

# Footnotes



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127 Woronora Cres  
COMO WEST NSW 2226

**POSTAGE  
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AUSTRALIA**

## Folk Dance Australia

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### OBJECTIVES:

- to promote an understanding and mutual respect for all ethnic groups living in Australia;
- to help promote folk dance in Australia;
- to encourage and develop the skills of folk dance teachers, by providing courses and workshops;
- to serve as a folk dance information network.

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## FROM THE (new) PRESIDENT

*"The dance of all the Arts, is the one that most influences the soul. Dancing is divine in its nature and is the Gift of the Gods".*

Plato

Welcome to this edition of Footnotes. I wanted to start off with a quote from Plato about dance. This quote has resounded within me for many years and I truly believe it. We are truly blessed at the fact that we are able to dance and share this experience with others.

I would like to take this opportunity to thank FDA for giving me this opportunity to be President of a great committee who actually enjoys what they do!

From the AGM some great things are planned for 2007 and beyond - including some great dance workshops/weekends, dance workshops in more rural areas, music and singing lessons – all on the agenda to be discussed. I personally am organising a two day workshop on Greek Dance within the framework of a Greek Association – so people attending the workshop can be exposed to not only the dances, but to also costumes, customs, food and plenty more. I also have made a promise to balance out my school teaching and dancing so I am able to contribute a few more articles to footnotes.

I hope to talk to you all and see you at our next workshop.



**Vasilios Aligiannis, President**



Our new president, Vas, at the 2007 FDA AGM.



### WELCOME TO OUR NEW MEMBERS



*Yvonne Fowler, Callala Bay, NSW  
Jenna Wilson, Callala Beach, NSW  
Martin Butler, Oxley, ACT  
Ann Worrall, Callala Beach, NSW  
Marg & Paul Casey, Callala Bay, NSW  
Maggie Evans, Callala Beach, NSW*

### **Doggone!**

*My dog is just like a member of the family. He won't do what I tell him.*

## FDA NEWS

### WELCOME to the 2007 FDA COMMITTEE!

|                         |                     |
|-------------------------|---------------------|
| President:              | Vasilios Aligiannis |
| Vice president:         | Fiona Clark         |
| Secretary:              | Paul Clark          |
| Treasurer:              | Kaye Laurendet      |
| Publicity Officer:      | Graham Witt         |
| Membership Secretary:   | Debbie Hotchkis     |
| Workshop co-ordinator:  | Sandra Bassetti     |
| Website co-ordinator:   | Paul Clark          |
| FDA TTC co-ordinator:   | Lesley Rose         |
| Resources Manager:      | Kaye Laurendet      |
| Footnotes Editor:       | Maureen Petherick   |
| Print/Mail Coordinator: | Debbie Hotchkis     |
| Committee members:      | Jenny Lester        |
|                         | Margaret Connor     |
|                         | Gary Dawson         |
|                         | Chris Wild          |
|                         | Jo Barrett          |
|                         | Anne Worrall        |
| FDA Patron:             | Carol Maddocks      |

### PRESIDENT'S AGM REPORT - 2006

2006 has been a busy year involving workshops, website development and FDA logo changes. The following is a summary –

**February:** Balkan dances, fresh from their trip to Bulgaria, presented by Sandra Bassetti & Jenny Lester.

**April:** Macedonian workshop, taught expertly by Yorgo Kaporis, coinciding with World Dance Day, promoting the life affirming and health giving properties of dance.

**June:** Armenian feast of dance from Asadour Hadjian's skilled tuition.

**July:** Bowral residential weekend workshop, where we "danced around the world" with André Van De Plas who taught dances from a wide variety of countries.

**August:** Treated to another perspective of Bulgarian dance with guest teacher, Veronika Zaharieva.

**October:** More delicious Balkan dances ably taught by Gary Dawson.

As membership of FDA is Australia wide, the committee has been thinking about the possibility of holding workshops in other centres outside of Sydney in the future. We are aim to do this to facilitate a wider participation amongst members and friends. We look forward to suggestions as to how we can achieve this in the future.

FDA's logo was changed after a successful competition where members submitted their creative ideas. Thank you to all who participated and to the winner designer, Marilyn Charlton.

The more you become involved with FDA the more FDA can be of service to you, the members, so keep communicating with the committee by sending in your ideas, or contributing to the guest book on the website.

The website has recently gone through an upgrade to facilitate the archiving of past copies of the Footnotes magazine, plus securing the guestbook for genuine visitor entries. Please visit and tell us what you think. <http://www.folkdanceaustralia.org> Clear evidence of the

use of the website has been discovered through many inquiries to the committee about classes.

A continuing goal of FDA is to grow in numbers, particularly young people, as these will become the future of our group. We need to look at ways to encourage involvement, through promotion of the enjoyment of international folkdance. So please inject any ideas, no matter how wild, to anyone on the committee.

Thanks must go to the committee who have kept us on our toes with the support of dance workshops and informing us through the compiling and distribution of Footnotes. Your tireless efforts are greatly appreciated. We now look forward to another great year of "dancing around the world" in Australia.



**Fiona Clark, outgoing President**

### FDA MEMBERSHIP / RENEWALS

To join or renew your membership, you can:

1. Pay by internet: Transfer AUS\$25 to St George Bank, BSB: 112879, A/C No 053 969 771 (if renewing, please include your Membership No. in the description)
2. Cut off the Renewal Slip at the bottom of page 16 and send it, together with your \$25 cheque or postal note (made out to **Folk Dance Australia Inc**), to the Membership Secretary, Deborah Hotchkis, 4 Old Station Rd, HELENSBURGH 2508.

OVERSEAS MEMBERS. Please make your payments in AUS\$25 equivalent.

### TEACHER TRAINING GRADUATE SUB-COMMITTEE REPORT, 2006

In April 2006, after calls to teachers for nomination to the Graduate Sub-Committee failed to elicit any new nominees, the outgoing committee consented to continue in their positions on the committee: Facilitator - Lesley Rose; Members - Kaye Laurendet, Christine Battisson, Debbie Hotchkis and Fiona Clarke. All "meetings" have been conducted via email and telephone.

As Facilitator, I'm pleased to report some progress in the way of teacher-training for FDA. A member, Lynette Aitchison, had previously expressed a desire to be part of an apprenticeship-style training scheme in Canberra before moving to Darwin. After consultations with committee members, Lynette was approached with an idea of being a test case "guinea pig" for long-distance training, to which she readily agreed. Lynette is now in the process of liaising with Ausdance Darwin for funding and practical assistance insofar as venues, classes, etc are concerned.

The main components of the course will still be covered, i.e. learning and applying the methodology during practice teaching hours, style workshop hours (both followed by reports), a dance-related essay and learning pre-set dances of varying complexity and style. Progress will be monitored by video and email exchange

(and telephone if necessary) to handle any problems/questions. As Lynette plans to continue attending the Bowral weekend, it was felt that this time could be utilised, plus time in Sydney and/or Canberra either side of the weekend, to personally observe progress. Lynette was agreeable to this. Examinations of dancing and teaching could also be held at this time. The completion time of 12 months will be extended to no longer than 2 years but could be completed earlier if so desired.

In addition to undergoing teacher-training, Lynette will provide ongoing constructive feedback to the committee of particular problems she encounters with this style of training and her thoughts and recommendations for improvement. She will also keep an account of all costs incurred as this would have a bearing on calculating the fee structure in future.

With Lynette being part of the formulation process for distance-training, the committee feels that any fee charged to her should be minimal but at least enough to cover the cost of the resources. This figure has not yet been finalised.

One small step forward!



**Lesley Rose, TTC Facilitator**

### FDA WEBSITE UPDATE - "EVENTS"

Our talented website administrator has introduced an enhancement to our "Events" web page. Access is through the following link:

<http://www.folkdanceaustralia.org/events/index.htm>

Here, under "Calendar Events" you can select a new feature, "NSW - Greek", which gives you access to Vas Aligiannis' exciting program of dances for his adult dance classes in Sydney for this year.

Anyone else who would like to add their class program, as Vas has done, or other information to the "Calendar Events" page, please contact our website administrator on [webmaster@folkdanceaustralia.org.au](mailto:webmaster@folkdanceaustralia.org.au).

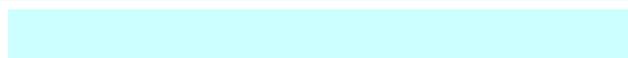
Here is a sample of the dances and festivals that Vas will cover:

|        |   |
|--------|---|
| Apr 30 | Dances of Ionian Islands  |
| May 7  | Dances of Aegean Islands  |
| May 14 | Dances of Asia Minor Coast  |
| May 21 | Dances of Pontus  |
| 21 May | <i>Feast of Agios Konstantinos and Agia Eleni (Anastenaria, fire walking ritual, Northern Greece)</i> |
| May 28 | Dances of Sarakatsani   |
| Jun 4  | Dances of Vlachs  |
| Jun 11 | Dances of Crete   |
| Jun 18 | Dances of Crete   |
| Jun 25 | Dances of Thessaly  |

For more information about his classes, please contact Vas on 0407 081 875 (m), email [greekdancer@excite.com](mailto:greekdancer@excite.com) or check his website [www.geocities.com/greekfolk dancersnsw](http://www.geocities.com/greekfolk dancersnsw)

### CHANGES TO "WHAT'S ON WHERE"

When the details of your folk dance group change, please email BOTH the website administrator: Paul Clark, [webmaster@folkdanceaustralia.org.au](mailto:webmaster@folkdanceaustralia.org.au) and the editor, [mep1@westnet.com.au](mailto:mep1@westnet.com.au).



## FDA EVENTS

### FDA SERBIAN WORKSHOP – May 2007

Alex Popovic will be presenting our next FDA Folk Dance Workshop with a Serbian flavour.

**Date:** Sunday, 20 May, 2007  
**Time:** 10am – 3pm  
**Place:** Newtown Neighbourhood Centre  
King St, Newtown  
(opp Newtown Station), Sydney  
**Cost:** \$12 per session; \$20 full day  
(\$10 or \$18 for FDA members)

BYO lunch - morning and afternoon teas are provided.

For more details, contact Sandra Bassetti, 02 6552 5142, or Kaye Laurendet, 02 9528 4813, email:

[okaye@optusnet.com.au](mailto:okaye@optusnet.com.au)

### FDA GREEK DANCE WORKSHOP – June 2007

Our new president, Vas Aligiannis, would like to incorporate a social evening with the Greek community in Sydney on the same weekend of his Greek Dance Workshop. More details about this in the June "Footnotes". In the meantime, mark the following details in your diary for his Workshop:

**Date:** Sunday, 24 June, 2007  
**Time:** 10am – 3pm  
**Place:** Newtown Neighbourhood Centre  
King St, Newtown  
(opp Newtown Station), Sydney  
**Cost:** \$12 per session; \$20 full day  
(\$10 or \$18 for FDA members)

BYO lunch - morning and afternoon teas are provided.

For more details, contact Sandra Bassetti, 02 6552 5142, or Kaye Laurendet, 02 9528 4813, email:

[okaye@optusnet.com.au](mailto:okaye@optusnet.com.au)

## ADVERTISING ON FDA WEBSITE

### For Non-profit clubs:

Links from the FDA website are provided free-of-charge to websites of non-profit clubs and organisations related to dance and folk.

### For Businesses:

We have set up a page specifically for displaying links to the websites of businesses and other "for-profit" organisations. The annual (i.e., Jan – Dec) cost of FDA providing a link to your website is \$40. However, if you have at least one FDA member within your management or staff you will be entitled to a 50% discount.

If you are interested in FDA providing a link from our website to yours, please email your details to our website administrator (see below):

## ADVERTISING IN FOOTNOTES

FREE for members. Non-members: Full page \$40.00. Other sizes are available on a pro-rata basis.

Anyone wishing to advertise in Footnotes please contact the Editor on 02 4446 6550 or email [mep1@westnet.com.au](mailto:mep1@westnet.com.au).

## FDA CONTACTS

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**Website Administrator:** Paul Clark,  
[webmaster@folkdanceaustralia.org.au](mailto:webmaster@folkdanceaustralia.org.au).

**FDA Website:** [www.folkdanceaustralia.org](http://www.folkdanceaustralia.org) or  
[www.folkdanceaustralia.org.au](http://www.folkdanceaustralia.org.au)

## PAYMENT OPTIONS

### By internet:

St George Bank, BSB: 112879, A/C No 053 969 771

### By cheque to "Folk Dance Australia Inc":

FDA Treasurer, 127 Woronora Cres, COMO WEST NSW 2226

### How does your FDA Membership benefit you?

- 6 issues of the FDA newsletter, "Footnotes", emailed or posted to you each year;
- Discounts for: FDA Workshops;  
Folk Dance Videos, cassettes, dance instructions, manuals and books;  
Nevofoon resources.
- Free advertising for your events and publications, both in "Footnotes" and on FDA's world wide website:  
[www.folkdanceaustralia.org.au](http://www.folkdanceaustralia.org.au)

### Closing Date for the next Footnotes issue:

Please send articles for the June, 2007 issue to:-The Editor, "Footnotes", 25 Verge Rd, Callala Beach 2540, or email [mep1@westnet.com.au](mailto:mep1@westnet.com.au) by 15 May, 2007

CONFIDENTIAL

## BULLETIN BOARD

### THREE CARPATHIAN TOURS IN 2007

Its all go for 2007! We are offering at least three tours this year including a more comfortable 8 day tour in May (and possibly in September), a budget 4 day tour in June and a new Rom tour in August.

All our tours include live music and dance and we aim to provide a genuine link and communication with local families, musicians and communities, not just a workshop on dance or music. This is a chance to see were and who it all comes from!

**Music and Culture Tour:** May 21st - 28th

**Szek & Palatka Tour:** June 18th - 22nd

**Rom Dance Tour:** August 8th - 15th

For more information, phone Sally Corry on 02 95971767 or visit [www.carpathiantours.com.au](http://www.carpathiantours.com.au)

### 2007 TOURS WITH TINEKE VAN GEEL

Due to the overwhelming success of the two tours in 2004 and 2005, Tineke van Geel will organise three dance tours in 2007.

May 26-June 9 *dance tour to Armenia;*

August 10-24 *culture and dance tour to Holland (5 days) and Armenia (7days);*

October 16-27 *dance tour to Armenia*

For detailed information, please visit her website:

[www.tinekevangeel.nl](http://www.tinekevangeel.nl)

### BOWRAL FOLKDANCE WEEKEND, 27 July

Brochures are now available for André van der Plas Folk Dance Weekend (27 – 29 July, 2007) at Bowral, NSW, and will be posted to people who have attended this weekend in the last couple of years.

For more information or to have a brochure sent to you, please contact Kaye on 9528 4813 or email [okaye@optusnet.com.au](mailto:okaye@optusnet.com.au)

### BALKANFOLK SEMINAR, July 2007

This 2 week workshop, held 15<sup>th</sup> to 28<sup>th</sup> July, 2007, provides a unique opportunity to experience the folklore, customs and beauty of Bulgaria, will be held in the mineral baths township of Bankya, situated approximately 17 kms from Sofia. Accommodation will be at Hotel Zheravna.

The courses offered are Bulgarian folk dances, Romanian folk dances, and Serbian folk dances.

Instruction in traditional Bulgarian musical instruments and Serbian accordion is also available, as well as Bulgarian singing lessons and Bulgarian language lessons.

There will be excursions to Gabvrovo Architectural ethnographic complex "ETAR;" Shipka Memorial at the top of Shipka; Vitosha National Park and the X1th Vitosha International Folk Festival.

For more information and prices, please visit the Balkanfolk website: [www.balkanfolk.com](http://www.balkanfolk.com)

#### **Go for it!**

*It is always easier to get forgiveness for something you have done, than to get approval for something you might like to do.*

### INTERNATIONAL DANCE DAY and AUSTRALIAN DANCE WEEK

The theme this year is "Children of the World".

The intention of International Dance Day is to bring all dance together on this occasion, to celebrate this art form and revel in its universality, to cross all political, cultural and ethnic barriers and bring people together in peace and friendship with a common language – dance.

In Australia International Dance Day is commemorated within the Australian Dance Week (7 – 13 May, 2007) – a week long celebration that 'raises the profile, and focuses on the values, importance, and the many cultural contributions of dance to the Australian community' (Ausdance). Check the Ausdance website: <http://www.ausdance.org.au/> for more information.

You or your group may like to approach your local school, council or other organisation about presenting a dance related activity, such as a dance demonstration or a free dance class.

### NSW HISTORYWEEK, 15 – 23 Sept 2007

Historyweek is New South Wales' annual festival of history. It is organised by the History Council of NSW and has the support of many people and organisations, including the Premier of NSW, the Community Relations Commission of NSW, The City of Sydney, ArtsNSW, State Records, the University of New South Wales and Sydney University.

The theme for Historyweek 2007 is "Legacies". The community is invited to host an event during Historyweek 2007 that explores the forces that have shaped our cultural, physical, societal, personal and political environment. Community Groups, historical societies, local councils, libraries, museums and other cultural institutions, universities, professional and amateur historians are all invited to organise events for Historyweek. Events can include exhibitions, workshops and seminars, guided tours and walks, open days, film screenings, performances, etc. For the event criteria please visit [www.historyweek.com.au](http://www.historyweek.com.au).

Participation in Historyweek is free and the History Council of NSW will assist you in promoting your event.

Go to [www.historyweek.org.au](http://www.historyweek.org.au) to find out more, and to register online. Call the History Council office (02) 9252 8715 or email them with your details: [historyweek@historycouncilnsw.org.au](mailto:historyweek@historycouncilnsw.org.au) and they will send you a full registration pack.

#### **A Sobering Thought**

*First they came for the Jews and I did not speak out, because I was not a Jew.*

*Then they came for the communists and I did not speak out because I was not a communist.*

*Then they came for the trade unionists and I did not speak out, because I was not a trade unionist.*

*Then they came for me and there was no one left to speak out for me.*

*Pastor Niemeoller, victim of the Nazis.*

## FROM NEAR AND FAR

### ON PEN FRIENDS AND DANCE

*50 years ago, Carol Maddocks established contact with a fellow dancer, Jill Moore, in England.*

"In the mid 1950s I was hoping to teach ballet. With no money, and the only teacher training available at the time being in England, I asked one of the visiting English RAD examiners (all examiners came from England as there were no RAD Australian examiners at that time) if she had a student who was also interested in teaching who would correspond and exchange ideas. The examiner, Miss Rita Ireland, gave me Jill's name, as Jill had just started at the RAD Teacher's training course in London (it was my dream to one day attend this course).

In my early teaching days, Jill and I corresponded very regularly, exchanging ideas, discussing ways of coping with certain technique problems, etc. Jill also sent me information on the latest trends and ideas, and dance magazines from England as there weren't any in Australia at that time.

Jill ran a dance school for many years in Watford (England); she married and had three daughters. She is now retired and works part time in an antique book shop.

For the past 20 years we only seemed to exchange Christmas Cards. Then, out of the blue, last year she said she had an email address, so we currently exchange the occasional message or fun email. We have never met, but now one of her daughters is living in New Zealand so, hopefully, one day Jill may stop in Sydney!

Jill and I seem to have been meant to have a connection. Just after we started to correspond, my pianist at Pennant Hills became ill and had to stop playing for classes. I put a small ad in the Sydney Morning Herald 'Wanted - Pianist - ballet classes, Pennant Hills, Saturday mornings'. I only had one reply from a Hilary Dockrill who said she had played for ballet classes in England. It turned out Hilary had played for Jill's ballet teacher (the examiner I had spoken to re a penfriend). Hilary also knew Jill and her family very well.

Hilary was our beloved pianist for over 25 years at Pennant Hills and up till recently was one of the RAD's official pianists for exams and courses.

In recent times I was doing some research into our family and discovered that a relation on my Grandfather's side had been mayor of the town where Jill lived.

Our recent contact brought back memories of very happy days when letter writing with pen and ink - no bios - was all we had to communicate and the excitement of receiving a blue 'airmail' letter with information to help me with my passion for teaching - a new idea, a way to improve technique, etc. We couldn't just pop onto the internet and email - we had to sometimes wait months for a reply as even air mail postage was out of the budget.

I still have the notes I made from Jill's early letters. Some of the ideas we used in our Movement to Music class were taken from those letters and the joint ideas we shared 50 years ago."



Carol Maddocks (NSW)

### FDA BALKAN WORKSHOP

Sunday, 18 February was not exceptionally hot for a summer day and Gary had us moving.

He introduced some new dances and revised others that he had presented at his workshop last year.

On the day he covered Pembe, Staro Oro, Dolgoto Oro, Cacak (the "long" one and a favourite of mine), Sestorka Krupna, the incredibly fast Ripna Maca from Bulgaria, Katanka, Nisava Splet (a medley), Sitna Lisa, Romski Gajda, Mani, Halay and Yavuz from Turkey. You can see that we didn't have time to slacken off - the AGM and following meeting was welcome time to rest the body and give the mind a change of pace.

The video of the dances Gary presented is available now. Contact Kaye (see page 12 for orders).



Gary and Yorgo discussing the finer points of dance in a well-earned break.



Some of the enthusiastic participants had come from as far afield as Taree, Jervis Bay, the Blue Mountains & Canberra.

### INTERNATIONAL DANCE COUNCIL NEWS

#### Events

**Festival in Spain:** Celebrating its 20 years, the folk festival invites ensembles from all over the world to send applications - on the island of Mallorca, 10-14 April 2007.

**Folk festival, Czech Republic:** - in Prague, from 23-26 August 2007. Applications from all countries are welcome.

**CID General Assembly:** This Assembly will take place at the Imperial Mint, in Istanbul, Turkey, 14 April 2007, 9.30am. All members are invited to attend..

**New book: Orientalist dance:** The album "Orientalist dance. Paintings and travellers' accounts" has just been published - a 236 page full-colour album 28 x 20 cm, including 58 plates and 43 accounts by travellers from the 12th to the 19th century. It contains rare documents

and pictures revealing for the first time the real history of dance in the Middle East.

**Research Congress in Turkey:** Urgup, Cappadocia, from 28 May to 1 June 2007, the Municipality invites dance researchers to the European Dance Research Congress, in cooperation with CID.

**University dance ensembles, Turkey:** University dance ensembles are invited to a festival near Adana 29 April to 5 May 2007.

**Festival in Cuba:** The 13th Festival "Los dias de la danza" will take place in Havana 20-29 April 2007. Open to artists from all countries.

#### Other items

**CID Dance Resource - CID Virtual Library.** The Library constitutes a most valuable tool for dance researchers – [www.cid-unesco.org/html/virtual\\_library.html](http://www.cid-unesco.org/html/virtual_library.html)

The **21st Congress** will take place in Athens 12-16 September 2007. Full information is posted on [www.cid-unesco.org](http://www.cid-unesco.org). Click on the Congress poster

For more details on these and other events, check the International Dance Council - CID website [www.cid-unesco.org](http://www.cid-unesco.org). For other opportunities visit <http://www.cid-unesco.org/html/news.html>

#### RADIO NATIONAL HIGHLIGHTS

Radio National Home page: [abc.net.au/rn/](http://abc.net.au/rn/)

#### One the globe.

<http://www.abc.net.au/rn/dailyplanet/stories/2007/1851578.htm>

David Grisman and Andy Statman's 2nd Jewish Music record together, New Shabbos Waltz, is a collection of Jewish melodies, ancient and contemporary, solemn and celebratory.

#### Music Deli CD launch:

**Zulya Kamalova and the Children of the Underground; Jali Buba Kuyateh; Ria Soemardjo**  
<http://www.abc.net.au/rn/musicdeli/stories/2007/1860308.htm>

Recorded last weekend in the Iwaki Auditorium, Melbourne, Zulya Kamalova and The Children of the Underground with their new and old songs based on Russian and Tatar musical traditions; Jali Buba Kuyateh and his new band Diyaa Looloo playing some West African grooves; and then Ria Soemardjo and band performing Javanese and West Javanese inspired songs.

#### Marlui Miranda/ Karl Seglem (Amazonian /Nordic )

<http://www.abc.net.au/rn/weekendplanet/stories/2007/1851573.htm>

Our two featured albums draw on ancient traditions from particular, very different places: northernmost Europe in the case of Karl Seglem's 'urbs', Amazonia for Marlui Miranda's 'neuneneu' (a Mehinaku word meaning 'humanity' or 'human plurality'). The contrasts are striking. So are the similarities! Miranda's CD with kora-playing multi-instrumentalist Ravi is subtitled 'fragments of indigenous brazil'. Its songs are imaginative settings of traditional Amazonian indigenous chants. Saxophonist Seglem (who also plays a mean goat horn) leads a very hot band. His sometimes startling new music is full of ancient echoes.

#### Reem Kelani

<http://www.abc.net.au/rn/dailyplanet/stories/2007/1828511.htm>

Reem Kelani was born in Manchester to Palestinian parents, but moved to Kuwait when she was quite young. She worked as a marine researcher by day, a singer of jazz standards and show tunes at night. After moving to London, she discovered Palestinian music and culture and started producing TV and Radio documentaries on it and singing Palestinian songs. Sprinting Gazelle - Palestinian Songs from the Motherland and the Diaspora is her debut CD - a fine selection of mostly traditional songs with Jazz/Middle Eastern backing and Reem's intense, emotive voice.

#### GRUMPINESS AND INTELLIGENCE

<http://www.abc.net.au/health/minutes/stories/s1852084.htm> (Health Minutes: 28/8/2006)

Being a grumpy old man or woman may be a good thing for you, if not for those around you, according to research on personality, intelligence and ageing.

Four hundred people of various ages were studied and the personality features in young people which correlated with thinking ability were introversion and openness to new ideas and people.

But in older people, particularly those with superior intelligence, the personality factor which stood out was disagreeableness. The more disagreeable they were, the better their brains worked. Rather than grumpiness though, this is more about a questioning mind, not needing to fit in and not accepting received wisdom.

This study didn't follow people from youth to old age so it's not known what happens to make this difference later in life. The theory is not so much that argumentative people survive while compliant people's brains burn out. It's more that, as we age, hidden aspects of our personalities come to the fore.

So the next time you have an argument with your granny, remember that beneath that blue rinse may lurk a sharp mind.

#### Reference

Baker T Personality predictors of intelligence: differences between young and cognitively healthy older adults. *Personality and Individual Differences* 2006;41:861-871

#### PIZZA AS HEALTH FOOD?

It's all in the dough. University of Maryland food chemists say they have found ways to enhance the antioxidant content of wholegrain pizza dough by baking it longer at higher temperatures and giving the dough lots of time to rise.

The researchers found that antioxidant levels rose by up to 60% with longer baking times and up to 82% with higher baking temperatures, depending on the type of wheat flour and the antioxidant test used.

They looked at fermentation times up to two full days, and found that longer periods in some cases doubled the dough's antioxidant levels.

<http://www.abc.net.au/science/news/stories/2007/1882563.htm?health>

## IS INTERNATIONAL FOLK DANCE DYING?

<http://www.dance.demon.co.uk/AGC/Articles/IsIFDDead.html>

*The following article consists of extracts from a discussion of recreational folk-dancing, mostly in the USA. It could be argued that the situation in Australia is similar.*

It's difficult to avoid the conclusion that International Folk Dance (IFD) is in decline. The debate comes in as to whether it's dying or just in a natural trough AND in whether the cause lies in the inevitable rise and fall of dance popularities or in the behaviour of the participants.

As in most things, the answers aren't so clear and easy. And both sides hold some truth. Setting aside the first debate for now, is IFD's decline natural and inevitable or due to more controllable factors?

Barry Glass, long-time teacher and director of Los Angeles' AMAN Folk Ensemble, comments, "When I started dancing, one could look at the repertoire of international dances and reasonably hope to have the majority under control within, say, a year. Then came the many years of professional teachers (I own up to my share of the blame), teachers who were pushed to create new dances by the score to satisfy the guidelines of various festivals, clubs, and especially folk dance camps.

"A fallout of this process is to have created a vast repertoire of dances where only a computer can retain them all. If I came to visit a folk dance club as a beginner today, I would last two seconds before I left the 'hostile' environment for the relaxation and fun of the contra dance."

Glass goes on to explain that it's the daunting repertoire of IFD - rather than the dancers themselves - that can be hostile. And this is where my idea for a set of classics comes in. By concentrating on dances that have been popular for a long time (as good a definition of 'classic' as any), IFD could rejuvenate itself. (As to what these 'healing' dances might be, each group should probably determine that.) Keeping such dances alive - by reteaching periodically, not enforcing as one dancer feared - would accomplish two things. One, emphasizing classics would give beginners a more attainable goal. And, two, it would approximate the ethnic situation in which folk dances have survived for centuries.

"In most villages where many of the folk dances claim their origins, the people could never understand the concept of an American Folk Dancer," notes Glass. "Why would anyone want to learn other people's dances? Don't they have any of their own?"

Granted, the IFD movement is inherently artificial in that the dances have been transplanted from one culture to another. But America is known for its multicultural heritage in everything from cuisine to the arts. And the problems engendered by such eclecticism are often outweighed by the benefits - IF the experience is handled wisely.

In the case of IFD, that wisdom means creating a community of dancers. "To me dancing is socialising," says the Canadian devotee. "And community-oriented dancing means being sociable when dancing - being

mindful and considerate of the dancers in my wake and interacting in friendly, caring, fun ways with everyone so as to help all have a good time."

What it all comes down to, however, is making beginners feel welcome. From Chris Kermiet, "Are we coming to dance just to swing with our favourite partners, or are we coming for the sense of community feeling, the natural high that comes from the combination of compelling music and graceful movement? I have to come down on the side of community dance, where all are made to feel welcome - young, old, single, married."

Naturally, much of the responsibility for this falls on the leaders, who should try to strike a good balance in these difficult times. Kermiet suggests "programming dances that are not too unforgiving, selecting dances that are appropriate for the median skill level of the dancers present, bringing new dancers along by slowly introducing new figures, and saving the harder dances for later in the evening."

I would only add what seems to be commonplace anyway, i.e. concluding with a soulful dance that virtually everyone can do. Not only is this a key community enhancer, it also leaves people with a good impression of the evening. In the end, as Tennessee dancer, Toby Koosman, puts it, "the reason we accommodate beginners is that we want them to come back again and again and become non-beginners."

So is IFD facing an inevitable death or just in a natural ebb with the possibility of resurgence? I suppose if you believe the former, you haven't even read this far. Or you won't take any of the treatment suggestions to heart.

But if you believe the latter, I think there's cause for hope. For one thing, 'multicultural' is still a buzz word in America - especially in entertainment and education, both of which are IFD-relevant. For another, this fact is arguably most prominent in the world of music. And so-called World Music - much of which is folk dance music - is on the upswing.

Whatever one believes the future to be, one thing seems certain. As a Maryland teacher notes, "I do my best not only to teach the figures but also to instil a feeling of confidence. If we don't help and encourage beginners, we will indeed go the way of the dinosaur."

I think IFD is at a crossroads. And it's up to leaders of groups large and small to choose a path. Neither is right or wrong per se. But if our aim is to further and revitalize IFD, the choice is clear.

"There will be folk dancing as long as there are people to dance it," concludes Glass. "We just need to fix our priorities."



**Catherine Cella Neapolitan**

Having read this excellent posting, I would have to agree that IFD is in serious decline. In particular, the generic "let's do two dances from this country and three more from that country..." groups are waning because of the huge influx of new complex dances being choreographed by instructors.

However, what I see happening is that the generic IFD groups are breaking up into smaller groups that concentrate on the authentic dances of a particular region. Around here we have Scandinavian classes,

Hungarian classes (which I teach), Greek groups, etc. We didn't go away.

Is this healthy? It depends on how you look at it. It's somewhat harder for beginners, and smaller groups don't have the financial clout to stage big events.

On the other hand, doing authentic dances can pay huge dividends. Next month I will be going to Hungary (for the sixth time...) and will have a great time going to the tanchaz (dance house) to dance with the locals to live music. You can't do that with dances that have been choreographed for Americans!



**Todd Wagner**

None of the problems described in your article are really new to IFD. When I started in 1960, I went to a famous Los Angeles group, and was the youngest person there (and largely dismissed). Ten years later, I came back, and was still both young and dismissed. Although the turnover of repertory was discussed in the 1960s, it wasn't as bad as it is now.

Interestingly, here in the Netherlands, I find that the local 'ethnic' groups (e.g. Dutch, Swedish, Scottish, even American contras) have repertoires (or at least steps and figures) familiar to me - I can just get in and dance. But the IFD (including here Balkan) groups have choreographies completely unfamiliar to me, and there is virtually no 'generic' dancing (see below). The result is that I do most of my dancing in the 'ethnic' groups.

One aspect you (and especially Barry Glass) comment on is the tendency of folk dancing to eat up its own product - dancers want more and more esoteric dances, teachers produce these dances, and the whole moves further and further away from its original intent. I saw this first within the Israeli dance tradition. Israeli dances are - to begin with - made-up entities, but the early dances were choreographed with a conscious intent to unify people. Afterwards, the dances were created with an intent to divide people. That is, a dance was a challenge: "Are you a good enough dancer to do this one?"

A major personal breakthrough came when I realized that I went to folk dance camps to learn dances for the moment, not to transmit new material back to my group. That way, I could enjoy the esoteric, but maintain my linkage with what brought me into contact in the first place. This meant, of course, that attending camps was on my own nickel and not via a scholarship, but it freed me up to take only what I wanted and made the whole experience much more relaxing.

I believe that one of the solutions to the problem is for the IFD leadership to consciously promote what I call 'generic' dancing - that is, simple basic dances that actually look and feel as if they were done by the folk. These dances have the advantage that they are easily done by the beginning dancer, but have room WITHIN THEMSELVES for the subtlety of style and movement that gives internal satisfaction to the experienced dancer. Generic dances don't do much for the 'show-off' dancer or the teacher who lives on self-promotion, but their losses are offset by the gains of others. By promoting, I mean that these dances should be part of the beginner teaching series, reinforced by inclusion as a significant part of any evening's dance program.

In the IFD groups I have been associated with, we made conscious efforts to maintain the 'classics', especially in beginner-oriented workshops and our choice of an evening's dances. A device used in at least two of the groups I was involved with was colour-coding dance cards. We had cards with the name and nationality of each dance we did, coded as green (get in and dance!), yellow (dance, but be cautious), or red (if you don't know what you're doing, you could interfere with the pleasure of others). Ours was a pretty high-falutin' group, so we aimed at a program with a ratio of 40-40-20 (green-yellow-red). From the perspective of experience, I might now think of 60-30-10 as more appropriate, especially if many of the green dances are generic and therefore can fulfil the needs of the experienced dancer.



**Jim Kahan**

## WHAT IS GOOD FOR YOU?

The answer is, of course, dancing! Two forms of dance that have become popular are the samba and salsa, however, the benefits of these can just as easily be applied to folk dancing.

### Samba



Dancing samba teaches body control that can improve motor skills in anything from playing percussion to football, say Japanese researchers.

Dr Tomoyuki Yamamoto and

colleagues of the Japan Advanced Institute of Science and Technology presented their findings at the 8<sup>th</sup> Motor Control and Human Skill Conference in Fremantle, Western Australia, recently.

"Improving movement in the hips is essential to improving movement in other parts of the body," says physicist Yamamoto. He and his team attached wireless acceleration sensors to the hips and wrists of 30 Japanese samba students for six months.

During weekly classes, the dancers learnt both the steps to the dance and how to play a shaker at the same time. What was most telling, says Yamamoto, is that getting the hip accent right appeared to be an essential step in learning how to play the shaker with the right accent as well.

Yamamoto says that his team's theory is that the hips are close to the body's centre of gravity and that learning control over movement here is important because it can serve as a template for movement in the limbs.

Last year, Yamamoto and team showed that samba dancing helped Japanese footballers improve their skills. They report that five players improved their joint co-ordination after learning samba for three months and were shown to be better at rapidly zigzagging left and right with and without a ball.

Excerpts from Anna Salleh, ABC Science Online, published Friday, 2 February 2007.

<http://www.abc.net.au/science/news/stories/2007/1837937.htm?health>

### Salsa Therapy

Salsa music is a fusion of Afro-Cuban and other Latin American music with jazz – the word is actually Spanish for a spicy Mexican tomato sauce. Salsa dancing involves a partner and uses very short fast steps.

The very earliest salsa steps are said by some to have been taken by African slaves who danced to transcend their confinement. The short chains they wore between their ankles meant they could only take short steps and to keep the dance interesting they sped up the rhythm.

Salsa dancing evolved from its street origins to the showy style it is today by blending in features from ballroom and tap.

Salsa can be a nice gentle exercise, says Sheryllane McLeod of Salsa Republic school in Sydney. But as you get better, you are drawn to the faster tunes.

"The music is infectious and enticing. It makes you want to move and dance," says McLeod.

And salsa clubs tend to be friendly and safe environments for your aerobic exercise. This is because people who do salsa don't tend to drink, says Marcia Pinheiro Percival, of Latin Dance Australia in Sydney. They just dance, sweat and drink copious amounts of water.

After a few months of regular salsa workouts, I was standing taller and slimmer and enjoying the compliments from those who noticed.

But salsa doesn't just boost your physical health. There's something about the music that irrepressibly lifts the spirits.

"It's a happy sound," says Percival, who thinks people associate it with the fun-loving aspects of Latin American culture. And like any exercise, dancing releases feel-good endorphins in the brain.

Dance is even used as a form of non-verbal psychotherapy to treat people with serious psychosocial and behavioural problems, including schizophrenia, depression, autism and eating disorders. One dance therapist in the South Bronx by the name of Dianne Duggan uses salsa to help teenagers with severe emotional disabilities.



Dance is all about moving to a rhythm, says dance therapist Laurel Bridges of the Wesley Institute in Sydney. She says dance is therapeutic because it is a unique way for people to express themselves and make connection with others. There's a cathartic aspect to dance, says Bridges. It also helps people regain lost pride and feel good about themselves.

Excerpts from Anna Salleh, published 8/02/07;

<http://www.abc.net.au/health/features/salsa/>

#### Well-read?

Reading makes for a well-rounded person. So does sitting in front of the TV with a tray full of snacks.

## BULGARIAN LENTEN CELEBRATIONS

### First week of Lent "Spring Carnival" - KOUKERI

Koukeri are masked dancers and are found in Thrace and Dobrudza, in the districts of Elhovo, Karlovo, Yambol, Bourgas, Stara Zagora, and Silistra. They are also known as startsi (old men) in the Plovdiv area. The Koukeri dance at dawn, move in groups of seven or nine and perform various comic scenes representing everyday life. They are accompanied by other characters such as a bride, a king or an Arab. In some regions of eastern Thrace they dress in female soukmans and in the Strandza mountains they dance on stilts.

In some areas a mast topped with a basket of straw is erected. This straw is ignited at the beginning of Lent and the local pajdushko is danced round the mast.

### March 1st - MARTENITZA



Martenitza symbolises the end of winter and the coming of spring. It is a unique national custom of Thracian origin. Original Martinitzas were made of white and red woollen thread to which a silver or gold coin was tied. They can also now be made of white plastic. On March 1<sup>st</sup>, martinitzas are tied on trees, house doors, cars or

young animals. The red and white colours symbolise the snow and the blood. This derives from an old story where a stork brings the blessing of good health to a small child from its parents, who are far away. The arrival of the stork symbolises that spring has arrived.

### St Lazar's Day - 8 days before Easter - LAZAROUVANE

Lazaroupane is a custom of Slav origin and is the "coming out" of girls eligible to be married. It is also known as Lazaritsi or Buenek in Thrace and Danets in Dobrudza. It is a string of ritual songs and dances learnt by young girls during Lent. The leader of the dance is called the Lazarki, Buenica or Bouyenets depending on the region. She leads the chain of 5-15 dancers from house to house and they pay a short visit to every family. They perform dances and songs in which they express good wishes for health, prosperity and fertility for all family members and livestock. A frequent theme for Lazaroupane songs is new romance.

The Lazarki wears a special ornate costume. In the area of Sandanski (in Pirin) this costume is a white saya with a richly embroidered chemise and apron and many multi-coloured handkerchiefs tucked into the apron. In Sofia, the Lazarki wears a headdress with flowers attached to a metal forehead ornament. In Sliven and Yambol, the headdress is made of a cylindrical pad decorated with flowers. The dance of the Lazaroupane in the Sofia and Pomorie regions is one of the most beautiful of Bulgarian ceremonies.

[http://www.eliznik.org.uk/Bulgaria/history/bulgaria\\_customs.htm](http://www.eliznik.org.uk/Bulgaria/history/bulgaria_customs.htm)

## RESOURCES for SALE by FDA

### By Jim Battisson

Book "Glossary of Dance Terms" \$15 (P & P) or \$12 at workshops, etc.

### By André van de Plas:

'International Folk Dances for Adults'.

*Book & cassette.*

1989 – 2001 tours. \$12 set.

2002 - 2006 tours \$25 set.

*Book & CD*

2000 - 2006 tour \$30 set

*Videos (and DVD for 2005, 2006).*

1989 - 2006 tours. \$35 each.

'International Folk Dances for Children'.

*Book & cassette.*

1986, 89, 91, 94, \$12 set

1997, 2000 \$30 set.

*Book & CD*

2000, 2003, 2006 tour \$35 set

*Videos of Children's Dances:*

2000 tour \$35 each

'Easy Dances'

*Cassette and booklet* \$12 set

### By Gary & Carol Crees

'Off the Wall Dances' (Volume One) (for 2-8 year olds)

*Book & CD* \$45 set

'Off the Wall Dances' (Volume Two) (for 2-8 year olds)

*Book & CD* \$45 set

### By Yves Moreau:

'Balkan & International Folk Dances'.

*Book & cassette.* 1993 tour. \$25 set.

'Ajde Na Horo' - 20 Bulgarian Folk Dance Favourites.

*Recorded in Bulgaria under the supervision of Jaap Leegwater and Yves.*

*Book & cassette* \$25 set.

'Folk Dances from Bulgaria and Elsewhere' - selection of 24 dances from Bulgaria, the Balkans, and other countries – from Yves' 2001 Australian tour.

*Book & CD* \$30 set.

*Video* \$35

**Nevofoon Resources** - Nevofoon Folk Dance resources (CDs, tapes and books) available through FDA's discount service.

The 'INTERNATIONAL' CD series \$20 each

Include: Bulgaria (1), Bulgaria (2), Greece, Bosnia & Serbia, Macedonia, Romania (1), Romania (2), Romania (3)

The 'ANTHOLOGLY' CD series \$22 each

Include: Bulgaria & Macedonia, Greece, Hungary (1), Hungary (2), Serbia (1), Serbia (2)

### All resources are available through Kaye Laurendet, 127 Woronora Cres, COMO WEST 2226 [okaye@optusnet.com.au](mailto:okaye@optusnet.com.au)

Add \$5 to prices for postage and handling.

Prices quoted are for FDA members. Non-members please add \$5 to cost of each item.

## MUSIC NOTATION

### *Doe Dans Basics*

Music notation for 53 International dances. \$20

This booklet includes well known dances such as - Belasicko Oro, Ambie Dagiets, Setnja, Hej Par, Konyali, Imate li Vino, Ajsino Oro, Esmer, Rumelaj, Bavno Horo and many more.

The music for the dances is also on a set of 3 CDs (each CD @ \$27)

### *135 International Dances*

Music notation for 135 International dances. \$25

This booklet also includes well know dances such as – Good Old Days, Zemer Atik, Savila se Bela Loza, Mechol Ovadia, Hora pe Gheata, Salty Dog Rag., Hora din Risipiti, Vrni se Vrni, Ivanica, etc

Music is on a set of 7 CDs (each CD @ \$27)

## FDA WORKSHOP VIDEOS

*All videos or DVDs* Members' Price = \$25

**Koce Stojcevski**, Macedonian Dances (1999)

**Koce Stojcevski**, Macedonian Dances (2000)

**Yves Moreau**, Balkan & Other International Dances (2001 Australian Tour)

**Kaye Laurendet**, "Come & Try", easy dances and **Andrew Rossides**, Greek Dances (2001)

**Tineke van Geel**, Armenian Dances (2001)

**Vasilios Aligiannis**, Greek Dances of Celebration and Participation (2002)

**Yorgo Kaporis**, Macedonian Dances (2002)

**Elie Akouri**, Lebanese Debka (2002)

**Gary Dawson**, Balkan Dances (2003)

**Djordje Nikolic**, Serbian (Sumadija) (2003)

**Yorgo Kaporis**, Macedonian Dances (2003)

**Yorgo Kaporis**, Macedonian Dances (2004)

**Dianna Laska-Moore**, Mostly Romanian (2004) (Cassette of music from workshop \$10)

**Heather Celic & Milivoje Stajanovic**, Serbian Dance (2004)

**Djordje Nikolic & Vas Aligiannis**, Serbian and Macedonian Greek (2005)

**Asadour Hadjian**, Armenian Dance (2005)

**Sandra Bassetti & Jenny Lester**, Bulgarian Dances (2006)

**Yorgo Kaporis**, Macedonian Dances (2006)

**Veronika Zaharieva**, Bulgarian Dances (2006)

**Gary Dawson**, Balkan Dances (2006/7)

## WHAT'S ON WHERE

### A.C.T. (Canberra)

**Monday**, 7:00-8:30pm Folk Dance Canberra - FDC: sessions for Advanced folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Lesley Rose (02) 6286 6401 or email [lesley@magma.com.au](mailto:lesley@magma.com.au)

**Monday** 6.45pm - dusk, 'Dancing in the Park' at Stage 88, Commonwealth Park, Canberra - only during summer (Dec-Feb). Live Music, **Free**. Enquiries to 02 6295 8280.

**Tuesday**, 10:00-12:01pm Folk Dance Canberra - FDC: sessions for Intermediate folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Lesley Rose (02) 6286 6401 or email [lesley@magma.com.au](mailto:lesley@magma.com.au)

**Wednesday**, 7:00-8:15pm Folk Dance Canberra - FDC: sessions for Beginner folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Lesley Rose (02) 6286 6401 or email [lesley@magma.com.au](mailto:lesley@magma.com.au)

**Wednesday**, 8:15-9:45pm Folk Dance Canberra - FDC: sessions for Intermediate folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Theresa (02) 6287 1512

**Wednesday** 7.45pm - 10.30pm, International Dancing with CIFDA (Canberra International Folk Dancing Association) Uniting Church Hall, Denman St, Yarralumla; cost \$8 (includes supper; first 3 nights are ½ price). Contact Sue 02 6281 6314 or Ailsa 02 6281 5101.

**Wednesday** 8.00pm - 10.00pm, Irish Set Dancing, 10 week terms, Reid Uniting Church Hall, Coranderrk St (cnr Dirrawan Gardens), Reid. Cost: Monaro Folk Society members \$4 session or \$30 term; non-members \$5 session or \$40 term. Contact Paul Wayper on 0422 392 081, 02 6279 6251(w) or email [paulway@earthling.net](mailto:paulway@earthling.net)

**Thursday**, 7:30-9:00pm Folk Dance Canberra - FDC: sessions for Intermediate folk dancers in International Dances, at Folk Dance Canberra Hall, 114 Maitland St, Hackett. Contact Mary (02) 6247 0959

**Thursday** 7.30 - 9pm, Israeli Folk Dancing, Weston Creek Primary School Hall. Contact Verna (02) 6288 2476.

**Friday** 7:30 – 10pm, 1st Friday of each month, traditional and modern Greek Dancing, Folk Dance Canberra Hall, 114 Maitland St, Hackett. Cost \$10. Contact Maria (02) 6231 4472.

**Saturday** Social Dance 3<sup>rd</sup> Saturday of each month (March – November) from 8pm, St John's Church Hall, Constitution Ave, Reid with John Garden and Earthly Delights, \$15 / \$12. Contact John or Aylwen (02) 6281 1098.

**Sunday** 4.00 – 6.30pm. Earthly Delights' circle, couples and set dances, YMCA Sailing Club, Alexandrina Drive, Yarralumla, \$10 casual, \$5 regular. Contact. John or Aylwen (02) 6281 1098.

**Sunday** Scandinavian Folk Dance Group 5pm, Uniting Church Hall, Denman St, Yarralumla. New members very welcome. Contact Brad Sherman (02) 6288 3050 ah or email [brad@dynamite.com.au](mailto:brad@dynamite.com.au)

*- It ain't what you don't know that gets you into trouble.  
It's what you know for sure that just ain't so.*

Mark Twain

### NEW SOUTH WALES (Sydney)

**Monday** 10 - 12 noon. During school term. Earlwood Senior Citizens Centre, 362 Homer St. Earlwood. Contact Gwynne (02) 9558 4753.

**Monday** 6.30 - 8pm. Scottish Country Dancing for beginners with 'Scots on The Rocks', Fort Street Public School, Observatory Hill, Sydney. Contact Nea 02 9904 1358 (ah) or Lynn 02 8244 9618 (bh) or email [SCDancers@netspace.net.au](mailto:SCDancers@netspace.net.au). Internet: <http://www.rscds.org.au>

**Monday** 7.00pm Belly Dance classes - Basic / Beginners, 8.00pm - Choreography, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9631 6464 or 0418 416 849 (Mobile).

**Monday** 7.30pm. Bush dancing workshops for beginners (Bush Music Club) Pennant Hills Community Centre (downstairs, opp railway station); Contact Margaret (02) 9614 0529

**Tuesday, Wednesday and Thursday**, Day and evening sessions, Sutherland Shire Folk Dance Group. Contact Kaye Laurendet (02) 9528 4813.

**Tuesday** 6.00 - 7pm (juniors / beginners), 7.15 – 8.00pm (Performing group and adults / advanced), Greek Folk Dance classes, Pan-Korintian House, Level 1, 11Anglo Road, Campsie. Cost \$7/night casually, or \$50/term for 10 weeks. Contact Vas Aligiannis, 0407 081 875 (m), [greekdancer@excite.com](mailto:greekdancer@excite.com) or Internet [www.geocities.com/greekfolk dancersnsw](http://www.geocities.com/greekfolk dancersnsw)

**Tuesday** 6.00 – 8.00pm Scottish dancing in the city. 'Scots on The Rocks' meet at Fort Street Public School, Observatory Hill, Sydney. Contact Nea 02 9904 1358 (ah) or Lynn 02 8244 9618 (bh); email [SCDancers@netspace.net.au](mailto:SCDancers@netspace.net.au). Website: <http://www.rscds.org.au>

**Tuesday**, Belly Dance classes: 6.15pm Basic /Beginners Class, 7.15pm Beyond Beginners Class, 8.15pm Choreography Group, Randwick Literary Institute, 60 Clovelly Road Cnr Market St, Randwick North. Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

**Tuesday**, 7.30pm, Swedish Folk Dancing with Linnéa, 141 Campbell St, Surry Hills (close to Central Station). Contact Graeme Traves, (02) 9874 4194 or [linneafolk@hotmail.com](mailto:linneafolk@hotmail.com)

**Tuesday** 7 30pm Belly Dance classes - Basic / Beginners, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

**Tuesday**, 7.30 Sydney Irish Ceili Dancers, Scout Hall, Martha St, Yagoona. Contact (02) 9150 6765.

**Tuesday**, 7.30pm – 8pm (beginners) 8pm – 9.30pm (advanced), Turkish Dance classes, with Yusuf Nidai, Auburn Girls High School. Contact Yusuf Nidai (02) 9646 1166.

**Tuesday**, 8 - 9:30pm Greek Folk Dance Adult classes, Pan-Korintian House, Level 1, 11Anglo Road, Campsie. Cost \$7/night casually, or \$50/term for 10 weeks. Contact Vas Aligiannis, 0407 081 875 (m) or email [greekdancer@excite.com](mailto:greekdancer@excite.com) or Internet [www.geocities.com/greekfolk dancersnsw](http://www.geocities.com/greekfolk dancersnsw)

**Tuesday**, 8pm – 10pm, Hungarian Dance classes, with Gary Dawson, cost: \$10/\$5 per class, \$80/\$40 for semester (school term). Uniting Care Harris Community Centre, 97 Quarry St (cnr Bulwarra Rd), Ultimo. Contact Gary Dawson (02) 9559 4485, 0425 268 505 (m) or email: [gazad@unwired.com.au](mailto:gazad@unwired.com.au)

**Wednesday** 9 – 10am beginners, 10 – 11am, advanced (school term only). International Folk Dancing – classes for older women. BOWWC at Bankstown Police & Community Youth Club (PCYC), cnr Meredith St & French Ave, Bankstown. Contact Gabrielle 02 9728 7466 or Alita 02 9798 9269.

**Wednesday** 3.30 – 4.30pm (juniors), Greek Folk Dance classes, Kingsgrove Public School, Kingsgrove. Contact Vas Aligiannis, 0407 081 875 (m), [greekdancer@excite.com](mailto:greekdancer@excite.com)

**Wednesday** 6.30 – 8.30pm. Macedonian Dance classes. Macedonian Cultural Association Ilinden, 65 Railway St, Rockdale. Cost \$5.00 per lesson. Contact Yorgo Kaporis 0412 861 187.

**Wednesday** 7.00pm (seniors), Greek Folk Dance classes, Alexander the Great, Greek-Macedonian Club, Livingstone Rd, Marrickville. Contact Vas Aligiannis, 0407 081 875 (m), [greekdancer@excite.com](mailto:greekdancer@excite.com)

**Wednesday** 8.00 – 10pm. Australian Heritage Dancers, rehearsals, Annandale Neighbourhood Centre, 79 Johnston St, Annandale. Contact Patrick Burnett: (02) 9957 6049.

**Wednesday** Belly Dance classes: 8.00pm Basic /Beginners Class, Randwick Literary Institute, 60 Clovelly Road Cnr Market St, Randwick North. Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

**Thursday**, 7pm – 9pm: Adults Greek Folk Dancing, with Vasilios Aligiannis, Pan-Macedonian Association, 103 Railway Pde, Sydenham. Contact: 0407 081 875 (m) [greekdancer@excite.com](mailto:greekdancer@excite.com)

**Thursday** Belly Dance classes, 6.15pm: Basic Beginners class, 7.15pm: Choreography and Performers Group. Girraween Hall, 17 Tungarra Road, Girraween Contact Vera Myronenko (02) 9665 9713 or 0418 416 849 (Mobile).

**Thursday** 7pm Sydney Irish Ceili Dancers, Girl Guide Hall, Wardell St, Arncliffe. Contact (02) 9150 6765.

**Thursday**, 7:30pm - 9pm: Adults Greek Folk Dancing, with Vasilios Aligiannis, Alexander the Great Greek Macedonian Club, Livingstone Road, Marrickville. Cost \$7/night casually, or \$50/term for 10 weeks. Contact: 0407 081 875 (m) [greekdancer@excite.com](mailto:greekdancer@excite.com) or Internet [www.geocities.com/greeksfolk dancersnsw](http://www.geocities.com/greeksfolk dancersnsw)

**Friday** 10.00am Belly Dance classes - Basic / Beginners, Girraween Hall, 17 Tungarra Road, Girraween. Contact Vera Myronenko (02) 9665 9713

**Friday**, 6.15pm – 7.15pm (juniors / intermediates), Greek Folk Dance classes, Drummoyne Community Centre, Cometrowe St, Drummoyne. Contact Vas Aligiannis, 0407 081 875 (m), [greekdancer@excite.com](mailto:greekdancer@excite.com)

**Friday**, 8 - 11pm. Sedenka International Folkdance Group, Rozelle Neighbourhood Centre, 665A Darling St, Rozelle. Contact Chris (02) 9560 2910.

**Saturday** Belly Dance classes: 9.00am Children's class 12yrs & under; 9.45am: Adults Basic Beginners class; 10.45, Choreography class, PCYC building, Hassall St, Parramatta (near station on Nth side). Contact Vera Myronenko (02) 9665 9713.

### (Blue Mountains)

**Thursday** 2.30 – 4pm, Israeli Folk Dancing. The Village Fitness Centre, 185 Leura Mall, Leura. Contact Yudit Kayatsky (02) 4759 1952.

**Thursday** 7.00 - 8 15pm and/or 8.30 - 10.00pm. The Blue Labyrinth World Dancers, Baptist Church Hall, King St, Glenbrook. Contact Jo (02) 4739 6498 or Pat (02) 4739 1005.

### (Braidwood)

**Monday**, 9.30 am Beginners; 10am - 11am, Braidwood Folk Dance Group, Braidwood RSL Hall, Braidwood. Contact Noela (02) 4842 8004.

**Friday**, 4.30 pm, Braidwood Belly Dance Group, Braidwood RSL Hall, Braidwood. Contact Erika (02) 4842 2505.

### (Bowral)

**Thursday** 9.00 - 11.00 am. Southern Highlands Recreational International Folk Dance Group. Presbyterian Hall, Bendooley St. Bowral. Beginners start at 9 am.

Contact Margaret Connor (02) 4861 2294.

### (Newcastle)

**Saturday** (first Saturday of the month), 1.30-4.00pm. Folk dances, peace dances, circle dances. Anglican Church Hall, Naughton Street, Birmingham Gardens. All are welcome. No experience necessary. Cost \$10 per session. Contact Judith 4945 5343.

[kellsull@ozemail.com.au](mailto:kellsull@ozemail.com.au)

**Saturday** (2<sup>nd</sup> Saturday of month) 7.30pm, Wesley Fellowship Hall, Hamilton. Contact Cecille (02) 4957 0830.

### (Queanbeyan)

**Sunday** 6.30pm – 8.30. Macedonian Folk Dance classes, with the cultural association, "Razigrana Makedonka", Macedonian Community Centre (upstairs, 266 Crawford St, Queanbeyan. Contact Aleks Celeski, 0411 145 443 or email [ac\\_maco@hotmail.com](mailto:ac_maco@hotmail.com). Website for Razigrana Makedonka:

<http://www.sportscentreeoz.com/qmdg.htm>.

### (Shoalhaven area)

**Monday**, 7.30pm. Balkan & International Folk Dance, Cambewarra Hall, Main Rd, Cambewarra. Contact Suzi Krawczyk 02 4446 0569 or email: [plotki@shoal.net.au](mailto:plotki@shoal.net.au)

**Tuesday**, (school terms only), 7.15pm – 9.15pm, International Folk Dance, Callala Bay Progress Hall, Boorawine Terrace, Callala Bay. Contact Maureen Petherick 02 4446 6550 or email: [mep1@westnet.com.au](mailto:mep1@westnet.com.au)

**Friday**, (school terms only), 8pm - 10pm, Shoalhaven Folk and Bush Dance Club, Cambewarra Hall, Main Rd, Cambewarra. Easy social dances, Colonial, Scottish, English and Folk. All welcome. Contact Margaret 02 4421 0557 or email: [msharpe@shoal.net.au](mailto:msharpe@shoal.net.au)

### (Taree)

**Wednesday**, 6 pm – 8.30 pm, Lazarka International Folk Dance Group, Steiner School, Albert St, Taree. Contact Sandra Bassetti (02) 6552 5142.

### NORTHERN TERRITORY (Darwin)

**Tuesday** 6 - 8pm. International and Playford Dancing - Beginners to advanced; at the Railway Institute, Parap. Contact Anna 08 8981 6400 or Sue 08 8985 1827 or email [sueross21@hotmail.com](mailto:sueross21@hotmail.com).

### QUEENSLAND (Brisbane)

**Wednesday** 6.45 – 8.00pm, Academy of Greek Dancing, Russian Orthodox Hall, Lotus St, Woolloongabba. \$25 per month (payable 1<sup>st</sup> Monday of month). Contact Victor Comino 0433 126 619.

**Friday** (2<sup>nd</sup> & 4<sup>th</sup> of month) 8 - 10.00pm, Brisinta International folk dancing, Uniting Church Hall, cnr Kingsley & Kadumba Sts. Yeronga. \$5. Contact Lyn or Barry (07) 3379 2088.

**Saturday** (monthly, generally 2nd Saturday of the month), 8.00 - 11pm. Colonial/bush, Celtic, American Contra and multicultural dancing. Morningside School of Arts, cnr Wynnum & Thynne Rds, Morningside. Supper provided; music by the Champion Moreton Bay Band. Contact Vic or Jan on (07) 3848 7706.

**Sunday** 6.30 – 7.30pm (beginners), 7.30 – 9.00pm, (Social), Hoppa Hey Israeli Dance Group, Margaret St Synagogue Hall, Brisbane. \$10 per evening, (concessions for students and payment in advance). Teacher: Osnat Berstein. Contact Barbara at: [blachish@optushome.com.au](mailto:blachish@optushome.com.au).

### (Cairns)

**Wednesday** 8pm; Italian dancing classes, Tennis Court Hall, Windarra St, Woree. Contact (07) 4054 4259 or (07) 4051 1065.

**Thursday** 7pm, Bavarian, Austrian and Swiss folk dance practice, Germania Club, Winkworth St.

### (Sunshine Coast)

**Monday** 9.30 - 11.30 am, Buffaloes Hall, Price Street, Nambour. \$5. Contact Lorraine 07 5445 1740.

**Thursday** 9.30 – 11.30 am, Buffaloes Hall, Price Street, Nambour, \$5. Contact Lorraine 07 5445 1740.

**Friday** 9.00 – 11.30am, Noosa Bicentennial Hall Annexe, Bicentennial Drive, Noosa, \$6. Contact Danni 07 5471 0409

### (Townsville)

**Tuesday** 6pm - 7.30pm; International Folk Dancing at the AWU Hall, Sturt St, Townsville. Contact Maurice (07) 4772 2757.

## SOUTH AUSTRALIA

**Monday** 7 – 10pm, Adelaide Traditional Dancers, RSL Hall, Woods St, Norwood Oval, Norwood. Teaching for beginners from 7 – 8pm, cost \$3. Contact Rae 08 8356 2172.

**Tuesday** 7.30pm – 9.30pm, (2nd, 4th and 5th Tuesday of the month), Adelaide Traditional and Bush Dance Society (ATBDS), Broadview Baptist Church Hall, Collingrove Ave, Broadview, Adelaide, English, Scottish, Irish dances and some American Contra style dances, followed by supper. Contact [atbds@senet.co.au](mailto:atbds@senet.co.au)

**Wednesday** 1.30pm – 2.45pm, International Dance: Alwyndor Aged Care Centre, Dunrobin Rd, Hove. Contact Ann Tregenza 08 8295 2576.

**Thursday** 10.45am – 12 noon, International Dance: Community Club, Glenelg Community Centre, Colley Terrace, Glenelg. Contact Ann Tregenza 08 8295 2576.

**Thursday** International: 1<sup>st</sup>, 3<sup>rd</sup> (& 5<sup>th</sup>) Thursday of the month, Broadview Baptist Hall, cnr Collingrove & Howard Sts, Broadview. Contact: Kay (08) 8278 8087.

**Saturday** 12 noon – 1.30pm, Cajun dancing (1<sup>st</sup> Saturday of the month), Cajun Club, Governor Hindmarsh Hotel, Port Road, Hindmarsh, Adelaide. Dancing session followed by Cajun music session 2 pm - 5pm approx. led by the Backdoor Cajun band plus Cajun-style meal available for \$5. Contact Martin Colquhoun [cajuns99@hotmail.com](mailto:cajuns99@hotmail.com)

## TASMANIA (Hobart)

**Thursday** 8pm, Hobart Multicultural Dance Group, \$3 + contribution to shared supper, St Peter's Hall, cnr Lord & Grosvenor Sts, Sandy Bay, contact Graeme (03) 6239 1553, Krista & Peter (03) 6227 8471 or email Peter: [PeterSands@netspace.net.au](mailto:PeterSands@netspace.net.au)

## VICTORIA (Melbourne)

**Monday** 1.45pm. International Folk Dancing, University of the Third Age, St Stevens Church, 20 Norman Court, Mount Waverley. Contact Margaret (03) 9807 4755 or Audrey (03) 9898 3567.

**Tuesday** 7.30 - 10pm. Greek traditional, popular, national & folkloric dancing at Margaritas Centre of Greek Dance & Folklore, Richmond Community Primary School, Cnr Davidson & Kent Sts, Richmond. Classes for beg/inter/advan or private lessons. Also available for teaching intellectually, sensory & physically disabled (03) 9583 1173 (all hours) or Mobile 015 821 203.

**Wednesday** 6 - 10pm. Pine St Hall, Pine St. Cheltenham. Contact Margarita (03) 9583 1173.

**Thursday** 10.00am. International Folk Dancing, U3A, Dandenong, Uniting Church Hall, Birch Ave. North Dandenong. Contact Conny (03) 9792 9377.

**Friday** 7.30 - 10.00pm, every 2<sup>nd</sup> Friday of each month. International Dancing, Box Hill Ballet Association hall, Whitehorse Rd, Box Hill. Contact Jan Turner (03) 9434 3368 or email [jant@alphalink.com.au](mailto:jant@alphalink.com.au).

**Saturday** 4th Saturday of each month, 1:30 - 3:30pm, St Kilda International Dancers, Frank Tate Studio, Melbourne University, Swanston St. Contact Marie Feigl 5473 3355 or 0412 447 600.

**Sunday** 2 - 4.30pm. Margaritas Centre of Greek Dance. (See above, Tuesday).

## WESTERN AUSTRALIA (Perth)

**Monday** Perth International Dancers, 7.00pm teaching, 8.30-10.00pm social dancing. St Margaret's Hall, cnr Tyrell and Elizabeth Sts Nedlands, WA. Contact Nina Thompson (08) 9385 3689, or Laurel (08) 6389 0767 or email: [louis@nw.com.au](mailto:louis@nw.com.au).

**Tuesday** 7.45 – 9.45pm. Hora Dance (Israeli), Temple David Social Hall, 34 Clifton Cres, Mount Lawley. Contact (08) 9276 7566 or (08) 9335 2042.

**Wednesday** 7pm to 9pm, regional French dancing classes with Souleiado French Dance Group. RSL Hall, Cape and Main Sts, Osborne Park. Learn traditional and popular dances from various regions of France. Contact Laurel (08) 6389 0767, email [farandole@nw.com.au](mailto:farandole@nw.com.au). Also check website of performance group: [www.arach.net.au/users/bgolddy](http://www.arach.net.au/users/bgolddy)

**Thursday** 10 am – Noon, St Paul's Hall, 162 – 164 Hampton Rd, Fremantle. Contact (08) 9276 7566 or (08) 9335 2042.

**Friday** (during school terms), after school, French traditional Dancing, for students, at St Mary's AGS, Elliot Rd Karrinyup. Contact Laurel (08) 6389 0767, or email [farandole@nw.com.au](mailto:farandole@nw.com.au). Website of performance group, "Souleiado", [www.arach.net.au/users/bgolddy](http://www.arach.net.au/users/bgolddy)

**Saturday** 10.00am – 12 noon, Perth International Dancers, [www.webinthehills.com.au/dance/](http://www.webinthehills.com.au/dance/), John Leckie Pavillion, College Park, Nedlands, WA. Contact Jenny Bardill (08) 9381 5235 or Laurel (08) 9448 8179 or email [louis@nw.com.au](mailto:louis@nw.com.au).

 \*\* PLEASE NOTE: The views expressed in this magazine are those of the authors and do not necessarily reflect the views of FDA. Events publicised in this magazine are not necessarily sponsored by FDA \*\*

## DATES FOR YOUR DIARY

- 5 Apr 2007 5 days, Easter **National Folk Festival**, Exhibition Park, ACT. Contact [info@frolkfestival.asn.au](mailto:info@frolkfestival.asn.au) or check website: [www.folkfestival.asn.au](http://www.folkfestival.asn.au).
- 13 Apr 2007 “**Europe Express**” performance, BEMAC ‘Cultivart Series 2007’, featuring Misha & Amir Duo, Mike Tolstoff, Zhiva Voda, BEMAC Indoor Space, Yungaba 120 Main St, Kangaroo Point (QLD). Contact 07 3391 4433.; website: [www.bemac.org.au](http://www.bemac.org.au)
- 13 Apr 2007 3 days, **Fairbridge Festival**, WA. Check website: [www.fairbridgefestival.com.au](http://www.fairbridgefestival.com.au)
- 20 Apr 2007 3 days, **St Albans Festival**, St Albans (20 kms from Wiseman’s Ferry), NSW. Contact [snalbanstickets@optusnet.com.au](mailto:snalbanstickets@optusnet.com.au) or check website [www.snalbans.iwarp.com](http://www.snalbans.iwarp.com)
- 29 Apr 2007 **International Dance Day**. Theme = “Children of the World”.
- 4 May 2007 3 days, **Kapunda Celtic Festival**, SA. Check website: <http://www.kapundaceltic.org/index.html>
- 4 May 2007 3 days, **Yag’ubi World Music Festival**, Seafront Oval, Hervey Bay, QLD – celebrating music, culture and arts on the Fraser Coast; camping available. Contact [yagubi@bigpond.com](mailto:yagubi@bigpond.com) or check website [www.yagubi.com.au](http://www.yagubi.com.au)
- 7 May 2007 7 days, **Australian Dance Week**. Contact Executive Officer: Julie Dyson, PO Box 45 Braddon, ACT 2612, (02) 6248 8992; [national@ausdance.org.au](mailto:national@ausdance.org.au) or check website: <http://www.ausdance.org.au/>
- 20 May 2007 **FDA Serbian Folk Dance Workshop**, presented by Alex Popovic, Newtown Neighbourhood Centre, King St, Newtown (opp Newtown Station), Sydney. Contact Sandra Bassetti, 02 6552 5142, or Kaye Laurendet, 02 9528 4813, email: [okaye@optusnet.com.au](mailto:okaye@optusnet.com.au). More details later.
- 26 May 2007 2 weeks, **Armenian Dance Tour**, with Tineke van Geel. Visit her website: [www.tinekevangeel.nl](http://www.tinekevangeel.nl).
- 24 Jun 2007 **FDA Greek Folk Dance Workshop**, presented by Vas Aligiannis, Newtown Neighbourhood Centre, King St, Newtown (opp Newtown Station), Sydney. Contact Sandra Bassetti, 02 6552 5142, or Kaye Laurendet, 02 9528 4813, email: [okaye@optusnet.com.au](mailto:okaye@optusnet.com.au).
- 15 Jul 2007 2 weeks, **Balkanfolk Seminar 2007**, Bankya, (17 kms from Sofia), workshop of Bulgarian, Romanian and Serbian folk dances. Visit Balkanfolk website: [www.balkanfolk.com](http://www.balkanfolk.com)
- 27 Jul 2007 Weekend, **Bowral Folk Dance Workshop**, with André van de Plas.
- 10 Aug 2007 5 days, **Dutch Dance Tour**, and 7 days **Armenian Dance Tour**, with Tineke van Geel. Visit her website: [www.tinekevangeel.nl](http://www.tinekevangeel.nl)
- 16 Oct 2007 11 days, **Armenian Dance Tour**, with Tineke van Geel. Visit her website: [www.tinekevangeel.nl](http://www.tinekevangeel.nl)
- 27 Oct 2007 Weekend, **Fitzroy Falls Folk Dance Workshop**. More details later.



### Folk Dance Australia Inc **Application for 2007 Membership**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

Please send Membership/Renewal Form with membership fee of \$25 (or \$20, if Footnotes is to be emailed to you) as a postal note or cheque made out to Folk Dance Australia Inc to:

The Membership Secretary  
Folk Dance Australia  
4 Old Station Rd  
HELENSBURGH 2508

**If you elect to have your Footnotes emailed to you instead of posted, then your Membership Fee is reduced to \$20.**



I would like my Footnotes Newsletter to be emailed to me instead of posted.



**Late Edition Addendum**

## **Recent Workshop Review**

### **BALKAN WORKSHOP with GARY DAWSON 18<sup>th</sup> February, 2007**

On the day of the FDA AGM Gary Dawson took 25 keen dancers on an enjoyable and energetic tour through the Balkans.

In the morning we warmed up in Skopje, Macedonia with the lovely Pembe (Jeni Jol)-the Turkish/ Macedonian Rom dance and Staro oro and then off to Prilep in Macedonia for Dolgoto oro. Then we moved to Serbia for a long cacak and Sestorka and got close to Bulgaria for a Nisava Valley suite from Pirot consisting of some old favourites - Jove Mala Mome, Godecki Cacak, Ripna Maca, Katanaka. What great dances these four are - always such fun to do.

Then - was this afternoon already? - it was back to Skopje in Macedonia for Sitna Lisa and another Rom Macedonian dance called Romski Gaida.

It was definitely in the afternoon that we went east to Turkey for Mami, a dance from Gaziantep, fairly close to the border with Syria, Yavuz from Karadenis and Halay\_ On a hot and sticky Sydney afternoon we learned that to quote Gary, 'the most important thing in these Turkish dances is the exchange of bodily fluids'.

It was a great selection of dances, a nice mixture of the restrained and the energetic, of the easier and the challenging. Gary's knowledge of the dances and of the Balkan region and his pleasure in dancing them make his workshops a delight. FDA is lucky to have such a world class teacher in Sydney.

If you missed out on this workshop, you have another chance to join Gary for a fun few hours of anecdotes, village atmosphere and of course Balkan dances on 19 May in Canberra, where he is presenting a similar workshop for CIFDA (Canberra International Folk Dance Association).

Sue Miller