Scottish Country Dancing for beginners with 'Scots on The Rocks', Fort Street Public School, Observatory Hill, Sydney. Contact Nea 02 9904 1358 (ah) or Lynn 02 8244 9618 (bh) or email SCDancers@netspace.net.au. Internet: <http://www.rscds.org.au>

Monday 7.00pm Belly Dance classes - Basic / Beginners, 8.00pm - Choreography, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9631 6464 or 0418 416 849 (Mobile).

Monday 7.30pm. Bush dancing workshops for beginners (Bush Music Club) Pennant Hills Community Centre (downstairs, opp railway station); Contact Margaret (02) 9614 0529

Tuesday, Wednesday and Thursday, Day and evening sessions, Sutherland Shire Folk Dance Group. Contact Kaye Laurendet (02) 9528 4813.

Tuesday Greek Folk Dance classes - 6:30pm - 7:30pm Junior Terpsichore group (3yrs to 12yrs). 7:30pm - 9:00pm Senior Polyhymnia group (13yrs to Adult), Pan-Korintian House, Level 1, 11Anglo Road, Campsie. Cost \$7/night casually, or \$50/term for 10 weeks. Contact Vas Aligiannis, 0407 081 875, greekdancer@excite.com or Internet <http://www.greekdancing.com.au>

Tuesday 6.00 – 8.00pm Scottish dancing in the city. 'Scots on The Rocks' meet at Fort Street Public School, Observatory Hill, Sydney. Contact Nea 02 9904 1358 (ah) or Lynn 02 8244 9618 (bh); email SCDancers@netspace.net.au. Website: <http://www.rscds.org.au>

Tuesday, Belly Dance classes: 6.15pm Basic /Beginners Class, 7.15pm Beyond Beginners Class, 8.15pm Choreography Group, Randwick Literary Institute, 60 Clovelly Road Cnr Market St, Randwick North. Vera Myronenko 02 9665 9713 or 0418 416 849

Tuesday, 7.30pm, Swedish Folk Dancing with Linnéa, 141 Campbell St, Surry Hills (close to Central Station). Contact Graeme Traves, (02) 9874 4194 or linneafolk@hotmail.com

Tuesday 7 30pm Belly Dance classes - Basic / Beginners, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

Tuesday, 7.30 Sydney Irish Ceili Dancers, Scout Hall, Martha St, Yagoona. Contact (02) 9150 6765.

Tuesday, 7.30pm – 8pm (beginners) 8pm – 9.30pm (advanced), Turkish Dance classes, with Yusuf Nidai, Auburn Girls High School. Yusuf Nidai (02) 9646 1166.

Tuesday, 8pm – 9.45pm, Hungarian Dance classes, with Gary Dawson, cost: \$10/\$5 per class, \$90/\$45 for 10 week semester. Uniting Church, Harris Community Centre, 97 Quarry St (cnr Bulwarra Rd), Ultimo. Contact Gary Dawson (02) 9559 4485, 0425 268 505 (m) or email: gazad@aapt.net.au

Wednesday 9 – 10am beginners, 10 – 11am, advanced (school term only). International Folk Dancing – classes for older women. BOWWC at Bankstown Police & Community Youth Club (PCYC), cnr Meredith St & French Ave, Bankstown. Contact Gabrielle 02 9728 7466 or Alita 02 9798 9269.

Wednesday Greek Folk Dance Classes 6pm till 7pm for junior classes. 7 pm to 8.30 for Senior classes (Masters class) by invite only. St Stephanos Greek Church Hall, 650 New Canterbury Rd Hurststone Park. Contact Vas Aligiannis, 0407 081 875, greekdancer@excite.com

Wednesday 8.00 – 10pm. Australian Heritage Dancers, rehearsals, Annandale Neighbourhood Centre, 79 Johnston St, Annandale). Contact Patrick Burnett: (02) 9957 6049.

"Stifling an urge to dance is bad for your health - it rusts your spirit and your hips." *Adabella Radici*

(Sydney cont)

Wednesday Belly Dance classes: 8.00pm Basic /Beginners Class, Randwick Literary Institute, 60 Clovelly Road Cnr Market St, Randwick North. Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

Thursday, Greek Folk Dancing (adults), 7:30pm to 9:00pm Clio group (21yrs and up) with Vasilios Aligiannis, Megas Alexandros Greek Macedonian Club, 164 Livingstone Rd Marrickville. Contact: 0407 081 875 greekdancer@excite.com

Thursday Belly Dance classes, 6.15pm: Basic Beginners class, 7.15pm: Choreography and Performers Group. Girraween Hall, 17 Tungarra Road, Girraween Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

Thursday 7pm Sydney Irish Ceili Dancers, Girl Guide Hall, Wardell St, Arncliffe. Contact (02) 9150 6765.

Friday 10.00am Belly Dance classes - Basic / Beginners, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9665 9713

Friday, 8 - 11pm. Sedenka International Folkdance Group, Rozelle Neighbourhood Centre, 665A Darling St, Rozelle. (1st Friday of the month Balkan Night with Yorgo Kaporis) Contact Chris (02) 9560 2910.

Saturday Belly Dance classes: 9.00am Children's class 12yrs & under; 9.45am: Adults Basic Beginners class; 10.45, Choreography class, PCYC building, Hassall St, Parramatta (near station on Nth side). Contact Vera Myronenko (02) 9665 9713.

(Bateman's Bay)

Tuesday 1.30-3.00 Easy/Intermediate Folk Dance (U3A), Community Hall, Flora Crescent, Batemans Bay, NSW. Visitors Welcome. Contact Audrey (02) 44722642 or email audmar@tadaust.org.au

(Blue Mountains)

Thursday 1.30 to 3.00pm, Israeli Folk Dancing. The Lawson Community Centre, Lawson. Contact Yudit Kayatsky (02) 4759 1952.

Thursday 7.30 - 8 15pm and/or 8.30 - 10.00pm. The Blue Labyrinth World Dancers, Baptist Church Hall, King St, Glenbrook. Contact Jo (02) 4739 6498 or Pat (02)

(Braidwood)

Monday, 9.30 am Beginners; 10am - 11am, Braidwood Folk Dance Group, Braidwood RSL Hall, Braidwood. Contact Noela (02) 4842 8004.

Friday, 4.30 pm, Braidwood Belly Dance Group, Braidwood RSL Hall, Braidwood. Contact Erika (02) 4842 2505.

(Bowral)

Thursday 9.00 - 11.00 am. Southern Highlands Recreational International Folk Dance Group. Presbyterian Hall, Bendooley St. Bowral. Beginners start at 9 am.

Contact Margaret Connor (02) 4861 2294.

(Central Coast)

Thursday 8.00pm - 10.00pm. Israeli and International dances, Woodport Primary School, Ernest St, Erina, \$6 per lesson, free 1st lesson, \$50 for 10 weeks. Contact: Avi Zohar, 0417 208 150 (m), avzohar@hotmail.com

(Newcastle)

Saturday (2nd Saturday of month) 7.30pm, Wesley Fellowship Hall, Hamilton. Contact Cecille 4957 0830.

Saturday (1st Saturday of month), 1.30-4.00pm. Folk dances, peace dances, circle dances. Anglican Church Hall, Naughton Street, Birmingham Gardens. All are welcome. No experience necessary. Cost \$10 per session. Contact Judith 4945 5343.

kellsull@ozemail.com.au

(Nimbin)

Wednesday Israeli Dance Class 4.30 – 6 p.m. Back of main stage, School of Arts Hall, Cullen Street, Nimbin \$12 week, \$10 if paid by month. Special beginners intro \$5 per week for 5 consecutive weeks. Beginners to advanced Please call first if you haven't attended before Liora 6624 4216 or liora@people.net.au

(Queanbeyan)

Sunday 6.30pm – 8.30. Macedonian Folk Dance classes, with the cultural association, "Razigrana Makedonka", Macedonian Community Centre (upstairs, 266 Crawford St, Queanbeyan. Contact Aleks Celeski, 0411 145 443 or email ac_maco@hotmail.com. Website for Razigrana Makedonka:

<http://www.sportscentrez.com/qmdg.htm>.

(Shoalhaven area)

Monday, 7.30pm. Balkan & International Folk Dance, Cambewarra Hall, Main Rd, Cambewarra. Contact Suzi Krawczyk 02 4446 0569 or email: plotki@westnet.com.au

Tuesday, (school terms only), 7.30pm – 9.30pm, "FDA – Callala", international folk dance, Callala Bay Progress Hall, Boorawine Terrace, Callala Bay. Contact Maureen Petherick 02 4446 6550 or email:

mep1@westnet.com.au

Thursday, (school terms only), 1.30pm – 3pm, "FDA – Callala", international folk dance, Callala Bay Progress Hall, Boorawine Terrace, Callala Bay. Contact Maureen Petherick 02 4446 6550 or email:

mep1@westnet.com.au

Friday, (school terms only), 8pm - 10pm, Shoalhaven Folk and Bush Dance Club, Cambewarra Hall, Main Rd, Cambewarra. Easy social dances, Colonial, Scottish, English and Folk. All welcome. Contact Margaret 02 4421 0557 or email:

msharpe@shoal.net.au

(Taree)

Wednesday, 6 pm – 8.30 pm, Lazarka International Folk Dance Group, Steiner School, Albert St, Taree. Contact Sandra Bassetti (02) 6552 5142.

NORTHERN TERRITORY (Darwin)

Monday 5.30 - 7.00pm Darwin Folk Dance, Audrey's Dance Studio, cnr Ferntree & Nightcliff Rds. Contact Lynette 08 8927 5415 or email

DarwinFolkDance@yahoo.com.au

Tuesday 6 - 8pm. International and Playford Dancing - Beginners to advanced; at the Railway Institute, Parap. Contact Anna 08 8981 6400 or Sue 08 8985 1827 or email sueross21@hotmail.com.

QUEENSLAND (Brisbane)

Wednesday 6.45 – 8.00pm, Academy of Greek Dancing, Lithuanian Hall, Gladstone Rd, Highgate Hill. Contact Victor Comino 0433 126 619.

Wednesday - beginners 7 – 8pm, social 8 – 9pm. Hoppa Hey Israeli Dance Group, Margaret St Synagogue Hall, Brisbane. Contact Barbara 0421 274 408 blachish@optushome.com.au

Friday (2nd & 4th of month) 8 - 10.00pm, Brisinta International folk dancing, Uniting Church Hall, cnr Kingsley & Kadumba Sts. Yeronga. \$5. Contact Lyn or Barry (07) 3379 2088.

Saturday (monthly, generally 2nd Saturday of the month), 8.00 - 11pm. Colonial/bush, Celtic, American Contra and multicultural dancing. Morningside School of Arts, cnr Wynnum & Thynne Rds, Morningside. Supper provided; music by the Champion Moreton Bay Band. Contact Vic or Jan on (07) 3848 7706.

(Cairns)

Wednesday 8p.m. - Italian dancing classes, Tennis Court Hall, Windarra St, Woree. Contact (07) 4054 4259 or (07) 4051 1065.

Thursday 7p.m. - Bavarian, Austrian and Swiss folk dance practice, Germania Club, Winkworth St.

(Rockhampton)

Thursday 6.30 - 7.30 p.m. - Music group practice 7.30-10.00pm - "Capricornia Dance & Music Exchange" International and other dances, Women's Health Centre, Cnr Bolsover & Derby Sts, Rockhampton, Qld. Contact Nicholai 0412557052

(Sunshine Coast)

Monday 9.30 - 11.30 a.m. Buffaloes Hall, Price Street, Nambour. \$5. Contact Lorraine 07 5445 1740.

Thursday 9.30 - 11.30 am, Buffaloes Hall, Price Street, Nambour, \$5. Contact Lorraine 07 5445 1740.

Friday 9.00 - 11.30 a.m, Noosa Bicentennial Hall Annexe, Bicentennial Drive, Noosa, \$6. Contact Danni 07 5471 0409 or email dannilyn@hotmail.com

(Townsville)

Tuesday 6pm - 7.30pm; International Folk Dancing at the AWU Hall, Sturt St, Townsville. Contact Maurice (07) 4772 2757.

Saturday 2pm - 4pm, International Folk Dancing at the AWU Hall, Sturt St, Townsville. Contact Maurice (07) 4772 2757

SOUTH AUSTRALIA

Monday 7 - 10pm, Adelaide Traditional Dancers, RSL Hall, Woods St, Norwood Oval, Norwood. Teaching for beginners from 7 - 8pm, cost \$3. Contact Rae 08 8356 2172.

Tuesday 7.30pm - 9.30pm, (2nd, 4th and 5th Tuesday of the month), Australian Traditional & Bush Dance Society (ATBDS), Prospect Town Hall, Prospect Rd, Prospect. English, Scottish, Irish dances and some American Contra style dances. 8255 9243 or 8261 8255 atbds@chariot.net.au

Tuesday 10am, International Dance: Community Centre, Tynte St, Nth Adelaide. Contact Ann Tregenza 08 8295 2576.

Saturday 1 pm - 5 pm, Cajun dancing (1st Saturday of the month), Cajun Club, Governor Hindmarsh Hotel, Port Road, Hindmarsh, Adelaide. Dancing session followed by Cajun music session 2.30 pm - 5pm approx. led by the Backdoor Cajun band. Contact Martin at cajuns99@hotmail.com

TASMANIA (Hobart)

Thursday 8pm, Hobart Multicultural Dance Group, \$5 + contribution to shared supper, St James Hall, Rupert Av, New Town, contact Graeme (03) 6239 1553, Krista & Peter (03) 6227 8471 or email Peter: PeterSands@netspace.net.au

VICTORIA (Melbourne)

Tuesday 7.30 - 10pm. Greek traditional, popular, national & folkloric dancing at Margaritas Centre of Greek Dance & Folklore, Richmond Community Primary School, Cnr Davidson & Kent Sts, Richmond. Classes for beg/inter/advan or private lessons. Also available for teaching intellectually, sensory & physically disabled (03) 9583 1173 (all hours) or Mobile 015 821 203.

Wednesday 6 - 10pm. Pine St Hall, Pine St. Cheltenham. Contact Margarita (03) 9583 1173.

Thursday 10.00am. International Folk Dancing, U3A, Dandenong, Uniting Church Hall, Birch Ave. North Dandenong. Contact Conny (03) 9792 9377.

Friday 7.30 - 10.00pm, every 2nd Friday of each month. International Dancing, Box Hill Ballet Association hall, Whitehorse Rd, Box Hill. Contact Jan Turner (03) 9434 3368 or email jant@alphalink.com.au.

Saturday 4th Saturday of each month, 1:30 - 3:30pm, St Kilda International Dancers, St Kilda. Address on enquiry. Marie Feigl 5473 3355 or 0412 447 600.

Sunday 2 - 4.30pm. Margaritas Centre of Greek Dance. (See above, Tuesday).

WESTERN AUSTRALIA (Perth)

Monday Souleiado French Dance Group runs classes in French Dances for Australian Kids after school for children in Nedlands, Perth. Contact Laurel (08) 6389 0767, email farandole@nw.com.au.

Monday Perth International Dancers, 7.00pm teaching, 8.30 - 9.30 social dancing. St Margaret's Hall, cnr Tyrell and Elizabeth Sts Nedlands, WA. Contact Nina Thompson (08) 9385 3689, or Palenque (08) 9279 4813 or email palenqueb@gmail.com.

Tuesday 7.45 - 9.45pm. Hora Dance (Israeli), Temple David Social Hall, 34 Clifton Cres, Mount Lawley. Contact (08) 9276 7566 or (08) 9335 2042.

Thursday 10 am - Noon, St Paul's Hall, 162 - 164 Hampton Rd, Fremantle. Contact (08) 9276 7566 or (08) 9335 2042.

Thursday 7pm, Souleiado French Dance group runs classes for adults in traditional dances from various regions of France in Nedlands, Perth. Contact Laurel (08) 6389 0767, email farandole@nw.com.au.

Friday Perth International Dancers, Morning in the Hills, during school terms. 9.30 a.m. lessons, new dances taught followed by general dancing. Mundaring Scout Hall, Jacoby St, Mundaring, contact Jenny Currell, (08) 9298 9069 or 0418 899391.

Saturday 10.30am - 12.30 p.m., Perth International Folk Dance Group, St Margaret's Hall, cnr Tyrell and Elizabeth Sts Nedlands, WA. Contact Jenny Bardill (08) 9381 5235 or Internet <http://members.iinet.com.au/~currell/>

CHANGES TO "WHAT'S ON WHERE"

When the details of your folk dance group change, please email BOTH the website administrator: Paul Clark, webmaster@folkdanceaustralia.org.au and the editor, dannilyn@hotmail.com

What is dance? I am dancing all the time. Every gesture, the body line of every pose, the way I get from place to place, the movement in the acting - none of it would be the way it is if I weren't a dancer. *Ray Bolger*

DATES FOR YOUR DIARY

- 2 Oct Sedenka** will emerge from winter hibernation, join them on Friday nights (except October 23rd). 8 – 11 pm, contact Chris 9560 2910
- 2 – 6 Oct Victorian-Era Festival, Canberra** – www.earthlydelights.com.au
- 2 Oct Greek Dance Party Night**, 7 – 10 pm at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Maria 6231 4472. Bring a plate for supper.
- 3 Oct Spring Balkan Dance Party, Brisbane**, 7 pm, Newmarket Hall, Cnr Kelvin Grove Rd and Ashgrove Avenue, Newmarket,
- 9 Oct Welsh and Cornish Dance Evening** – 7pm, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Only \$5 or \$8 family. Winifred 6230 4937, Jeanette 6248 7328
- 16 – 18 Oct Machol Pacifica, NZ** – featuring Pamela Schwartz www.macholpacifica.org.nz
- 22 - 26 Oct Bahar Bayram**, Balkan & Middle Eastern dance and music camp, Gold Coast Hinterland. www.bamedamcamp.com (See article page 2 this issue)
- 23 Oct Sedenka is having a night off**
- 23 – 25 Oct Kangaroo Valley Folk Festival**, www.kangaroovalleyfolkfestival.com.au
- 6 Nov Sedenka Party Night** – celebrating spring, summer, dance, life
- 6 Nov Greek Dance Party Night**, 7 – 10 pm at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Maria 6231 4472. Bring a plate for supper.
- 13 Nov Welsh and Cornish Dance Evening** – 7pm, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Only \$5 or \$8 family. Winifred 6230 4937, Jeanette 6248 7328
- 21 Nov Bangalow Moon Bush Dance** - email bushdances@gmail.com ph 6624 4216
- 12 Dec Baubles, Bangles and Beads** - Folk Dance Canberra Xmas Party 7 p.m. Members \$8, Others \$10. Please bring a plate to share. Sue 6241 2941, Ros 6258 5443
- 27 Dec – Jan 1 Woodford Folk Festival**, Woodford, Qld www.woodfordfolkfestival.com

YOUR EVENTS COULD BE LISTED ON THIS PAGE. All you need to do is email dannilyn@hotmail.com or phone (07) 5471 0409 before 16th November



Folk Dance Australia Inc ***Application for 2009 Membership***

Name: _____

Address: _____

_____ Phone: (____) _____

Signed: _____ Date: _____

Email: _____

If you elect to have your Footnotes emailed to you instead of posted, then your Membership Fee is reduced to \$20.

Please send Membership/Renewal Form with membership fee of **\$25** (or \$20, if Footnotes is to be emailed to you) as a money order or cheque made out to Folk Dance Australia Inc to:

The Membership Secretary
Folk Dance Australia
4 Old Station Rd
HELENSBURGH 2508



I would like my Footnotes Newsletter to be emailed to me instead of posted.

