

FOLK DANCE AUSTRALIA Inc.

# Footnotes

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Newsletter N<sup>o</sup> 6 December 1991

## NOTICE OF ANNUAL GENERAL MEETING

The first Annual General Meeting of Folk Dance Australia Inc. will be held on Sunday, 9 February 1992, at the Woodstock Youth Centre, Church Street, Burwood, NSW, commencing at 10.00 am. The business to be conducted will be to receive from the Committee reports upon the activities of the Association, to receive from the Graduate Sub-Committee a report on its activities, to elect office bearers of the Association and ordinary members of the Committee and to receive financial reports on the activities of the Association. Members desiring to bring any business before the general meeting must give notice in writing of that business to the Secretary.

The youth centre is next door to the Woodstock Community Centre which is near the Burwood Senior Centre. Please bring a "plate" for lunch. As this is our first AGM let's make it a special event. Come along and help us plan for the future.

### MEMBERSHIP RENEWALS

The committee has decided that the financial *year* of the association will coincide with the calendar year. Therefore membership fees of \$10.00 are due between 1 January 92 and the opening of the AGM. Members who joined the Association after 1 October 1991 will have their membership continued into 1992.

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## TEACHER TRAINING COURSE

### Progress Report from the ACT

What with the 26th National Folk Festival being organised for next year here in the ACT, it's become a bit of a "how-to-get-your-prac-teaching-hours-up-while-doing-a-million-other-things" type year, for Alison who bravely volunteered to help with the festival and Anitra has been caught up in some courses too, but we're slowly managing to get some hours up between the three of us.

I personally have just had a great 5 week time slot with children at one of the local primary schools. I approached this with great trepidation, but it turned out to be the most marvellous fun - the kids loved the great music and dances. I had thirty 3rd grade children for one session and thirty 6th grade children for the second session, so it kept me on the hop but I loved it and it was such a worthwhile experience. I have also done some teaching at CIFDA with great cooperation from my dancing club mates - we're so lucky here in the ACT to have so many outlets to practice our teaching skills.

Looking forward to seeing some of you at the review weekend in February. Keep dancing!

**Audrey Maher (ACT)**

## WORKSHOP REVIEWS

### **GREEK DANCE with ANDREW ROSSIDES** on 8 Sept 91

Andrew and Sofie Rossides led the Folk Dance Australia September workshop on Greek dance at St. Stephen's Church Hall, Newtown. Andrew began with some easy line dances and a couple dance that we could accomplish fairly quickly. This put us all at ease as we danced to the great music he had selected.

The final couple dance that he and Sofie taught us was really a challenge and we were left with some great claps and turns to master later and lots to remember. The dances were varied and enjoyable and I felt quite a degree of satisfaction as I danced all the dances through as we finished the workshop. My husband came along for the first time to FDA workshops and as a beginner dancer, (he's usually behind an instrument in most dance situations) felt anxious initially but he was soon gliding around and he thoroughly enjoyed himself.

In the break Sofie and Andrew had costumes and books to show us and they were able to impart some interesting information about the great variety in Greek culture and dance. For me, it was fun to see some familiar faces from the dance teacher's course and from previous workshops and to catch up, even if briefly. I went home keen to receive my copy of the music and to try the dances again and I look forward to the next workshop.

**Carol McIntyre Crees (NSW)**

**ROMANIAN DANCE with MIHAI DAVID 16/17 Nov 91**

Yet another opportunity to increase our repertoire of international dances and to restore the soul. A definitely classically trained Romanian dancer, Mihai David arrived from Tasmania to take on a keen group of Canberra dancers and a few Sydneyites.

Our morning started at 10.00 am with a warm-up and we all got a feel for some of the basic Romanian steps, Romanian style and rhythm. We danced (or should I say stamped) our way through the day, finishing with a review of all the dances. On Sunday, again at 10.00 am everyone came back for more!!!!

Mihai continued to exhaust us with one final but more difficult dance of many combinations. On our request he then staged a solo performance, demonstrating some more technical sequences. We all appreciated the high quality of technique.

Mihai David conducted a fine workshop and we had learnt thirteen dances by 1.15 pm on Sunday (the close of the day).

What a wonderful two days of dance we all had, intermingled with a background of the history of Romania - it left us with a much wider knowledge and appreciation of the people of that land and the passion for dance.

Thank you to Mihai for sharing and teaching his beautiful Romanian dances to us.

**Sandra and Lisa Bassetti (NSW)**

## FORTHCOMING WORKSHOPS

Definite dates next newsletter for a GERMAN WORKSHOP and for Ramon Doringo to finish off his PHILIPPINO WORKSHOP.

## MONARO FOLK MUSIC SOCIETY

CANBERRA EASTER 17 - 20 APRIL 1992



# 26<sup>th</sup> National Folk Festival

It's going to be terrific! The hard working committee members are drafting their music & dance programs in which there will be something for everyone. The dance programme is starting to look great. There will be workshops on aboriginal dancing, belly dancing, Irish step and set dancing, international folk dance, Scottish, English Country, Greek, Hawaiian & Tahitian, Serbian, Contras, Mazurkas. Colonial.

Romanian, Israeli, Hungarian, Balkan, Macedonian, European couple dances, Playford, Canberra dances, English Clog, Apted collection, Running Set. There will also be a welcoming Ceilidh, concerts, dance displays, bush dancing at the Woolshed, Festival Ball at the Albert Hall, a Celtic Dance, an International Dance, Tea Dances for the whole family, a Farewell Dance and a Children's Festival.

Tickets are on sale now (\$60.00 for the 4 days) from  
The Festival Organiser, Robin Nahum, Box 277, Curtin ACT 2605.  
Tel. (06) 282 1322.

## **BITS AND PIECES**

Karina Dimits in Yeerongpilly, Brisbane, (a graduate of the first Teacher Training Course in Sydney) advises us that her group now has a new name, "BRISINTA". They've had a few demo/participation dances in community events e.g. East Brisbane Community Centre and "The Valley" Mall for Arts Week in association with the AADE. Both events went well. They had simple dances for people to join in and members of their group were very supportive. Karina also did a workshop in November with an artist and a musician. It was an introduction to international music and dance and then a look at the background of dance making with some creative work involved to make a group/community dance. In the evening friends were made welcome and joined in with a folk dance and song night. It was Karina's first big workshop.

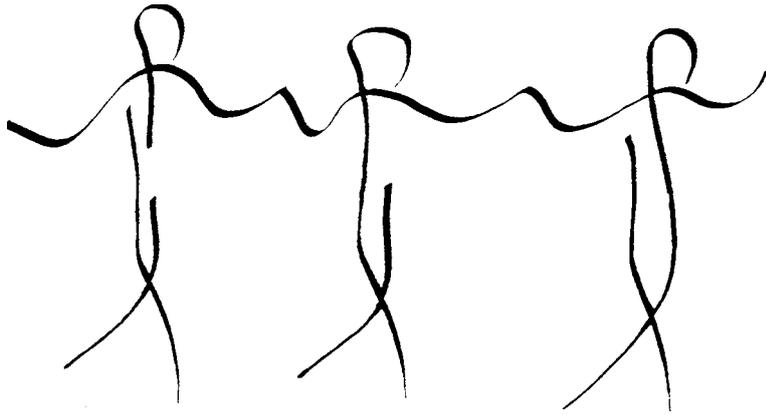
John Whaite who lives in Perth (a current student of the Sydney Teacher Training Course) has been busy compiling a list of folk dance venues around Australia. John has sent us his latest list which we will endeavour to pass on to members as soon as possible. He intends to update the list every 6 months. Just to let members know how effective the list is, a gentleman by the name of Terry turned up at one of Christine's classes in Canberra last week carrying John's list in his hand. He is apparently cycling his way around Australia and was in Perth some months ago where he met John Whaite.

Roger Pahl, of the Australian Association for Dance Education in South Australia advises that the AADE SA, The Adelaide Folkloric Society and Adelaide Community Music are currently working together on a unique proposal for 1992 which aims to provide valuable support and skill development for multicultural dance and music in South Australia. For further information contact Roger Pahl, AADE(SA) on (08) 231 9407.

Margaritas Centre of Greek Folkdance and Folklore in Melbourne provides expert tuition in traditional, national popular and folkloric dances from all regions of Greece. The emphasis is on the integral part Greek dance plays in the daily lives of the Greeks, both in Greece and of the Greeks who live abroad. Classes at all levels are available as well as Margaritas performance dancers. See "What's on Where" for details of days and venue.

## FOLK DANCE AUSTRALIA LOGO

Our search for a logo continues. This one was sent in by Gary King from Melbourne.



This was sent by one of the students of Carol Maddocks in Sydney.



## GOULASH

Hungary's national dish Gulyas eaten in one form or another around the world, means shepherd's or herdsmen's stew. It is thought that Gulyas was invented by shepherds, who cooked it on an outdoor fire.

Traditionally, it is prepared in a large kettle called bogracs.

There are so many versions of goulash served in other countries that it is difficult to identify the truly Hungarian dish. However, the stew is a thick one made with cubes of beef, preferably a little fatty, onions and paprika. Sometimes the stew is also flavoured with garlic or caraway seeds and some versions include tomatoes or tomato puree and green peppers. Diced potatoes or small noodles may be cooked with or added to the goulash.

The stew is properly thickened, not with flour, but by long, slow cooking. Hungarians point out that in order to make a really good goulash, one must use their highly prized sweet paprika.

- 1 kg boneless beef - chuck or stewing meat.
- 2 tablespoons lard or other fat.
- 2 large onions, peeled and chopped.
- 2-3 tablespoons Hungarian paprika.
- Salt and pepper to taste.
- 2 medium tomatoes, peeled and chopped (optional).
- 1/2kg (3 medium) potatoes, peeled and diced.

Wipe meat dry and brown in lard on all sides in a kettle. Push meat aside; add onions and more lard, if needed. Sauté until tender. Stir in paprika and cook 1 minute. Add enough water to cover; cook very slowly, tightly covered for 1 hour. Add tomatoes and potatoes; continue to cook another 30 minutes, or until beef and potatoes are tender. It may be necessary to add a little more water during cooking, but final gravy should be thick. Serves 4 to 6.

## **FAMILY DANCES in the ACT**

Folk Dance Australia's last family dance for the year was held on Saturday, 16 November and what a night to remember. At one stage during the evening we were struggling to fit more families into the hall and comments were being passed around about finding a larger hall next year. We'll see what happens in February when we resume our family dances again.

We had families from Hughes Primary School (where I had recently taught folk dancing at their family picnic day), visitors from New South Wales with Kaye Laurendet as guest teacher, FDA members and their families, Monaro Folk Music Society members, AADE members, senior citizens and my children's class who did a performance and their families, plus several school teachers. The school teachers were impressed and very enthusiastic and are now working towards pushing for more folk dance in the schools. Isn't that great. My children's group did exceptionally well (they only started last term) and did dances from France, Greece and Israel. Their proud parents sat watching them and there was great applause at the end.

People arrived loaded with food for supper (one of the highlights of the evening for the children) and my family all rallied round as usual - Andrew on the door, Alison helping my parents in the kitchen and Jim organising the music in between helping to demonstrate dances with Kaye and myself. After all our hard work during the year I can honestly say that it was all worthwhile especially when you manage to get a hall full of people. It's a very satisfying experience and a wonderful boost for Folk Dance Australia.

**Christine Battison (ACT)**

## **RESOURCES FOR SALE**

### **ADULTS' INTERNATIONAL FOLK DANCES by Andre Van de Plas**

|                               |         |
|-------------------------------|---------|
| 1989 tour. Book and cassette. | \$25.00 |
| 1990 tour. " " "              | 25.00   |
| 1991 tour. " " "              | 25.00   |

### **CHILDREN'S INTERNATIONAL FOLK DANCES**

by Andre Van de Plas

|                               |         |
|-------------------------------|---------|
| 1986 tour. Book and cassette. | \$20.00 |
| 1989 tour. " " "              | 25.00   |
| 1991 tour. " " "              | 30.00   |

### **VIDEOS OF ADULTS' FOLK DANCES by Andre Van de Plas**

|                                  |              |
|----------------------------------|--------------|
| 1989 tour. 1990 tour. 1991 tour. | each \$35.00 |
|----------------------------------|--------------|

All prices include postage and packaging.

Also for sale "**LEISURE MOVEMENT FOR ALL**" which is a collection of 38 traditional folk dances adapted to suit people with special needs especially those who are physically or mentally disadvantaged. The dances are described in three different ways on the video and in the book as being (1) from the country of origin, (2) for special needs and (3) from the armchair.

This kit has been put together by Ruth Ames & Mufriday Ulmansky who both live in New Zealand. It is available from Nan Bosler, Creative Leisure Movement, Narrabeen Community Learning Centre, Pittwater Road, North Narrabeen, N.S.W. 2101, at a cost of 990.00 including postage.

### **JAPANESE FOLK DANCE "TANKO BUSHI"**

Two of Christine's folk dancers (Jim & Elizabeth) from her senior citizens group recently visited Japan. Whilst there they made enquiries about the Japanese coal miner's dance "Tanko Bushi". Many Japanese knew of the dance and said that it was mostly danced at the end of spring which was unfortunate for Jim & Elizabeth because they did not get to see the dance performed.

However, Alison McLean in Canberra has a Japanese student presently staying with her and he has very kindly provided us with a loose translation of the words of the dance after listening to the music.

The words are old Japanese words and the characters are animals instead of people.

The miner (a mole) is working in a mine away from his wife and family. The mole does not like the sun but the night is good. He comes out of the mine at night and goes to meet his girlfriend who lives in the mining town and who he prefers. On this particular evening the moon has appeared above the mountains. The chimney on the miner's home is very tall and the moon is not comfortable with the smoke from the chimney. (The moon is the wife and she is crying from the smoke.) The miner while looking at the moon is reminded of his wife who is back at home. The wife's heart is breaking. He is also reminded of his reason for being at the mine which is to earn money to keep his family.

## WHAT'S ON WHERE

### International Folk Dancing

#### **A.C.T. (Canberra)**

**Tuesday** 10 to 11.30 am. FDA Beginners' classes with Christine, Corroboree Park, Ainslie. Cost \$3.

**Wednesday** Canberra International Folk Dance Assoc. at Hughes Community Centre from 7.45 pm to about 10.45 pm. Admission \$3.

**Thursday** Woden Senior Citizens dance at their club rooms from 12.30 to 2.00 pm. Admission 500.

FDA Beginners/Intermediate classes at Corroboree Park, Ainslie, with Christine 7.30 to 9.00 pm. Cost \$3.

**3rd Saturday of the month.** FDA Family Dances at the Woden Senior Citizens hall from 6.30 pm. Admission \$4 Adults \$2 Children.

Contact Christine or Jim (06) 241 3563 for ACT.

#### **NEW SOUTH WALES (Sydney)**

**Tuesday, Wednesday and Thursday** Sutherland Shire Folk Dance Group. Contact Kaye Laurendet (02) 528 4813.

**Wednesday 7 - 8 pm.** Carol Maddocks' adult classes, Collaroy Plateau Youth Club, Blandford St Collaroy Plateau. Cost \$2.50.

**Thursday** 8 pm. Irish Set Dancing, Arncliffe. Contact Bill & Margaret Winnett (02) 502 1786(W).

**Friday** Sedenka. Contact Nick Doumani (02) 516 2382.

**Last Saturday of the Month** at Newtown. Hungarian dance with Gary Dawson & Rezeda. Contact Gary (02) 569 3410.

**Sunday** Indonesian dance classes, Addison Rd Community Centre Marrickville, 4 pm, Cost \$5, call Nickolai (02) 558 3119.

#### **(Katoomba)**

**Monday** 6 - 7.30 pm. Mountains International Folk Dance Assoc. (MIFDA), Uniting Church Hall, Katoomba St. Contact Sue Hiscock (063) 531074 or Bronwyn James (047) 572235 or (047) 572316.

## **QUEENSLAND (Brisbane)**

**Friday (2nd & 4th of the Month)** 8.00 pm. International folk dancing with Brisinta at Holy Trinity Hall, 70 Hawthorne St. Wooloongabba. Cost \$3.00. Contact Karina 892 5398, Lyn 379 3603 or Vic 848 7706.

**(2nd of the month)** 8.00 pm. Israeli dancing at Wesley Uniting Church Hall, Princess Street, Kangaroo Point. Cost \$3.00. Contacts Eileen (07) 397 1155 or Libby (07) 349 8626.

### **(Nambour - Cooroy)**

**Monday** Beginners/intermediate at the Lutheran Hall, Sydney Street, Nambour, from 9.30 - 11.30 am. Cost \$3.00. Call Danni (074) 42 8821 or Jean (074) 41 2315.

**Tuesday** Beginners at the Uniting Church Hall, 49 Maple St, Cooroy, from 9.30 to 11.00 am. Admission \$3. Contact Danni (074) 42 8821.

**Thursday** Advanced at the Lutheran Hall, Sydney Street, Nambour, from 12 noon to 2.00 pm. Cost \$3.00. Contacts Danni (074) 42 8821, Delicia (074) 41 4000 or Jean (074) 41 2315.

## **VICTORIA (Melbourne)**

**7 days a week** Classes for all levels at Sheffi's School of Israeli Dance at "Habonim" hall, Cnr. Gordon & Sinclair Streets, Elsternwick. Enquiries Sheffi (03) 699 6343 or Helen (03) 509 7083.

**Tuesdays** International Dance Workshop, Carlton. Enquiries Barbara Baker (03) 819 4833.

Margaritas Centre of Greek Folkdance & Folklore (03) 583 1173. Children 4.30 - 6 pm. Adults 6 - 7.30 pm, Richmond Community Primary School, Cnr. Davidson & Buckingham Sts. Richmond.

**Wednesday evening** Steppes School of Dance. Children's and adults' international dance classes at Hampton. Kim Dunphy (03) 555 4813.

**Thursday** 7.30 - 10 pm during school term. St Kilda International Dance School at St. Margarets Hall, Cnr. Hotham St & Denman Ave, East St Kilda. Cost \$5.00. Contact Marie (03) 534 0345.

**Sunday 2** - 4 pm for adults. Margaritas Centre of Greek Folk Dance & Folklore. (See Tuesday for details of venue).

## **WESTERN AUSTRALIA (Perth)**

**Monday** Perth International Folk Dance Group. Teaching from 7.30 pm dancing from 8.30 at Wembley Scout Hall, Jersey St. Contact John Whaite (09) 444 4736.

## **FDA CONTACTS**

President Carol Maddocks, Tel (02) 905 1563 57  
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2100

Treasurer Kaye Laurendet, Tel (02) 528 4813 127  
Woronora Crescent Como West NSW  
2226

Secretary Chris Battisson, Tel (06) 241 3563  
Editor of Footnotes Jim Battisson,  
14 Nambucca Street  
Kaleen ACT 2617

Merry Christmas and a Happy New Year to our members from the editors and committee of Folk Dance Australia. Rest those weary feet during the Christmas break and we'll be in touch again early in February with our first edition of the newsletter for 1992.

**Jim & Christine Battisson**

## **NEWSLETTER DEADLINE**

We will attempt to produce a newsletter every 2 months but need articles to be sent to us to enable us to do this e.g. Recipes from different countries, background information on dances, reports from various groups around Australia, costume ideas, book reviews, etc.

Please send articles for the newsletter to the editors Jim & Chris Battisson in Canberra.

The February 92 newsletter deadline is 17 January. If notice is received of special business for the AGM, then the deadline will be 10 January 1992.

The April newsletter deadline is 13 March 1992.