

# Footnotes



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**FDA Objectives:**

- to promote an understanding and mutual respect for all ethnic groups living in Australia;
- to help promote folk dance in Australia;
- to encourage and develop the skills of folk dance teachers, by providing courses and workshops;
- to serve as a folk dance information network.

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ABN: 78 530 632 531

If undelivered, please return mail to:  
**Folk Dance Australia Inc.**  
127 Woronora Cres  
COMO WEST NSW 2226

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## President's Report

Hello FDA Members,

Another year rolls around, and 2015 is underway already. I hope you have all had a pleasant holiday season, and are looking forward to dancing again in the coming year. I have been selecting dances to teach over the course of this coming year, and have been spending time watching, and dancing along with, the DVD from Yves Moreau's workshop late last year.

Do keep an eye on the workshops which are being organised for the Sydney area this coming year; information can be found both in this magazine and on the website. If those of you in other states are organising workshops, please advertise them as well. While the committee is based, on the whole, in Sydney, and the workshops we run are in Sydney, I want to encourage the rest of the country's folk dancers to keep in touch and let us know what's happening in your locality.

I also want to mention briefly safety in folk dancing. I'd encourage every group always to put safety as the top priority: let people know about the importance of appropriate clothing (eg no floor length skirts or trailing scarves) and footwear (no thongs or ballet flats, but shoes which fasten with a strap or laces). Little matters can make such a difference.

Best wishes,

*Jeanette*

## From the Editor

Hello Everyone,

Recently I clocked up 10 years of international folk dancing – I know, I'm a fledgling in comparison with many of you! However, in that time I have met and danced with the most interesting array of people that one could wish to meet. From dancing in Vancouver to Bulgaria, Canberra to the Sunshine Coast, in Bali, and my first 'home' Townsville, I have always found dancers to be welcoming and friendly. The sharing of interest, and feelings of camaraderie and wellbeing are a treasure.

It's a topic I have discussed on several occasions with my brother-in-law, Jan-Bert, a marathon runner. Like me, he found this interest and aptitude in his middle years, in his case when accompanying his sports-playing son on training runs. Some may object and say marathon running is a solo sport/hobby. I certainly thought so, until I started accompanying my sister to Jan-Bert's 'meets'. There, I found a similar situation of open friendliness and welcome from the runners and their supporters (most times accompanied by hot soup, since they live in Scotland and usually 'run the coast').

People doing something they enjoy in company with others of similar mind: that has to be a good thing.

Happy feet,

Philippa (PS on page 18)

## Woodford 2014-15

It's hard to know where to start when trying to describe the Woodford Folk Festival. For those who have never been, it is an amazing festival bearing little resemblance to a traditional "folk" festival. There is a huge variety of music styles, comedy, talks, street theatre, circus, workshops (including music, song, dance and crafts) as well as a separate children's festival. Not to mention the enjoyment of watching the world go by: people in traditional costumes or people with weird outfits and hairstyles. Other people are very conventional, and some are practical with rubber boots



(the first couple of days were wet) and cargo pants with long sleeve shirts for protection against sun (then it became hot and sunny)

and a hat, or poncho. From babies to the elderly, locals to those who travelled from interstate or overseas countries, they came in droves to enjoy this peaceful, feel-good festival. First time musicians loved it and said they hoped to return, ensuring its continued success.



**Dance workshops:** I went to a few of those on offer, starting with a Bollywood workshop, which was great fun. The same day, a classical Indian dance workshop made me feel like a dancing rhinoceros. The teacher was beautifully elegant and managed so easily to co-ordinate hands, head, body and feet. An American Contra Dance workshop with Dance Kaleidoscope was fun: the chosen dances were interesting, yet easy enough for the inexperienced dancers to manage. The Arabic Dabke dance was enjoyed by all. The teacher was really enthusiastic, yet he kept the dances to a pace that could be managed in the hot weather. The African Social Dala



Ashafara Arabic Dancers

Dance workshop with Sam Okoth was amazing.

He is a musician, storyteller, singer and dancer, whose workshops are exceedingly popular. His flexibility is astounding, and with his constant smile and cheerful demeanour, it is impossible not to enjoy every moment.

I spoke to a few people who attended the “push me pull me” dance workshop and they loved it. Dancers get to dance with a new partner frequently so they learn how to dance with anyone to any music. At the end of the workshop you dance with your own partner who by then, knows what to do. Apparently it saves relationships to practise on others first.

**Dance performances:** One of my favourite dance performances was the Bollywood Bhangra Glitz with two dance groups alternating: Dance Masala with several girls and one male dancer, and Sher-e-Punjab Bhangra, an amazingly energetic group. Watching these men with their wide smiles and energetic moves was thrilling but exhausting. The costumes and music and excitement of the two groups were all fantastic.

The Korean Traditional Performers were very different - one dancer had a long ribbon attached to his

headwear and managed to create patterns with the ribbon by moving his head yet without tripping on the ribbon. Another dancer had something dangling down his back from his headwear and suddenly he gave a quick nod of his head and the item moved to the front of his head and it turned into a beautiful large flower.

Dusha Balkana once again gave a fantastic performance and I was delighted to see Yorgo's daughter dancing on stage and having a ball. While there were only five dancers at Woodford this year they managed to fill the stage and thrill the audience as much as a larger group, thanks to Yorgo's choreographic skills. Reni from the Brisbane based Bulgarian singing group Zhiva Voda joined in some of the



dances when not singing.

The New Year theme included dances from Surva (a Festival of the Masquerade Games held in Pernik, Bulgaria at the end of January). According to Yorgo, a New Year custom in Macedonia is for the men to dress in women's costumes with a scarf hiding their face, and then they drop the scarf to reveal their whiskered faces. Yorgo choreographed the lively Rum Dum Dum for this memorable grand finale. The dancer dressed for the occasion had a beard and moustache and wore bright red glitter lipstick and played the part beautifully to the delighted, enthusiastic audience. Yorgo called her Miss Understood (in Macedonian but translated it for us). Great fun!

The Brisbane family group *Latche Roma* is always a delight and this year they had teamed up with another group and changed their name - their new name eludes me. The musicians and singers are brilliant, especially the violinist. The dancers always have gorgeous costumes and their children join in, dancing in groups and even performing solos. Some were very young and the audience gave them lots of encouragement. Delightful!

If I had time and the newsletter had the space I could rave on and on, but instead, why not consider attending future Woodford Folk Festivals? - An exhilarating end to the year and start to the new one.

**Danni Mackenzie**

(Photos: [www.woodfordfolkfestival.com.au/facebook](http://www.woodfordfolkfestival.com.au/facebook))



## Battle of the Sexes

In Australia, and elsewhere, the world of international folk dancing is really a women's world. It is a truth universally observed that, numerically, recreational international folk dance groups are dominated by women. Our group is a good example. Out of a regular membership of somewhere between thirty and forty, we have only five regular male dancers.

Am I complaining? No not really.... But I often wonder why this is the case, given that men in general participate in many social groups that are centred around some shared activity (usually a sport of some kind). My local seniors table tennis group is a good example, attracting both sexes in roughly equal numbers.

We men, as well as being few in number, have tended to exist in relative obscurity in the dance group – not being so demonstrative or vivacious as the women, and not dressing quite so flamboyantly as many of the women do.

Some years ago we decided to change all that.

For our mid-year dance party in 2006, some secret men's business took place, resulting in the inaugural performance of the Townsville Male International Folk Dancers. The six men in our group combined with four normally non-dancing "social" members to rehearse a choreographed *Hassapikos* danced to the music *Frangosyriani*. We practised hard and acquitted ourselves very well on the night. The ladies were blown away!

After that initial success the men's performance became a regular, traditional part of our Christmas dance parties. For the men, it has meant a significant commitment in time and effort, but it has given us a presence and a role in the social life of the group that we didn't have before. And it has been enormous fun!!

By early each year I am already searching for a suitable dance for the next party. We always want to do dances that would traditionally have been done by men only. We also want our performances to be entertaining and amusing. And above all, I have to find dances that we can actually do!

To this end, I look for relatively simple, not too fast, dances with some kind of novelty content – some element



that is totally new for our audience and, possibly, amusing. [Any suggestions?]

The Slovenian *Hat Dance* (*left*) that we performed in 2008 is a good example. I'm sure the audience had no idea of what we were about to do as six men wearing hats assembled in a tight circle. The sequence of hat switching and simple footwork around the circle done to faster and faster music brought the house down!

The Yiddish *Bottle Dance* from *Fiddler on the Roof* (I adapted it to suit our men) featured in 2009. Lovely music with nice steps, all executed with each dancer balancing a bottle on his head (no

Velcro!!). Quite a challenge, especially the sensational finale, in which each dancer is on his knees, extending each leg in turn to pull himself forward towards the audience. Hardly a bottle was dropped!

Other dances in recent years include a traditional Russian *Spoon Dance*, featuring musical spoons played (very fast!) while executing simple steps; a Maori *Haka* (I'm afraid we couldn't measure up to the muscular fitness of NZ rugby players); a traditional miners' dance from Bavaria, complete with lanterns, musical hammers-and-chisels, and some *Schulplatter*.

Mostly we've been content with rudimentary costuming, but in 2013 we made fairly elaborate costumes for the Mexican peasant dance *La Danza de los Viejitos* – literally, *Dance of the Old Men* (so apt for us!).

This dance comes from the Michoacan Province of South West Mexico and has its



Townsville Men perform the Yiddish Bottle Dance

roots in ritual dances from years prior to the Spanish invasion. After the invasion it was danced by young men in peasant costume but replacing the former dark mask (often made from clay) with a pink mask; the dance was then done to mock the pale-faced old Spaniards. In modern times it is still danced on certain festival days, and makes playful fun of old men.

But things change...

While the ladies in the group were very happy for the men to have their days in the sun, it wasn't long before they decided there should be a ladies' dance performance as well, and their first fully rehearsed performance took place in 2011, when they presented the beautiful Russian dance *Devoshjka*. Another outstanding performance was the pretty Israeli dance *Al Hamayim*, in 2013.

For 2014 we decided on something completely different – a Morris dance. We were keen to do the *Beltane Fire Dance*, but with only five men available, we had to depart from tradition and invite some ladies to make up the full Morris side. In fact so many ladies were keen to take part that we ended up with **more ladies than men!** And so the annual men's dance performance became a joint women's and men's dance, with men in the minority. Again, elaborate costumes were required and were produced. With the bigger group, organising rehearsals was more difficult, but the camaraderie was very strong, and a lot of great fun was had. And the performance was a big hit!

What of the future? Are we at a crossroads? Are the women taking over? Can the men return to their singular position in the limelight? Or will they return to the shadows? ..... Stay tuned.

**Maurice James**  
(Photos: Christine Milliken)



Elaborate costumes for the Mexican peasant dance – La Danza de los Viejos

## Canberra Dances For Hamlin Fistula Ethiopia

On 15 November 2014, the Canberra International Folkdancing Association (CIFDA) and the U3A International Folkdancing Group held an Afternoon Tea Dance at the Yarralumla Uniting Church Hall to raise funds for Hamlin Fistula Ethiopia (HFE). After payment of rent for the hall, a total of approximately \$1,400 was raised from door entry, a trading table, raffles and from additional donations. This is the fourth year the two dance groups have combined to support this most worthwhile project, bringing the total raised to date to approximately \$9,500. Through the Addis Ababa Fistula Hospital, its five regional hospitals and the Hamlin College of Midwives, HFE can restore dignity to obstetric fistula sufferers and continue to train local midwives to prevent this terrible injury. For more information, visit <hamlin.org.au>.

Some 40 dancers attended the November Tea Dance. The program of 19 dances had a nice variety of patterns, moods and rhythms drawn from many different countries, i.e. Bulgaria (*Sirto* and *Vodeno Horo*), Croatia (*Taraban*), Greece (*To Milo*), Israel (*Klezmer*, *Kyria*, and *Od Lo Ahavati Dai*), Macedonia (*Ivanica* and *Oj Devojko*), Poland (*Polonez*), Romania (*Hora Mare Vranceneasca* and *Hora Veche* (2013)), Russia (*Devicha Khorovodnaya*), Serbia (*Opa Cupa* and *Setnja*), Spain (*Sardana Curta*), Turkey (*Ali Pasa*) and the U.K. (*Dunedin Festival Mixer* from Scotland and *Farewell Marian* from Wales).

The dances were selected from each of the four decades CIFDA has been in existence. Eleven of the dances were introduced at workshops given by Andre van de Plas. For the remaining eight, we have to thank Wal van Heeckeren, Yves Moreau, Bora Ozkok, Robin Starr, Maurits van Geel, Chris Wild, Kaye Laurendet and Margaret Connor. All dances were on the U3A Folkdancing program in 2014. While it is hard to single out a favourite dance, the ladies particularly enjoyed Kaye Laurendet's modified version of *Farewell Marian*, one of Andre's 1989 workshop dances.

It was good to catch up with friends from other dance groups in Canberra and Braidwood, and to have an enjoyable afternoon dancing together while supporting such a worthy cause. At the age of 90, Dr Catherine Hamlin is still very much involved in the work of the hospital, doing the rounds but taking a break from operating. She is indeed a truly remarkable and inspiring woman. As well as being made a Companion of the Order of Australia, being awarded the ANZAC Peace Prize, the coveted Gold Medal from the Royal College of Surgeons, in December 2009 she received a Right Livelihood Award, known as an "alternative Nobel", for dedicating her life to "restoring the health, hope and dignity of thousands of Africa's poorest women". She was nominated for the Nobel Peace Prize in 1999, and again in 2014.

**Glenys West**

## Letters from Abroad

### Judy Hunter cruised the Irrawaddy River from Mandalay to Rangoon

Dear Editor,

I have just completed a ten-day cruise down the Irrawaddy on Paukan 1947, arranged by the Australian Boutique Musical Travel Company, *Operatif*. Because of numbers we also had the Green River Cruise Boat accompanying us making a contingent of 44 in all.

The cruise was an absolute WOW. The crew ensured that our every need was met, with unbelievable service and superb food, and no request was too much trouble. The crew would join us on the upper deck to watch the sun rise and were still there to look after our requests until well after dinner. As this trip was for lovers of opera and classical music, we had concerts on most evenings from the fine Australian singers and musicians who were our travelling companions (of course the famous old song 'The Road to Mandalay' featured twice). The elegance and charm of bygone years was certainly re-created. We enjoyed one evening of traditional dance which is rather like Thai dancing except that the movements are faster and more angular than Thai. Traditional dance in Burma is documented from 200 BC where ancient tribal rituals have been merged with Indian, Thai and Khmer dance



(Photos: Fred Trute)

Because the Irrawaddy has no wharves (a consequence of huge river flooding in the wet season with melting snow from the Himalayas) the crew was always there to assist us in walking the plank to reach the shore and then to help us up the embankments, which were often steep. An amazing sight was to see a team of Burmese women arrive at dawn to carry our large suitcases across the plank and at least 22 metres up a steep embankment to reach our bus.

Every day we left the ship and visited remote villages, stupas, pagodas and Buddhist Temples. Our experienced guide, Thomas, was fluent in providing us with the tumultuous history that is the story of Burma, now Myanmar, since its early history and later during its days as a British colony. Life in the villages is very primitive. They still collect water from the river in buckets slung across their shoulders. There is no power. However solar panels are easily purchased in the markets. These are used to power a television for the extended family. Motorcycles have become much cheaper since military rule ended and it is now a status symbol for a family to have one. They load four or five people and many possessions at once. Workers receive about US\$5 per week.

We visited two of the ancient capitals, Mandalay and Bagan and these are full of historic buildings. Burma has a greater concentration of Buddhist shrines than any other country I have visited. Bagan itself has over 550 shrines spread through what is now a World Heritage Site. We gained our best view of the number during a dawn balloon flight over the city. The land between the shrines used to be lived on by peasants. People living there have now been moved out but they are still allowed to grow food crops on the land. We were very privileged to see Myanmar before tourism takes too great a hold. Even now in the bigger places there were people selling longys and other goods on the riverbank. This is sure to increase. Tourism seems the only industry that can support and raise the living standards of this cheerful, accepting people who have endured so much in recent years in the hands of military rule.

**Judy Hunter, Townsville**

*Over the centuries Myanmar dance has been influenced by the traditions of nearby countries, particularly classical Indian, Khmer and Thai dancing. However, Myanmar dance retains unique qualities that distinguish it from other regional styles, including angular and fast-paced movements as well as an emphasis on pose rather than movement.*

*Upturned hand and bent wrist positions demonstrate the close relationship that traditional dance in the region shares with the art form of classical marionette theatre.*

*Another regional similarity is that most traditional dances are narrative in form, representing historical legends and myths. For example, in Myanmar Bilu dances, the Bilu is a demon who courts a beautiful girl; she in turn spurns him for his ugliness. (Ed.)*



## Of Christmas & Dance Festivities

### Dancing At Canberra's U3A Christmas Party

On 11 December, eleven members of Canberra's U3A Easy to Intermediate Folkdancing Group performed a small bracket of dances at the U3A Christmas Party. We danced into the performance area to a shortened and modified version of an old favourite, *Setnja* from Serbia. Then followed a bracket of five dances: *Hora ca la Caval* (Romania), *Sardana Curta* (Spain), *Opa Cupa* (Serbia), *Hora Veche*, and *Od Lo Ahavati Dai* (Israel). We were glad to see the smiling faces of a number of our dancing friends in the audience, which of course encouraged us to smile too, something the audience liked, we were told later. We were also pleased when the audience started clapping along to *Sardana Curta*, though a little apprehensive that we'd lose it. This didn't happen, I'm glad to say.

After the performance dances, we had a couple of audience participation dances: *Samba Mixer* from Germany and *Ordu* from Turkey. Most of the audience joined in and seemed happy to do so. As we were the last item on the party program it was a good way to finish. It was also good to know the organisers considered our item to be a superb finale to the party.

**Glenys West** (Co-Leader with Sue Miller)

### FDC - Folk Dance Canberra's Christmas Party

Held this year on Santa Lucia's feast night, 13 December, FDC's party coincided with the northern hemisphere's winter solstice and festival of light, commemorating St Lucy, born in 283 AD. She was said to have brought supplies to early Christians in the catacombs of Rome, wearing a crown of burning candles to keep her hands free. Alas, she was killed for her faith, aged only 21.

Although mostly a secular celebration these days, it is recognised in Scandinavia, Italy, Malta, Croatia, Bosnia, Hungary, the Caribbean and by the Scandinavian population of Canberra, whose procession we had witnessed in the Albert Hall two weeks earlier, complete with burning candles. Everyone was holding their breath lest something went wrong - but it didn't!

It was a good move to **begin** our evening with FDC's processional, *Polonez* from Poland, ensuring the majority of dancers - 47 all up - arrived on time! Fortunately, mild weather throughout the night enabled us to remain comfortable. Our colour scheme of white with red, which is also worn by the leading lady in the traditional Swedish procession, was a creative way of decorating the FDC hall by encouraging our dancers to wear such colours also. A myriad of lights on the Christmas tree and scattered throughout the hall, combined with other attractive artefacts, added to the festive atmosphere.

Having each class practise a party piece prior to the event is another excellent way of ensuring maximum attendance, despite conflicting end-of-year commitments. Besides, it's always interesting to see what the other classes are up to! Programming these dances between 4 or 5 requests enables some quick changes of costumes for those in more than one dance. Tonight we avidly watched *Poshte nga cairet* (Albania) (**Pictured, led by Maria**) and *Vallja e Drenices* (Kosovo) from Maria's classes; *Irimenche Pozlatenche* (Bulgaria) and *Siksara* (Turkey) from Lesley's groups; *Melnisko Horo* (Bulgaria) and *Bakapayim* (Israel) (**Photo page 16**) from Theresa's dancers. Having participated in the third dance in this list, I decided that some dances are much easier to do than to pronounce and remember! In addition, we zipped through the 39 requests from 18 countries (Israel being the most popular) and then, like *Oliver Twist*, they asked for more....

Of course, we had been sustained by a sumptuous feast halfway through! This featured quite a few Scandinavian goodies such as star cookies, gingerbreads, and even saffron buns - called *Lussekatte*, or Lucy's cats - requiring yeast cookery and successfully produced by our master chef and president, Griff. Presentations were made to our valued teachers, Maria, Lesley and Theresa, and assistant teachers, Ros and Bec, for their patience and stimulation throughout the year. Huge accolades are also due to Sue and the Events committee for yet another evening of much pizzazz!

**Kenneth Charlton**

### U3A Townsville Dancers Strut their Stuff

In late November the newly formed Townsville U3A International Folk Dancing group was invited to perform at the U3A Christmas function in the Annandale community centre. As novices to this type of dance the ladies were thrilled to be asked, though apprehensive about performing in public.

Nine members of the group were able to commit to the morning in question, and on the day, with friends joining us, we numbered thirteen - a fair-sized ensemble for the performance space available.

We started with *Lerikos (Gr)* as that is our warm-up dance each week. Nerves disappeared almost instantly,



to be replaced by large smiles and encouraging nods. Then followed *Setnja (Serb)* which we danced in the round, in four lines of three and using the escort hold. This was followed by *Ma Na'avu (Isr)*, another regular favourite, with a different flavour to the first two dances.

The popular choice for our finishing number was *Beautiful Greece (NL)*. In three lines, we faced the audience until the drumbeats started, and then turned our backs for the start; this was our strategy to make sure we finished up facing the audience while using an abridged version of the music. We need not have worried about it being too long, however, as the audience clapped along enthusiastically.

It was a supreme performance from the ladies, and afterwards we received many positive comments and compliments. I hope that it may encourage others to join us in the New Year to enjoy the benefits of folk dancing.

**Philippa Johnson**



Kaye leads the way with the Polonez.  
(Photos: Carol McNally)

CIFDA continues its tradition of celebrating 70<sup>th</sup> birthdays. The latest party, held on 14 January with the colour theme blue, was for Kaye Berry, Secretary.



## Lyrics

CHAJ ZIBEDE (Reproduced with permission from 'Mandalas')

The Nambour Thursday class has recently revised this Albanian Rom dance. The dance was originally taught by Yves Moreau, who observed it being danced by Albanians at the 1997 Heritage Festival. The name of the dance comes from the title of the song, *Chaj Zibede*, sung by an Albanian Rom band called *Rromano Dives*. The singer is *Astrit Qermimi*. The dance is a *cocek* style dance.

A translation of the lyrics:

*Where are you going, Zibede,  
Your throat covered in necklaces?*

*Dream girl.*

*I am going to the two houses.*

*I am taking flowers to the houses.*

*Dream girl.*

*I am taking flowers to the daughters-in-law*

*For them to put at their sides.*

*Dream girl.*

*For many years you will eat persimmon. She walks behind the hedge,*

*Dream girl.*

*She walks behind the hedge*

*And doesn't even catch hedgehogs.*

*Dream girl*



(A little obscure, as these lyrics often are!) - **Lorraine Moore**

(Verified translations of lyrics are welcome for publication, especially if they are lyrical, or, on the other hand, quirky)

## These Shoes are Made for Dancing



'On the subject of dance shoes there is not a lot that comes to mind,' comments Neil, Townsville. Nevertheless, take a look around at the feet of any folk dance group and you will spy almost as many different types of shoe as there are people present. From the pretty leather sandal revealing carefully painted toenails, to the Bloch DRT Boost Sneaker, and all manner of materials and styles in between, the range is vast.

Most styles of dance have specific types of shoe: think pointe, demi-pointe in ballet, or hard shoe, ghillie in Irish. Individual folk dancing cultures also have their own style of shoe, e.g. Flamenco shoes are especially constructed to provide support in the toes as well as the heels. Also, many dancers in Australia and Canada choose to wear the distinctive *opunki* of Eastern European origin (pictured), some say because they can feel the ground through them. Creative international folk dance groups even run workshops to make their own *opunki* (Ref. 'Footnotes' June 2014).

So how do international folk dancers choose their footwear?

Following another European tradition, Griff from Canberra is distinguished by his footwear, which many dancers associate with workshops they have attended in Romania or Hungary. Griff explains,

"The story behind the boots dates back to 2002, when a group of Australians went on a tour to Romania with Silviu Ciuciumis. Although not a dancer, I went along for the experience, and to operate the camera. One of the optional extras that Silviu offered was a very reasonably priced pair of custom fitted leather dance boots. So, to paraphrase the old saying about cricketers, I decided that I could at least look like a dancer..."



"I keep wearing them because they are very comfortable to dance in and attract some interesting comments when people see them for the first time."

### Griff in Boots



The majority of regular dancers seem to opt for comfort and support. After a bout of plantar fasciitis, Sandra S, Townsville, now chooses to wear well-fitted sneakers giving plenty of cushioning and arch support. The question has also been asked, whether frequent dancing exacerbates such conditions as arthritis or bunions. Or were they going to develop anyway due to ageing, nothing to do with dancing at all? In response, a doctor recommends frequent exercise of (osteo) arthritic feet to maintain flexibility.

Returning to Neil's opening comment, it is only fair to add his further reflections on the topic:

"My first 'dance' shoes were Bloch sneakers with a boost heel, which were good, though (they) could have been half a size bigger (they were the biggest I could get at the time). The boost style looks a bit dorky or chunky, but the shoes do have bounce. They were not cheap; none of my Blochs has been. Price doesn't matter to me so much as comfort and quality and my current Bloch Evolution dance sneakers come in my size, don't have such a thick heel, are comfortable and will probably last a few years. Previous ones did. Near the end of their life I rely on shoe contact adhesive to maintain soles that start to lift. (Once I am happy with any item of clothing I hate to part with it.) This can extend their life by many, many months.

"Both styles have 'split soles' which makes them more flexible than ordinary sneakers and the turning pad in the sole facilitates turns, instead of stopping you in your tracks as ordinary sneaker treads can do."

So, in fact, there is a lot that comes to mind when considering the topic of dancing footwear! The overall conclusion appears to be that care of the feet is of ultimate importance. As Bronia, Townsville, drily remarked,

'All I have to offer is that you start dancing in shoes that look good and you end up dancing in shoes that feel good.'

(With thanks to the dancers of Noosa for allowing me to photograph their feet)

Philippa Johnson

## Overseas Workshops

If you are thinking of attending one of the following seminars please confirm the price and inclusions. Sometimes seminars are cancelled if there are not enough participants. It is also a good idea to check the type of floor used for the dance classes.

### GREEK DANCE SEMINAR+LECTURES & PRESENTATIONS ON GREEK CULTURE, CHANIA-CRETE

10<sup>th</sup> Anniversary Seminar: 1-9 August, 2015

Hosted by Mary Markaki, teaching by 7 famous choreographers (Markaki, Zournatzidis, Terzis, Goulas, Kapernarakou, Vardakis, ...) presenting dances from all regions of Greece. Courses and lectures presented in 3 languages, Greek, English and French.

Learn to play Greek musical instruments and to sing Greek songs. Live with the locals at Embrosneros village.

Accommodation at Kavros (seaside) and the semi-mountain village of Embrosneros. Excursions to surrounding areas of Crete, and live musicians at local feasts.

**Cost:** 720 euros incl. dance courses, 2 long-way excursions, 4-5 CDs, 8 nights accommodation BB+6 meals

**Booking deadline:** 30 March 2015

**For further information, contact:**

[marymarkaki@windowslive.com](mailto:marymarkaki@windowslive.com)

**GREECE: TREKKING & DANCING ON TINOS 2-10 May, 2015** [www.nisiotis.fr](http://www.nisiotis.fr) (in French - Google Translate can help!) or contact Philippos Dellatolas: [nisostinos@gmail.com](mailto:nisostinos@gmail.com)

(French, English, Greek) Emphasis on trekking with one hour dancing in the evening.

(**PRAGUE SUMMER FOLK DANCE WEEK**  
19 – 26 July 2015 *Czech & Moravian Folk dances.*

Dear dancing friends, Jitka Bonušová a Jan Pumpř again in 2015, cordially invite you to our International Dance Course.

The dance week will take place in Prague, Golden City of a Hundred Spires, widely considered to be the most beautiful city in the world. Lessons will take place in a hall with a wooden floor, only a short walking distance from the hotel.

Details and registration form: [www.dvorana.cz](http://www.dvorana.cz).



**KYRIAKOS' SEMINAR OF NORTHERN GREEK DANCES 27 June-6 July.** Kyriakos and others will teach dances from the northern part of Greece (Macedonia, Thrace), Pontic, Cretan and dances from Pilon and Konitsa (Ipiros). Held at beautiful Papa Nero by the Aegean Sea at Pilon. Wooden floor. Museum trips, local activities, plus live music and dancing in the evenings, with parties at the tavern at Dumachari.

[www.moisisidance.gr/en](http://www.moisisidance.gr/en)

### KYRIAKOS' EVROS/WEST THRACE PROJECT 18-27

**July.** Learn the dances, traditions, music and songs of the Thracian Greeks. 10 days of seminar visiting several villages in the northern and southern areas of Evros. Each morning learn the dances of those villages. Also taking in an annual Gaida festival! Starting and finishing point is Thessaloniki. Contact [moisdiskyriakos@gmail.com](mailto:moisdiskyriakos@gmail.com)

### KOPRIVSHTITSA No. 1

#### NATIONAL FOLKLORE FESTIVAL: BULGARIA – 7, 8 & 9 AUGUST 2015

*Dancing tour to the famous festival of Bulgarian Folklore together with a folklore dance seminar in Koprivshitsa with Belco Stanev:*

Thousands of participants from the whole country prepare for a long time in order to show the best of Bulgarian folk art. Over a period of three days songs and dances from all the regions in Bulgaria are performed on seven stages spread over wonderful spacious meadows.

The most prominent performers of Bulgarian folk art meet in Koprivshitsa. In no other place in Bulgaria can you see over 30000 singers, dancers, musicians, story-tellers and artistic craftsmen gathered together.

Koprivshitsa is located 100km north of Sofia. The town nestles in the highest valley of the Sredna Gora mountain.

**Complete workshop and dancing Dates: 31.07.2015 – 10.08.2015**

**Programme:** 31 July – Arrival; 1 August – Visit to a Bagpipe Festival in the village of Gela in the Rhodopi mountains; 2 to 6 August – Dance seminar in Koprivshitsa; 7 to 9 August – Visit to the Festival in Koprivshitsa

The dances take place in two groups – slow and fast learning speed – 4 hours a day as well as in the evenings at the village feast in different groups.

**Dance Instructors: Belco & Irena Stanev/a Julian Stanev**  
**Information: e-mail: [belcostanev@gbg.bg](mailto:belcostanev@gbg.bg), website:**

[www.belcovstanev.com](http://www.belcovstanev.com)

### KOPRIVSHTITSA No. 2

#### ZORNITSA WORKSHOP, BULGARIA - KOPRIVSHTITSA AUGUST 5-17, 2015

[www.zornitsaworkshop.com](http://www.zornitsaworkshop.com)

The seminar will take place during the famous 3-day Koprivshitsa Festival held every 5 years.

8 days of classes, plus 3 set aside for participants to watch authentic performances of Bulgarian folklore.

**Prices** range from E799 for full period (12 days) to E560 for 6 days or less. This includes:- 2 Bulgarian dance classes per day with **Emil Genov**; 2 Serbian dance classes per day with **Vladimir Mutavdzic**; 1 Bulgarian singing lesson per day; Transfers & Accommodation in double/triple rooms with full board. Discount for groups of 10 or more is 5%.

Individual classes in musical instruments available:

More on Facebook: Zornitsa Workshop - Koprivshitsa 2015.

Official website: [www.zornitsaworkshop.com](http://www.zornitsaworkshop.com)

### DANCE & CULTURE TOUR TO ARMENIA, MAY or SEPTEMBER 2015

**Tineke van Geel is leading this tour 13-25 May, 2015**, when the weather is not too hot and the Spring flowers are in bloom. Alternative dates are available: **16-28 September**, when the same tour will take place, organised in conjunction with the Folk Art Center in Boston and led by them. Details of both dance and cultural tours: [www.tinekevangeel.nl](http://www.tinekevangeel.nl)

## Australian & New Zealand Events

### QUEANBEYAN MULTICULTURAL FESTIVAL

22 February

Queanbeyan celebrates its cultural diversity annually by holding the Multicultural Festival at Queanbeyan Park. The festival features a stunning line-up of performances every year on the centre stage, and sports plenty of great activities for the family, as well as dozens of food stalls. The Carnivale theme was chosen to reflect the energetic dance and music performances that abound from many different multicultural groups. These events lend the entire event a vibrant theme, from the performances to the food options, which range from BBQs to sweet cakes to Asian delicacies.

Each year the park comes alive with all community groups working together to produce and offer their best. Seating is provided under the large trees in the park.

Queanbeyan is home to many people from countries as diverse as India, Macedonia, New Zealand, Greece and many more, with each group presenting its own culture of music and dance performance.

[www.visitqueanbeyan.com.au/carnivale](http://www.visitqueanbeyan.com.au/carnivale)

**“RIKUD OZ” 2015 a combined Melbourne Israeli Dance Camp featuring: RAFI ZIV, SHMULIK GOV ARI** Friday 1st, Saturday 2nd & Sunday 3rd May 2015 (inclusive)  
NB This will be the only Camp/Workshop for 2015 in Melbourne! [www.israelidances.com/rikud-oz](http://www.israelidances.com/rikud-oz)

## Overseas Festivals

### Rose Fields of Bulgaria-Festival June 3<sup>rd</sup> - June 8<sup>th</sup>, 2015



Experience the most beautiful and aromatic facet of Bulgaria – the rose. Visit the Rose Valley where there are numerous fields of roses from which is produced the famous rose oil. Join the official celebrations in Kazanlak area,– authentic rose-picking, Christian Orthodox choir concert, folklore concert, visits to Thracian tombs from BC5-3. At the same time enjoy the peaceful atmosphere of small Bulgarian towns in the foothills of the Balkan range. Not to forget that we will try the best wines of Bulgaria during our two wine-tastings, plus visit the two biggest cities in Bulgaria – the capital Sofia and Plovdiv.

[lyuba.tours@gmail.com](mailto:lyuba.tours@gmail.com)

For details of other European and world festivals see past copies of Footnotes (also available on our website) or try: <http://www.eaff.eu/en/festivals/upcoming>  
<http://www.cioff.org/events-festivals.cf>

### ADVERTISING ON FDA WEBSITE

#### For Non-profit clubs:

Links from the FDA website are provided free-of-charge to websites of non-profit clubs and organizations related to dance and folk.

#### For Businesses:

We have set up a page specifically for displaying links to the websites of businesses and other “for-profit” organizations. The annual (i.e., Jan – Dec) cost of FDA providing a link to your website is \$40. However, if you have at least one FDA member within your management or staff you will be entitled to a 50% discount.

If you are interested in FDA providing a link from our website to yours, please email your details to our website administrator, Janene:

[webmaster@folkdanceaustralia.org.au](mailto:webmaster@folkdanceaustralia.org.au)

### Folk Dance Australia Annual General Meeting and Dance Workshop.

Sunday 8th February, 2015.

10 am -3pm.

Redfern Town Hall

73 Pitt St, Redfern, (Sydney)

Dancing 10am – 12 noon

AGM from 1pm.

Several FDA members will share their favourite dances.

Cost for workshop: \$10.

Enquiries: Sandra 02 6552 5142,

Kaye 02 9528 4813

*Proposed dates for FDA Workshops 2015:  
8 February, 19 April, 14 June, 30 August, 15  
November.*

**Earthly Delights Historic Dance Academy,  
Canberra**

**FDA OFFICE-BEARERS:**

President: Jeanette Mollenhauer, 0416 156 335,  
203 Rusden Road, Mount Riverview, 2774  
jeanette.mollenhauer@gmail.com  
Vice-President & Secretary: Chris Wild, 02 9560 2910,  
12 Burfitt St, Leichhardt, NSW 2040.  
[wildchris111@gmail.com](mailto:wildchris111@gmail.com)

Website Administrator: Janene Randall,  
webmaster@folkdanceaustralia.org.au  
Treasurer: Maureen Petherick, 25 Verge Road, Callal  
Bay, NSW 2540. mep4@bigpond.com  
Footnotes Editor: Philippa Johnson, 0417 780 016;  
414 Walker Street, Townsville QLD 4810  
[editor@folkdanceaustralia.org.au](mailto:editor@folkdanceaustralia.org.au)

Membership Secretary and Print/Mail Co-coordinator:  
Deborah Hotchkis, 0427 315 245, 95A Grays Pt Rd,  
Grays Point, NSW 2232  
m.d.hotchkis@gmail.com  
Workshop Co-ordinator: Sandra Bassetti, 02 6552 5142,  
23 Fotheringham St, Taree, NSW 243041  
Resource Manager and TTC Co-ordinator: Kaye  
Laurendet, 02 9528 4813, 127 Woronora Cres, Como  
West, NSW 2226  
okaye@optusnet.com.au  
FDA Committee Members: Fiona Clark, Joy  
Warton, Margaret Connor, Wendy Walsh, Liz Hull, Ann  
Wornall

**FDA MEMBERSHIP FEES  
FOR THE 2015 CALENDAR YEAR**

To join or renew your membership, you can:  
Pay by Internet: Transfer AU\$30 (Only \$25 if  
receiving newsletter by email) to St George  
Bank, BSB: 112879, A/C No 439 730 886 (if  
renewing, please include your Membership  
Number in the description)

Or:

Cut out the form on page 18 and send it, together  
with your \$30 cheque or money order (made out  
to Folk Dance Australia Inc.), to the Membership  
Secretary, Deborah Hotchkis, 95A Grays Pt Rd,  
Grays Point, NSW 2232.

Overseas Members. Use AU\$30 equivalent.

**How does your FDA Membership benefit  
you?**

- 6 issues of the FDA newsletter, 'Footnotes',  
emailed or posted to you each year;
- Discounts for:  
dance instructions, manuals and books;  
Nevofoon resources.
- Free advertising for your events and  
publications, both in "Footnotes" and on  
FDA's worldwide website:  
[www.folkdanceaustralia.org.au](http://www.folkdanceaustralia.org.au)

**Resources for Sale**

Book – *Glossary of Dance Terms* \$15 (P & P) or  
\$12 at workshops, etc.

**André van de Plas:**

*International Folk Dances for Adults*

Book & CD (2000 – 2010) \$20 set

Book & CD (2011 & 2013) \$30 set

DVD 2005- 2010 = \$20 each/2011- 2013 = \$35 each

*International Folk Dances for Children*

Book & CD 2000, 2003, 2006, 2011 tour \$35 set

*International Dance Mix*

1983 – 1995 \$10 instruction booklet \$20 CD

1993 – 1999 \$10 instruction booklet \$20 CD

**Marlies J.** 2011 – CD \$20, DVD \$25 + Postage

**FDA WORKSHOP CDs/DVDS:**

All DVDS – Members' price only \$10, non-members'  
\$20 (CDs if available – \$10)

\*\*POSTAGE AND HANDLING ADD \$5

**Aleks Popovic**, *Serbian Dances* (2007)

**Antal Stopic**, *Hungarian Dances* (2008)

**Asadour Hadjian**, *Armenian Dance* (2005)

**Avi Zohar**, *Israeli Dances*

**Bob Robinson**, *Balkan* CD \$10, DVD \$10 (2013)

**Dianna Laska-Moore**, *Mostly Romanian* (2004)

**Dimitris Papapetros**, *Greek dances* (2011)

**Djordje Nikolic & Vas Aligiannis**

*Serbian and Macedonian Greek* (2005)

**Djordje Nikolic**, *Serbian* (2008) *Sumadija* (2003)

**Gary Dawson**, *Balkan Dances* (2003, 2006/7)

**Heather Celic & Milivoje Stajanovic**,

*Serbian Dance* (2004)

**Kaye Laurendet**, "Come & Try", *Easy dances plus  
Romanian Dances* (2011)

**Koce Stojcevski**, *Macedonian Dances* (1999 & 2000)

**Laurel de Vietri**, *French* (2008, 2012)

**Madis Alvre**, *Estonian Dances* – CD only (2012)

**Nina Rassaby**, *Israeli Dance* CD \$10, DVD \$10  
(2012)

**Sandra Bassetti & Jenny Lester**, *Bulgarian* (2006)

**Sarah Myerson**, *Yiddish* (2008)

**Tineke van Geel**, *Armenian Dances* (2001)

*Armenian Dances* CD/Bk \$26, DVD \$30 (2013)

**Vasilios Aligiannis**, *Greek Dances of Celebration &  
Participation* (2002)

**Veronika Zaharieva**, *Bulgarian Dances* (2006, 2010)

**Yorgo Kaporis**, *Macedonian Dances* (2002, 2003,

2004, 2006, 2008); *Macedonian and Bulgarian*

(2009); *Balkan* (2012); *Macedonian Dances* (2013)

**Yves Moreau**, *Balkan & Other International Dances*  
(2001 tour)

*Folk Dances from the Balkans & Elsewhere* (2010

tour) – CD & notes \$25, DVD \$25 + postage

*Moss Vale Request Dances* 2014, 2 CDs+ 2 DVDs \$40  
per set

**NEW RESOURCES:**

**Andre van de Plas** - *International*

**Andre van de Plas** 2014-March CD & Booklet \$25  
DVD \$25

**Andre van de Plas** 2014-July CD & Booklet \$30  
DVD \$35

*Special Buy*: Both sets for \$100

**Andre van de Plas** *Children 'Best of' dances from 2000, '03, '06, '11*. CD and Booklet \$35

#### FDA WORKSHOPS:

**Peter Kouvelis (Pontic) & Yorgo Kaporis (Balkan)**  
2014, cd \$10, dvd \$10

**Yves Moreau** 2014, CD \$15, DVD \$35, Notes  
(emailed) \$6. Postage extra.

Available from; Avdp World Dance c/- 127 Woronora  
Cres, Como West, NSW.

Enquiries: [okaye@optusnet.com.au](mailto:okaye@optusnet.com.au)

#### HOW TO PAY FOR RESOURCES

##### By Internet:

St George Bank, BSB: 112879, A/C 439 730 886,

**By cheque** to "Folk Dance Australia Inc":

FDA Treasurer: Maureen Petherick 25 Verge Road,  
Callala Bay, NSW 2540. Email [mep4@bigpond.com](mailto:mep4@bigpond.com)

NB: New Account Details

FDA has changed its account system.

The number for all payments is: 112 879- 439 730 886  
Please note too, the new membership fee for 2015:  
\$30 with printed copy of Footnotes, \$25 with emailed  
copy

#### Contributions to 'Footnotes'

'FOOTNOTES' DEADLINE for the April 2015 issue  
is 20 March. Please send your photos, articles, reviews  
and info about future events to the editor, Philippa, at  
[editor@folkdanceaustralia.org.au](mailto:editor@folkdanceaustralia.org.au)

REMEMBER to send events/classes information to  
the webmaster, Janene, for the website even if you  
miss the 'Footnotes' deadline. Also let her know if  
events have been cancelled or dates changed.

[webmaster@folkdanceaustralia.org.au](mailto:webmaster@folkdanceaustralia.org.au)

## What's on Where

**We attempt to update these details regularly but suggest you make contact in case we have not been advised of changed date, times or venue.**

### A.C.T.

#### Canberra

**Monday 7.30-9pm** Folk Dance Canberra-FDC sessions  
for Advanced folk dancers in International Dances, at Folk  
Dance Canberra Hall, 114 Maitland St, Hackett. Contact  
Lesley Rose (02)62866401

**Tuesday**, 10:00 -12:00 pm Folk Dance Canberra –  
FDC: sessions for Intermediate folk dancers in  
International Dances, at Folk Dance Canberra Hall, 114

Maitland St, Hackett. Contact Lesley Rose (02) 6286  
6401 or email [13pprox@magma.com.au](mailto:13pprox@magma.com.au)

**Wednesday**, Folk Dance Canberra – FDC: Sessions  
6 – 7.30pm. Beginners International Folk Dances  
7.30 – 9.00pm. Session for continuing students at Folk  
Dance Canberra Hall, 114 Maitland St, Hackett. Contact  
Maria Jenkins (02) 6231 4472 or email  
[maria\\_jenkins@hotmail.com](mailto:maria_jenkins@hotmail.com)

**Wednesday** 7.45 pm – 10.15pm. International  
Dancing with CIFDA (Canberra International Folk  
Dancing Association), Uniting Church Hall, Denman St,  
Yarralumla. Cost \$10/session (includes supper, first 3  
nights are free). Contact Carol (02) 6251 3096 or Kaye  
(02) 6288 6138 or email: [cmcnally@tpg.com.au](mailto:cmcnally@tpg.com.au)

**Wednesday** 8.00pm – 10.00pm, Irish Set Dancing,  
10 week terms, Reid Uniting Church Hall, Coranderrk St  
(cnr Dirrawan Gardens), Reid. Cost: Monaro Folk  
Society members \$4 session or \$30 term; non-members  
\$5 session or \$40 term. Contact Paul Wayper on 0422  
392 081, 02 6279 6251(w) or email  
[paulway@earthling.net](mailto:paulway@earthling.net)

**Thursday**, 7:30 – 9:00pm Folk Dance Canberra –  
FDC: sessions for Intermediate folk dancers in  
International Dances, at Folk Dance Canberra Hall, 114  
Maitland St, Hackett. Contact: Theresa (02)62871512

**Thursday**, Canberra Scandinavian Folk Dance  
Group, 2 evenings per month, Yarralumla Uniting  
Church hall, Denman St. Beginners welcome, partners  
not necessary. Contact Roger Gifford (02)62995547 or  
email [randcgoogong@gmail.com](mailto:randcgoogong@gmail.com)

**Friday** 7:00 – 10pm, 1<sup>st</sup> Friday of each month,  
traditional and modern Greek Dancing, Folk Dance  
Canberra Hall, 114 Maitland St, Hackett. Cost \$10.  
Contact Maria (02) 6231 4472.

**Friday** 10.30am – 12noon. New Beginners' Class,  
Folk Dance Canberra Hall, 114 Maitland St. Hackett.  
Contact Theresa: (02)62871512

**Sunday** 4.00 – 6.30pm. Earthly Delights' circle,  
couples and set dances, YMCA Sailing Club,  
Alexandrina Drive, Yarralumla, \$10 casual, \$5 regular.  
Contact. John or Aylwen (02) 6281 1098.

### NEW SOUTH WALES

#### Sydney

**Monday** 10 – 12 noon. During school term.  
Earlwood Senior Citizens Centre, cnr of Homer and  
Hartill-Law Sts, Earlwood. Contact Debbie 0427 315 245  
[m.d.hotchkis@gmail.com](mailto:m.d.hotchkis@gmail.com)

**Monday** 6.30 – 8pm. Scottish Country Dancing for  
beginners with 'Scots on The Rocks', Fort Street Public  
School, Observatory Hill, Sydney. Contact Nea 02 9904  
1358 (ah) or Lynn 02 8244 9618 (bh) or email  
[SCDancers@netspace.net.au](mailto:SCDancers@netspace.net.au). Internet:  
<http://www.rscds.org.au>

**Monday** 6.30 – 7.30. Balkan Social dance classes,  
Croydon Park Public School, Georges River Road, \$50  
month. Yorgo 0412 861 187

**Monday** 7.30pm. Bush dancing for beginners (Bush  
Music Club) Pennant Hills Community Centre (opp

**Tuesday, Wednesday and Thursday**, Day and  
evening sessions, Sutherland Shire Folk Dance Group.  
Contact Kaye Laurendet (02) 9528 4813.

**Tuesday** 11.45am – 12.45pm beginners &  
intermediate (school term only). International Folk

Dancing – classes for older women. BOWWC at Bankstown Police & Community Youth Club (PCYC), cnr Meredith St & French Ave, Bankstown. Contact Wendy Walsh 02 9564-1520

**Tuesday** Greek Folk Dance classes with Vas Juniors 5 – 6 p.m. at Mytelian House. Canterbury, 255 Canterbury Rd, Canterbury.  
Juniors 6.30 – 7.30 and Seniors 7:30pm – 9:00pm. At Pontian House, 15 Riverview Road, Earlwood. Contact Vasili 0407 081 875, [info@greekdancing.com.au](mailto:info@greekdancing.com.au)  
[www.greekdancing.com.au](http://www.greekdancing.com.au)

**Tuesday** 6.00 – 8.00pm Scottish dancing in the city. 'Scots on The Rocks' meet at Fort Street Public School, Observatory Hill, Sydney. Contact Nea 02 9904 1358 (ah) or Lynn 02 8244 9618 (bh); email [SCDancers@netspace.net.au](mailto:SCDancers@netspace.net.au). Website: <http://www.rscds.org.au>

**Tuesday**, 7.30pm, Swedish Folk Dancing with Linnéa, 141 Campbell St, Surry Hills (close to Central Station). Contact Graeme Traves, (02) 9874 4194 or [linneafolk@hotmail.com](mailto:linneafolk@hotmail.com)

**Tuesday**, 7.30pm – 8pm (beginners) 8pm – 9.30pm (advanced), Turkish Dance classes, with Yusuf Nidai, Auburn Girls High School. Yusuf Nidai (02) 9646 1166.

**Tuesday** Sydney Playford Dance Group – old English dances, 7.30 – 9.30pm, 1<sup>st</sup> Tuesday of each month (except January). Bush Music Club hut (44), Addison Road Community Centre, 142 Addison Road, Marrickville. Julie or Alex 9524 0247.  
[www.facebook.com/sydneyplayford](http://www.facebook.com/sydneyplayford)

**Tuesday**, 8pm – 9.45 pm, Hungarian Dance classes, with Gary Dawson, cost: \$10/\$5 per class. Now held at St Peter's Public School Hall. Please ring first. Gary Dawson 0425 268 505 [gazad@aapt.net.au](mailto:gazad@aapt.net.au)

**Wednesday** 8.00 – 10pm. Australian Heritage Dancers, rehearsals, Annandale Neighbourhood Centre, 79 Johnston St, Annandale). Contact Patrick Burnett: (02) 9957 6049.

**Thursday** 6pm Irish step dance class for children, 7pm Irish step dance class for adults, 8pm until 10.30pm Irish ceili and set dancing with the Sydney Irish Ceili Dancers, Kingsgrove Uniting Church Hall, 289A Kingsgrove Road (cnr Moreton Avenue), Kingsgrove. Contact (02) 91506765.

**Thursday**, Greek Folk Dancing 7.30pm Clio group – 21 years and up. Mytelian House Canterbury, 255 Canterbury Rd, Canterbury. Vasili 0407 081 875 <http://www.greekdancing.com.au>

**Thursday**, The Heb-roots Israeli Dance Group, 7.30-9.30pm, North Shore Temple Emanuel, 28 Chatswood Ave, Chatswood. Contact: Jayme Akstein 0404553789

**Friday**, Greek Folk Dance. 6pm – 7pm Junior group. Adults – 7:00pm – 8:30pm. St Therapon Greek Orthodox Church Hall, 323 Cumberland Highway, Thornleigh. Vasili 0407 081 875  
[info@greekdancing.com.au](mailto:info@greekdancing.com.au)

**Friday**, 8-9 pm. Seniors, Serbian Traditional Folk Dances with Djordje (George) Nikolic; ph: (02) 9726-6051 address: 56-58 Bareena St, Canley Vale. Full school terms cost \$100.00; Books „Trilogy“ \$350.00 or on USB \$100.00 Contact: Djordje (George) Nikolic Mb: 0414-949-522 or Email: [djordjenikolicdance@gmail.com](mailto:djordjenikolicdance@gmail.com)

**Friday**, 8 – 11pm. Sedenka International Folkdance Group, Rozelle Neighbourhood Centre, 665A Darling St, Rozelle. Contact Chris (02) 9560 2910.

### **Bateman's Bay**

**Tuesday** 1.30-3.00 Easy/Intermediate Folk Dance (U3A), Community Hall, Flora Crescent, Batemans Bay, NSW. Visitors Welcome. Contact Audrey (02) 44722642 or email [audmar@oneseniors.com.au](mailto:audmar@oneseniors.com.au)

### **Blue Mountains**

**Thursday** 1.30 to 3.00pm, Israeli Folk Dancing. The Lawson Community Centre, Lawson. Contact Yudit Kayatsky (02) 4759 1952.

**Thursday** 7:30-9:00 pm Beginners/Intermediate 9:00-9:30 pm Advanced. The Blue Labyrinth World Dancers, St Finbars Church hall, Levy St Glenbrook. Contacts: Jeanette (02) 4739 0909 or Jo (02) 4739 6498

### **Braidwood**

**Monday**, 9.30 am Beginners; 10am – 11am, Braidwood Folk Dance Group, Braidwood RSL Hall, Braidwood. Contact Noela (02) 4842 8004.

### **Bowral**

**Thursday** 9.00 – 11.00 am. Southern Highlands Recreational International Folk Dance Group. Presbyterian Hall, Bendooley St. Bowral.

Beginners start at 9 am. Contact Margaret Connor (02) 4861 2294.

### **Central Coast**

**Thursday** 8.00pm – 10.00pm. Israeli and International dances, Woodport Primary School, Ernest St, Erina, \$6 per lesson, free 1<sup>st</sup> lesson, \$50 for 10 weeks. Contact: Avi Zohar, 0417 208 150 (m), [avzohar@hotmail.com](mailto:avzohar@hotmail.com)

### **Newcastle**

**Monday** 8-9 pm. Seniors, Serbian Traditional Folk Dances with Djordje (George) Nikolic; ph: (02) 9726-6051 Address: 38 Gosford Road, Broadmedow (Newcastle). Full school terms cost \$100.00; Books „Trilogy“ \$350.00 or on USB \$100.00 Contact: Djordje (George) Nikolic Mb: 0414-949-522 or Email: [djordjenikolicdance@gmail.com](mailto:djordjenikolicdance@gmail.com)

### **Nimbin**

**Wednesday** Israeli Dance Class 4.30 – 6 p.m. Back of main stage, School of Arts Hall, Cullen Street, Nimbin \$12 week, \$10 if paid by month. Special beginners intro \$5 per week for 5 consecutive weeks. Beginners to advanced Please call first if you haven't attended before Liora 6624 4216 or [liora@people.net.au](mailto:liora@people.net.au)

### **Nowra**

**Tuesday** Nowra Scottish Country Dance Group 7.30 pm – 9.30 pm, St Andrews Church Hall, Kinghorne Street, Nowra (next to Woolies). Contacts: Rosemary Gardner 0244466332, [gardrm@bigpond.net.au](mailto:gardrm@bigpond.net.au)  
Alex Gardner 0244466332, [gardag@bigpond.com](mailto:gardag@bigpond.com)

### **Port Macquarie**

**Monday** 9.30-11.30 am Beginners U3A, **Thursday** 4-6 pm Intermediate U3A, 16 Kingfisher Road, Port Macquarie. Contact Christine Battisson (02) 6581 5760

### **Queanbeyan**

**Sunday** 6.30pm – 8.30. Macedonian Folk Dance classes, with the cultural association, "Razigrana Makedonka", Macedonian Community Centre (upstairs, 266 Crawford St, Queanbeyan. Contact Aleks Celeski, 0411 145 443 or email [ac\\_maco@hotmail.com](mailto:ac_maco@hotmail.com).  
[www.sportscentrez.com/qmdg.htm](http://www.sportscentrez.com/qmdg.htm).

### **Shoalhaven area**

**Monday**, 7.30pm. Balkan & International Folk Dance, Cambewarra Hall, Main Rd, Cambewarra. Contact Suzi Krawczyk 02 4446 0569 or email: [plotki@westnet.com.au](mailto:plotki@westnet.com.au)

**Tuesday**, (school terms only), **2.30pm – 4.30pm**,

"FDA – Callala", international folk dance, Callala Bay Progress Hall, Boorawine Terrace, Callala Bay. Contact Maureen Petherick 02 4446 6550 or email:

[mep4@bigpond.com](mailto:mep4@bigpond.com)

**Friday**, (school terms only), 8pm – 10pm, Shoalhaven Folk and Bush Dance Club, Cambewarra Hall, Main Rd, Cambewarra. Easy social dances, Colonial, Scottish, English and Folk. All welcome. Contact Margaret 02 4421 0557 [msharpe@shoal.net.au](mailto:msharpe@shoal.net.au)

### **Taree**

**Monday**, 5 pm – 7.00 pm, Community of Christ Hall, High St, Taree. Contact Sandra Bassetti (02) 6552 5142.

**Thursday**, 9 – 11 am, Manning River Sailing Club, River St, Taree. Contact Sandra Bassetti (02) 6552 5142.

## **NORTHERN TERRITORY**

### **Darwin**

**Monday** 5.15 – 6.45pm World Dance Darwin. Contact Lynette 08 8927 5415

**Tuesday** 6 – 8pm. International and Playford Dancing – Beginners to advanced at the Railway Institute, Parap. Contact Anna 08 8981 6400.

## **QUEENSLAND**

### **Brisbane**

**Tuesday** 7.30 – 9.00 pm, Israeli Folk Dancing, St Ignatius School Hall, 46 Grove St, Toowong, Maya 0403 142 568, [Shvoong.Brisbane@gmail.com](mailto:Shvoong.Brisbane@gmail.com)

**Wednesday** 6.45 – 8.00pm, Academy of Greek Dancing, Jagera Arts Centre, 121 Cordelia Street, South Brisbane 4101. Contact Victor Comino 0414 382 669.

**Friday** (2<sup>nd</sup> & 4<sup>th</sup> of month) 8 – 10.00pm, Brisinta International folk dancing, Uniting Church Hall, cnr Kingsley & Kadumba Sts. Yeronga. \$8. Contact Lyn or Barry (07) 3379 2088.

**Saturday** (4<sup>th</sup> Saturday of month) 8 -11pm. Colonial/bush, Celtic, American Contra and multicultural dancing. Morningside School of Arts, cnr Wynnum & Thynne Rds, Morningside. Music by the Champion Moreton Bay Band. Supper provided. Ph Vic or Jan on (07) 3848 7706. [colonialdance@optusnet.com.au](mailto:colonialdance@optusnet.com.au)

### **Cairns**

**Wednesday** 8p.m. – Italian dancing classes, Tennis Court Hall, Windarra St, Woree. Contact (07) 4054 4259 or (07) 4051 1065.

**Thursday** 7p.m. – Bavarian, Austrian and Swiss folk dance practice, Germania Club, Winkworth St.

### **Mt Morgan**

**Sunday** 3 – 5pm, Mt Morgan Community Services Hall. Gold coin donation Nicholai 0407178228 07 4938 2679 [tonicho1995@hotmail.com](mailto:tonicho1995@hotmail.com)

### **Rockhampton**

**Thursday** 7.30-9.30pm – "Capricornia Dance & Music Exchange" International and other dances, Women's Health Centre, Cnr Bolsover & Derby Sts, Rockhampton, Qld. Contact Nicholai 0407178228, 07 4938 2679 [tonicho1995@hotmail.com](mailto:tonicho1995@hotmail.com) gold coin donation

### **Sunshine Coast**

**Monday** 9.30 – 11.30 a.m. Buffaloes Hall, Price Street, Nambour. \$5. Contact Lorraine 07 5445 1740.

**Tuesday** 9.30 – 11.30, U3A International Folk Dance classes for beginners, Buffaloes Hall, Price

St.Nambour, Contact Angelina 07 5441 7757, email [angelina.h.13@bigpond.com](mailto:angelina.h.13@bigpond.com)

**Friday** 9.00 – 11.30 a.m, Noosa Bicentennial Hall Annexe, Bicentennial Drive, Noosa, \$7. Contact Danni 07 5471 0409 or email [dannilyn@hotmail.com](mailto:dannilyn@hotmail.com)

### **Townsville**

**Monday** 1.30-3.00pm U3A Beginners Class, Heatley Community Centre, Lindeman Avenue. Contact Philippa 0417780016

**Tuesday** 6pm – 7.30pm; International Folk Dancing at the AWU Hall, Sturt St, Townsville. Contact Maurice (07) 47722757.

**Saturday** 2pm – 4.30pm, International Folk Dancing at the AWU Hall, Sturt St, Townsville. Contact Maurice (07) 4772 2757

## **SOUTH AUSTRALIA**

### **Adelaide**

**Monday** 7 – 10pm, Adelaide International Folk Dancers, RSL Hall, Woods St, Norwood. Teaching for taught followed by general dancing. Mundaring Scout Hall, Jacoby St, Mundaring, contact Jenny Currell, (08) 9298 9069 or 0418 899391.

**Tuesday** 7.30pm – 9.30pm, (2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Tuesday of the month), Australian Traditional & Bush Dance Society (ATBDS), Prospect Town Hall, Prospect Rd, Prospect. English, Scottish, Irish dances and some American Contra style dances. 8255 9243 or 8261 8255 [atbds@chariot.net.au](mailto:atbds@chariot.net.au)

**Tuesday** 10am, International Dance: Community Centre, Tynte St, Nth Adelaide. Contact Ann Tregenza 08 8295 2576.

**Thursday** 11am – 12 noon, International Dance: Community Club, Glenelg Community Centre, Colley Terrace, Glenelg. Contact Ann Tregenza 08 8295 2576.

**Saturday** 1pm – 5pm, Cajun dancing (1<sup>st</sup> Saturday of the month), Cajun Club, Governor Hindmarsh Hotel, Port Road, Hindmarsh, Adelaide. Dancing session followed by Cajun music session 2.30 pm – 5pm led by the Backdoor Cajun band. Contact Martin at [cajunsa99@hotmail.com](mailto:cajunsa99@hotmail.com)

## **TASMANIA**

### **Hobart**

**Thursday** 8pm, Hobart Multicultural Dance Group, \$5 + contribution to shared supper, St James Hall, Rupert Av, New Town, contact Graeme (03) 6239 1553, Krista & Peter (03) 6227 8471 or email Peter: [PeterSands@netspace.net.au](mailto:PeterSands@netspace.net.au)

## **VICTORIA**

### **Melbourne**

**Tuesday** 7.30 – 10pm. Greek traditional, popular, national & folkloric dancing at Margaritas Centre of Greek Dance & Folklore, Richmond Community Primary School, Cnr Davidson & Kent Sts, Richmond. Classes for beg/inter/advan or private lessons. Also available for teaching intellectually, sensory & physically disabled (03) 9583 1173 (all hours) or Mobile 015 821 203.

**Wednesday** 6 – 10pm. Pine St Hall, Pine St. Cheltenham. Contact Margarita (03) 9583 1173.

**Thursday** 10.00am. International Folk Dancing, U3A, Dandenong, Uniting Church Hall, Birch Ave. North Dandenong. Contact Conny (03) 9792 9377.

**Friday** 7.30 – 10.00pm, every 2<sup>nd</sup> Friday of each month. International Dancing, Box Hill Ballet Association

Hall, Whitehorse Rd, Box Hill. Contact Jan Turner (03) 9434 3368 or email [jant@alphalink.com.au](mailto:jant@alphalink.com.au)

**Saturday** 4<sup>th</sup> Saturday of each month, 1:30 – 3:30pm, St Kilda International Dancers, St Kilda. Address on enquiry. Marie Feigl 5473 3355 or 0412 447 600.

**Sunday** 2 – 4.30pm. Margaritas Centre of Greek Dance. (See above, Tuesday).

## **WESTERN AUSTRALIA**

### **Perth**

**Monday** Souleiado French Dance Group runs classes in French Dances for Australian Kids after school for children in Nedlands, Perth. Contact Laurel (08) 6389 0767, email [laurel@iinet.net.au](mailto:laurel@iinet.net.au)

**Monday** Perth International Dance, 7.00pm teaching, 8.30 -9.30 social dancing. St Margaret's Hall, cnr Tyrell and Elizabeth Sts Nedlands, WA. Contact Nina Thompson (08) 9385 3689, or Palenque (08) 9279 4813 or email [palenqueb@gmail.com](mailto:palenqueb@gmail.com)  
[www.perthinternationaldance.org.au](http://www.perthinternationaldance.org.au)

**Tuesday** 7.45 – 9.45pm. Hora Dance (Israeli), Temple David Social Hall, 34 Clifton Cres, Mount Lawley. Contact (08) 9276 7566 or (08) 9335 2042.

**Thursday** 10 am – Noon, St Paul's Hall, 162 – 164 Hampton Rd, Fremantle. Contact (08) 9276 7566 or (08) 9335 2042.

**Thursday** 7pm, Souleiado French Dance group runs classes for adults in traditional dances from various regions of France in Nedlands, Perth. Contact Laurel (08) 6389 0767, email [laurel@iinet.net.au](mailto:laurel@iinet.net.au) .

**Friday** Perth International Dance, Morning in the Hills, during school terms. 9.30 a.m. lessons, new dances

**Saturday** 10.00am – 12.00 p.m., Perth International Dance, St Margaret's Hall, cnr Tyrell and Elizabeth Sts Nedlands, WA. Contact Jenny Bardill (08) 9381 5235, [JennyBardill@hotmail.com](mailto:JennyBardill@hotmail.com)  
[www.PerthInternationalDance.org.au](http://www.PerthInternationalDance.org.au)



**Bakapayim (Isr) FDC Xmas Party**

## **FOLK DANCING - MEXICO**

Mexican folk dancing is one of the most eye-catching international dance forms around. With a stunning display of colors and upbeat musical accompaniment, folk dancing south of the border signifies a good time.

Like many foreign dance styles, Mexican folk dance has been shaped and influenced by the country's history, including the Mexican Revolution and the Spanish Colonial Period.

Folk dance recognises both the joyful and hard times of Mexican life. Its origins in Mexico are found in Mesoamerican times, when natives performed dances to appeal to the Mayan and Aztec gods. Later on, when the Spanish arrived during the 16th century, European dances like court dancing and polka were infused with the indigenous choreography. Today, there are three forms of Mexican folk dance still used:

- *Danza*, the native ritual dance used for religion and community.
- *Mestizo*, a Western-influenced dance that has been combined with indigenous form, which is the type of dancing usually presented at Mexican Independence Day celebrations, and other festivals and holidays.

*Bailes Regionales*, the regional dances that are created by individual communities. As a tourist in Mexico, you will often find these in community theater and dance studio performances.

(Source: Wikipedia)

This advert, and the one on page 11, have been contributed by the *Earthly Delights Historic Dance Academy* which is based in Canberra. They are recent members of FDA, and more information about their organisation and activities will follow in the April edition of 'Footnotes'.

## DANCE TOURS TO ARMENIA MAY 13 -25 & SEPTEMBER 16-28



€ 1555 EURO (flight included from several European cities) € 1105 (land only)  
Information: [www.tinekevangeel.nl](http://www.tinekevangeel.nl)

2 Armenian guest teachers and various sightseeing tours

Explore  
Armenia!

## CULTURE TOURS TO ARMENIA

€ 1995 EURO (flight included from several European cities) € 1545 (land only)

May 28 – June 12

October 1 - 16

Information: [www.armeniaholiday.com](http://www.armeniaholiday.com)

Land of Stones, a nation with an ancient culture and numerous monuments to show for it, an impressive variety of landscapes, inhabited by warm-hearted, welcoming people.

### Tour management and information: Tineke van Geel

Hoofdweg 54,8383 EH Nijensleek, The Netherlands

tel. +31-521-380-382

E-Mail: [info@tinekevangeel.nl](mailto:info@tinekevangeel.nl)

### MORE DATES FOR YOUR DIARY

7 Feb	<b>Dance Party with Anita, 10-12 and 2-4pm at Mt Mee, With lunch at Eric &amp; Jackie's in between!</b> Email: <a href="mailto:danceatina@gmail.com">danceatina@gmail.com</a>
8 Feb	<b>FDA AGM and Dance Workshop, 10am-3pm, Redfern Town Hall, Pitt Street, Redfern.</b> Sandra: 02 65525142 Kaye: 02 95284813
13 Feb-7 Mar	<b>Perth International Arts Festival, held at various venues throughout the city.</b> <a href="http://www.2015.perthfestival.com.au">www.2015.perthfestival.com.au</a> <b>No index entries found.</b>
22 Feb	<b>Queanbeyan Multicultural Festival, Queanbeyan Park, Lowe St. 10am-4pm.</b> Free Entry. <a href="http://www.visitqueanbeyan.com.au/carnivale">www.visitqueanbeyan.com.au/carnivale</a>
6-9 Mar	<b>WOMADelaide, Botanic Park Adelaide. (WOMAD – the World of Music, Arts &amp; Dance)</b> <a href="http://www.womadelaide.com.au">www.womadelaide.com.au</a>
2-6 April	<b>National Folk Festival, Exhibition Park, Canberra. '5 Days in a Perfect World'</b> <a href="http://www.folkfestival.org.au">www.folkfestival.org.au</a>
2-9 May	<b>'Music on Magnetic': workshops, classes and entertainment.</b> <a href="http://www.musiconmagnetic.com.au">www.musiconmagnetic.com.au</a>

HAVE YOU RENEWED YOUR SUBSCRIPTION FOR 2015?



**Folk Dance Australia Inc.**

Application for 2015 Membership Jan-Dec

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

Please send Membership/Renewal Form with membership fee of **\$30** (or \$25 if Footnotes is to be emailed to you) as a money order or cheque made out to Folk Dance Australia Inc to:

The Membership Secretary  
 Folk Dance Australia  
 95A Grays Pt Rd,  
 Grays Point, NSW 2232  
[m.d.hotchkis@gmail.com](mailto:m.d.hotchkis@gmail.com)

Or you can pay by Internet:  
 Transfer AU\$30 (\$25) to St George Bank, BSN: 112879, A/C No 439 730 886

Please tick this box if you would like a receipt posted to you.

**If Footnotes is emailed to you instead of posted your Membership Fee is reduced to \$25**

\*\*  I would like my Footnotes Newsletter to be emailed to me instead of posted. \*\*

Yes  No I give permission for my name and photos of me to be printed in any of the Footnotes Newsletters and also within any of the pages which form the website known as [www.folkdanceaustralia.org](http://www.folkdanceaustralia.org) whether I am a currently paid-up member or not.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

PS: Dear Readers,

You will notice that 'Footnotes' has changed slightly, and there are several reasons for this. The main purpose is to reduce the gremlins resulting from years of overlaying copy on format and layout. For example, a photo which was carefully placed with its article on page 3, would suddenly appear on page 16, or even disappear all together. Copy (text) would sometimes slip behind pictures and refuse to come out. Updated Word and Mac systems are often incompatible with older existing tools and functions.

It is a work in progress, and I welcome constructive input from readers. Please bear in mind that editing 'Footnotes' is, as it has been for previous Editors, an enormously time-consuming task, though very rewarding.

Finally, an apology for the slightly late delivery of this edition: (Webmaster) Janene's trip to Tasmania followed closely on my trip to NZ to catch up with my sister from England and her new granddaughter.

Live Life Love Dance,  
Yours,  
Philippa

